



ORLANDO SCIENCE SCHOOLS

WEEKLY NEWSLETTER

"The mission of Orlando Science Middle/High Charter School is to provide students with a well-rounded education with special emphasis on Science, Technology, Engineering, Mathematics (STEM) and Reading in the light of research based, proven and innovative instructional methods in a stimulating environment."

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Principal's Corner

Dear Parents and Guardians!

As always I hope we had a wonderful week here at Orlando Science Schools. We have had so much exiting things happen at OSS this week that you will not want to miss out on them.

Fifteen OSS students received a letter from Governor Rick Scott acknowledging their achievement at the Florida Science Olympiad. For more information and a list/photo of these students please turn to page six. On Wednesday May 4th 2016 our very own OSS Math Team won the 2nd Annual OCPS Math Tournament. Please turn to page seven to see more information on why this particular win was so outstanding.

On page five you will find very important end of the year reminders as we begin to close out our 2015-2016 school year. Please read through each one and contact Ms. Smith if you have any questions.

Our word of the month for May is "Dependable"; please turn to page four for more details. The OSS Relay for Life Dress Down week will take place next week, please make sure to follow each day specifically or you will be asked to return to proper uniform attire. For more information please turn to page sixteen.

The OSS 4th Quarter PTC Nights will be held on Tuesday May 10th and Thursday May 12th 2016. For more details and the web address to reserve your time slot please turn to page twenty. Tickets for the 2015-2016 Junior/Senior Prom will take place on May 14th 2016. Information may be found on page nineteen.

I would like to wish all of our mothers at OSS a very Happy Mother's Day on Sunday May 8th 2016. Have a safe and wonderful weekend and we will see you on Monday!

Sincerely,
Abdulaziz Yalcin
Principal
Orlando Science
Middle/High School

OSS Upcoming Events

- **May 7th**: Signups for 4th Quarter Parent Teacher Conferences go live
- **May 9th-13th**: Relay for Life Dress Down Week
- **May 10th and 12th**: Parent Teacher Conference Night
- **May 14th**: Big Help event is held at OSS
- **May 14th**: Energy Whiz Expo
- **May 14th**: Junior/Senior Prom 7-11pm
- **May 27th**: International Night
- **May 30th**: Memorial Day(Schools and District Offices are closed)
- **June 1st**: 12th Grade Graduation at the Orlando Repertory Theatre beginning at 6pm
- **June 7th**: 8th Grade Graduation at the Majestic Event Center beginning at 5pm.
- **June 8th**: Last Day of School for the 2015-2016 School Year/Report Cards Released
- **June 8th**: Last day to turn in business envelop for test scores and final report card. Last day to collect all Medication located at the front office.

2015-2016 Progress Report/Report Card Dates	
1st Quarter Progress Report Card	Wednesday, September 23, 2015
1st Quarter Report Card	Thursday, October 22, 2015
2nd Quarter Progress Report Card	
2nd Quarter Report Card	Friday, November 20, 2015
2nd Quarter Report Card	Thursday, January 14, 2016
3rd Quarter Progress Report Card	
3rd Quarter Report Card	Wednesday, February 17, 2016
3rd Quarter Report Card	Thursday, March 17, 2016
4th Quarter Progress Report Card	
4th Quarter Report Card	Wednesday, May 4, 2016
4th Quarter Report Card	Wednesday, June 8, 2016

2015-2016 Parent Teacher Conference (PTC) Days		
1st Quarter	Wednesday, October 7 th , 2015	4:00PM - 6:00PM
	Thursday, October 8 th , 2015	4:30PM - 6:30PM
2nd Quarter	Tuesday, December 15th, 2015	4:30PM - 6:30PM
	Thursday, December 17th, 2015	4:30PM - 6:30PM
3rd Quarter	Wednesday, March 2 nd , 2016	4:00PM - 6:00PM
	Thursday, March 3 rd , 2016	4:30PM - 6:30PM
4th Quarter	Tuesday, May 10 th , 2016	4:30PM - 6:30PM
	Thursday, May 12 th , 2016	4:30PM - 6:30PM

I will send out an email prior to each of these dates to book appointments

This Week In History...



DATE	EVENT(S)
May 2 nd 1890	The territory of Oklahoma is created.
May 3 rd 1952	The first airplane lands at the geographic North Pole.
May 4 th 1715	A French manufacturer debuts the first folding umbrella.
May 5 th 1935	American Jesse Owens sets the long jump record.
May 6 th 1960	President Dwight D. Eisenhower signs the Civil Rights Act of 1960.

If you would like to know more information regarding each of these events, please visit:

<http://www.historynet.com/>

May

Character Word of the Month

Dependable



Definition

ADJ: Trustworthy and Reliable

“Being dependable means that we do what we have said we would do, when we said we would do it, and in the best way we can.”

-Anonymous

“ I never could have done what I have done without the habits of punctuality, order and diligence, without the determination to concentrate myself on one subject at a time...”

-Charles Dickens

End of the Year Reminders

Dear Parents and Guardians,

As the end of the 2015-2016 School Year Approaches, OSS has a few important reminders that need to be addressed:

1. **Upcoming 7th Graders:** You must get your 7th grade immunizations before next school year. An original copy of the immunization document must be brought to the school registrar before school starts. If you do not supply OSS with this document you will not be given a class schedule for the 2016-2017 School Year.
2. **All Students:** Must get a physical before the 2016-2017 school year. An original copy of the physical must be brought to the school registrar before school starts. You will also need correct proof of Orange County Domicile. If you do not supply OSS with these documents you will not be given a class schedule for the 2016-2017 School Year.
3. **New Address:** If you moved or changed your address. You must fill out the first two pages of the enrollment forms. If you need these forms please contact Ms. Smith and she will provide them to you. They are also located on our school website, under the TAB "Enrollment Forms" on the left hand side. An original copy of your lease must be brought to the school registrar before school starts. If you do not supply OSS with this document you will not be given a class schedule for the 2016-2017 School Year.
4. **Medication Pick UP:** Medication/inhalers, etc. that are located at the front office must be picked up by June 8th 2016. Any medications not picked up by this date will be properly disposed of.
5. **2016-2017 Emergency Contact Forms:** Please be advised that **ALL STUDENTS** will be required to turn in a completed "**2016-2017 Emergency Contact form**". These forms are not optional; if the form is not supplied to OSS by open house you will not be given a class schedule for the 2016-2017 School Year. You may find this form on our website under the "Enrollment Form" tab on the left hand side; it is located on page five and six. You will need to fill out both pages. Forms may be given to Ms. Smith once they are complete.
6. **Business Envelope and Stamp Required:** We will be mailing your student's state test scores and final report cards once they arrive to you over the summer. It is required that **every** student bring in a business envelope, stamp and the below form before June 8th 2016. Please do not self-address the envelope. Ms. Smith will take care of that for you. Please make sure all items on the below form are filled out correctly. Ms. Smith will also send home a blank "2016-2017 Emergency Contact Form" in your envelope as well.

OSS Envelope Information Form

Student Name (Please Print): _____

Current Grade Level: _____th

Current Mailing Address (Please Print):

This form along with a blank (non-self-addressed) envelope and stamp are due no later than June 8th 2016.

OSS Students receive “Recognition Letters” from Governor Rick Scott

15 OSS students pictured below received their own personal “Recognition Letter” from Governor Rick Scott for their achievements in the Florida Science Olympiad. We are so very proud of each of you and we would like to congratulate you once more on this outstanding achievement!



Top Row (Left-Right): Mr.Yalcin, Tony H., Alvin., Vishnugopalan C. ,Keshan P., Mehmet A., Jordan H. Gwendolyn H., Miscia F.

Bottom Row (Left-Right): Jiwon S., Leo M., Amitha K., Nehal D., Meghana T., Tanvi R.

Not Pictured: Harshitha U.

2nd Annual OCPS Math Tournament

OSS is pleased to announce that our very own OSS Math Team brought home the OCPS Math Tournament trophy for the second year in a row. Currently we are undefeated and we could not be more proud of our amazing students who participated and the teachers that coached them!

Congratulations on a job well done!



*Mr. Akyalcin, Harshitha U. Esha R., Siyona M, Sanjana K.,
& Minh Le*

2015-16 Orlando Science Schools Assessment Calendar

Administration Dates	State Assessments	Grade Level(s)	Notes
4/11/2016 and 4/12/2016	FSA English Language Arts (ELA) Reading	7th	All FSA ELA Reading assessments are administered in two sessions over two days.
4/13/2016 and 4/14/2016	FSA English Language Arts (ELA) Reading	7th, 8th and 10th	
4/15/2016 and 4/18/2016	FSA English Language Arts (ELA) Reading	8th	
4/19/2016 and 4/20/2016	FSA English Language Arts (ELA) Reading	6th	
4/21/2016 and 4/22/2016	FSA English Language Arts (ELA) Reading	9th and Accommodations	
4/25/2016 and 4/26/2016	FSA Mathematics	6th	All FSA Mathematics assessments are administered in three sessions over two days.
4/27/2016 and 4/28/2016	FSA Mathematics	7th, and 8th	
4/29/2016 and 5/2/2016	FSA Mathematics	Accommodations	
5/4/2016 and 5/5/2016	Algebra I	6th, 7th, 8th, and 9th	All FSA EOC assessments are administered in two sessions over two days.
5/6/2016 and 5/9/2016	Geometry	7th, 8th, 9th, 10th, and 11th	
5/10/2016 and 5/11/2016	Algebra II	8th, 9th, 10th and 11th	
Tuesday, May 3, 2016	FCAT 2.0 Science NGSSS	8 th	All EOC NGSSS are administered in one day.
Monday, May 16, 2016	US History EOC NGSSS	10 th and 11th	
Tuesday, May 17, 2016	Civics EOC NGSSS	7th	
Wednesday, May 18, 2016	Biology EOC NGSSS	8th, 9th, and 10th	

AP College Board Exam Dates

Dates	Course
May 2, 2016 - Morning/Afternoon	Chemistry (Morning); Psychology (Afternoon)
May 3, 2016 – Morning/Afternoon	Computer Science A (Morning); and Physics 1: Algebra – Based (Afternoon)
May 4, 2016 - Morning	English Literature and Composition
May 5, 2016 - Morning	Calculus AB (Morning); and Calculus BC (Morning)
May 6, 2016 - Morning/Afternoon	United States History (Morning); European History (Afternoon)
May 9, 2016 - Morning	Biology
May 10, 2016 - Morning	United States Government and Politics
May 11, 2016 – Morning/Afternoon	English Language and Composition (Morning); Macroeconomics (Afternoon)
May 12, 2016 - Morning/Afternoon	World History (Morning); Statistics (Afternoon)

Common Final Exams – Required by Orange County Public Schools

Common Final Exams will be given in courses that do not have a state or other designated end-of-course exam.

Dates	Course
May 31 – June 6, 2016	Secondary End of Year Exams

Updated March 11, 2016

Need Service Hours?

Are you a high school student and you are need of service hours?

Or maybe you just want extra hours to add to your list?

We'll look no further! Join us on Saturday May 14th 2016 and volunteer at the "Big Help Event" taking place at our school. If this sounds like something that you would be interested in, please contact Mr. I at HIsikli@orlandoscience.org or stop by and see him at any time. For more information regarding the event please see page eight below. See you there!





BIGHHELP
for education



A Catalyst For Better Education in India
www.bighelp.org



Grades	Contest
Grades 1 to 6	<i>Spelling Bee</i>
Grades 1 to 6	<i>Math Bee</i>
Grades 7 & 8	<i>Science Bee</i>
Below Grade 1	<i>Coloring</i>

** Complimentary Lunch Provided **
Prizes at each grade level

When: Sat. May 14th 2016

Time : 9:30 AM - 4 PM

**Venue : Orlando Science School (Middle school)
2427 Lynx Ln, Orlando, FL 32804**

FREE

Limited Seats



ORLANDO SCIENCE SCHOOLS

MIDDLE

Tuition Free Public Charter School

Registration required. RSVP@
www.bighelp.org



Contact: Ravi Nagarur 248-982-7638
Julie Rao 407-427-4571
AnuRadha Bilakanti 407-456-3703

email: orlando@bighelp.org

EXTRA, EXTRA

Orlando Science School System Accreditation

Orlando Science School's plan to obtain accreditation for a school system is moving forward. A Readiness Visit was conducted by AdvancED to prepare the school's accreditation team for what is to come over the next several months.

Please view the link below for updates, links, and further information about Policies and Procedures of AdvancED.

<http://www.orlandoscience.org/advanced-accreditation/front-page/advanced-accreditation>



Lost and Found Clean Out

On April 22nd 2016,
Lost and Found was emptied. Every Friday from now until the remainder of the school year Lost and Found will be emptied.



Please retrieve your lost items in a timely manner.



Saturday Leadership Academy

We will only have two Saturday Leadership Academy sessions for May 7th 2016.

Saturday, May 07, 2016	Saturday, May 07, 2016
9:00AM-10:30AM	10:40AM-1:40AM
AP Bio	AP World
Room 121	Room 129
Mr. Stampas	Mr. Novak

AP[®] Get Your AP[®] Scores Online in July

1. Exam Time



FILL IN

your AP[®] answer sheets carefully and consistently to prevent delays in score access.

- Especially your name, date of birth, sex, mailing address, and email address

2. Before July



SIGN UP

for a College Board account at apcentral.collegeboard.org.

- It's best to provide the same information on your College Board account and your AP answer sheet.
- You may already have an account — try signing in to confirm.

3. In July



REMEMBER

the following information to access your scores:

- Your College Board account username and password
- Your AP number (or student ID number if you provide it on your AP answer sheet)

4.

LOG ON to apcentral.collegeboard.org to get your scores

- Check apcentral.collegeboard.org to find the exact date when you'll be able to access your scores.
- Look for a reminder in July at the email address you put on your AP answer sheet.

Visit apcentral.collegeboard.org for more info.

Follow us on Twitter: [@APforStudents](https://twitter.com/APforStudents)





Orlando Science Year-round SAT Competition

OSS Students!

Focus on your future!

**Get ready for the college of your
dreams, take the SAT!**

Get recognized!

Register Today! www.sat.org

achieve
more®

SAT®

UPCOMING	Normal	Late	Online
SAT Test Date	Deadline	Registration	Score Release
June 4, 2016 *	May 11, 2016	May 25, 2016	June 23, 2016



Register Now **CLICK HERE !!!**

Show colleges you've got what it takes — sign up for the test that measures the skills you've been learning in class.



Order Form

SCHOOL SUPPLY PACKS

- Save Time & Money with Quality Products.
- Teacher Approved and Custom Packed for Each Student.
- Avoid Shopping Hassles. No Crowds. No Traffic. No Guesswork.

ORLANDO SCIENCE MIDDLE SCHOOL 2016-2017 SCHOOL SUPPLY ONLINE ORDERING

ONLINE ORDERING ONLY!

Grade level 2016-2017	Cost Each
MIDDLE SCHOOL	\$75.00

Order Securely Online

Starting April 1st thru June 20th!

1. Go to www.educationalproducts.com/shoppacks
2. Enter the school ID, ORL014
3. Follow the directions to complete your order.
4. Keep your online confirmation as your receipt.

Tax will be applied at checkout.

For questions, please contact
Melissa Palmer at
palmer@orlandoscience.org

Supply packs will be delivered to each student's
homeroom for the first day of school.

BROUGHT TO YOU BY



Newsletter Trivia

Welcome to our newest addition to our weekly newsletter! Below are ten questions that you will be able to find the answers to in this week's newsletter. Once they are complete please turn in this sheet to Ms. Smith at the front desk! Students who get all ten questions correct by 5pm Tuesday will be entered to win a free dress down day! Good luck and thank you for participating!

1. When are the business envelopes due back to Ms. Smith?

2. When are 7th Grade Immunization Forms, Student Physicals and 2016-2017 Emergency Forms due?

3. If I wanted to dress like a mad scientist, which day would I choose for Relay for Life's Dress Down Week?

4. Which American set the Long Jump record?

5. When will second year of end exams be given?

6. When are you able to sign up for 4th Quarter Parent Teacher Conference Nights?

7. When are 4th Quarter Report Cards going home?

8. What two days are the 4th Quarter Parent Teacher Conference Nights being held on?

9. True or False there is no school for students on June 9th and 10h 2016?

10. What page is Waldo on?

11. When is the first day of school for the 2016-2017 School year?

Name: _____

OSS Graduation

8th Grade Graduation

Tuesday June 7th 2016
5:00 PM
Majestic Event Center
801 North John Young Parkway
Orlando, FL 32804

12th Grade Graduation

Wednesday June 1st 2016
6:00PM
Orlando Repertory Theatre
1001 E Princeton ST.
Orlando, FL 32803



Relay for Life

Presents

DRESS DOWN WEEK

Help support our OSS Relay for Life by participating in the 2015-2016 "Back to the Future Dress Down Week"! For only \$10 you will be able to dress down for all 5 theme days for the week of May 9th-13th or you may purchase a single day pass for \$3. Please note students still must follow the dress down code policy.

Below you will find the list of the daily themes:

Monday:

Color Wars

- **6th Grade: Pink**
- **7th Grade: Grey**
- **8th Grade: Yellow**
- **9th Grade: Orange**
- **10th Grade: Red**
- **11th Grade: Black**
- **12th Grade: Purple**
- **OSS Staff: Blue**

Tuesday

1980's

- Dress in your best 80s attire. Please note students must follow all dress down day policies.

Wednesday

Mad Scientist Day

- Come dressed as a Mad Scientist. Please note students must follow all dress down day policies.

Thursday

Twin Day

- Match your best friend and participate in Twin Day! Please note students must follow all dress down day policies

Friday

Dress Down Day

- Participate in a standard dress down day. Please note students must follow all dress down day policies

Orange County Public Schools 2016 - 2017 Calendar

Monday-Friday	August 8-12, 2016	Pre-planning for teachers (Aug. 10 is a staff development day.)
Monday	August 15, 2016	First day of school for students
Monday	September 5, 2016	Labor Day Holiday (Schools and district offices are closed.)
Thursday	October 13, 2016	End of 1 st marking period (43 days)
Friday	October 14, 2016	Student holiday/teacher workday
Monday	October 17, 2016	Begin 2 nd marking period
Friday	October 28, 2016	Student holiday/teacher professional day/ teacher non-workday
Wednesday-Friday	November 23-25, 2016	Thanksgiving Break
Friday	December 16, 2016	End of 2 nd marking period (41 days)
Two Weeks	December 19, 2016 – January 2, 2017	Winter Break
Tuesday	January 3, 2017	Student holiday/teacher workday
Wednesday	January 4, 2017	Students return to school/begin 2 nd semester/begin 3 rd marking period
Monday	January 16, 2017	Martin Luther King, Jr. Holiday (Schools and district offices are closed.)
Monday	February 20, 2017	Presidents' Day holiday (Schools are closed. District offices are open.)
Thursday	March 16, 2017	End of 3 rd marking period (50 days)
Friday	March 17, 2017	Student holiday/teacher workday
Monday-Friday	March 20-24, 2017	Spring Break (Schools are closed. District offices are open.)
Monday	March 27, 2017	Begin 4 th marking period
Friday	April 28, 2017	Student holiday/teacher non-workday
Monday	May 29, 2017	Memorial Day Holiday (Schools and district offices are closed.)
Wednesday	May 31, 2017	End of 4 th marking period/last day of school for students (46 days)
Thursday-Friday	June 1-2, 2017	Post-planning for teachers

**Prioritized
Bad
Weather
Days**

PRIORITY	DATE	CURRENT USE
1	October 28	Professional Day/Student Holiday
2	April 28	Teacher Non-Workday/Student Holiday
3	February 20	Student/Teacher Holiday (Presidents' Day)
4	November 23	Thanksgiving Break – Day 1
5	March 24	Spring Break – Day 5
6	March 23	Spring Break – Day 4
7	March 22	Spring Break – Day 3
8	March 21	Spring Break – Day 2
9	March 20	Spring Break – Day 1
10	June 1	Post-planning (Post-planning would change to June 2 & 5)

Uniform Sale

We are pleased to announce that the Uniform Company will be bringing OSES and OSS uniforms to both locations during the following dates and times:

OSS:

Tuesday June 14th 12-8pm

Tuesday July 12th 12-8pm

OSES:

Tuesday June 21st 12-8pm

Tuesday July 19th 12-8pm

**Please be advised that both locations will carry both OSES and OSS uniforms.*



Junior / Senior Prom

Attention juniors and seniors: the tickets for this year's prom are now on sale.

The OSS 2016 Prom theme is "A Night in Vegas" and will be held on Saturday May 14th, 2016 from 7-11pm at the Majestic of Orlando.

Tickets are \$70.

To purchase tickets and for information, please contact Mr. Jenkins at

Andrew.Jenkins@orlandoscience.org



4th Quarter PTC Nights

Tuesday May 10th 2016

4:30-6:30PM

Thursday May 12th 2016

4:30-6:30PM

4th Quarter PTC Conference Nights will take place on the above dates and times. Appointments are 15minutes in length and time slots may be made utilizing the below link. Signups will not go live until Saturday May 7th 2016 at 10am. Until then you will be able to see what is available. Please be sure you are signing up for the correct grade level. Any incorrect signups or duplicates signups will be removed. Due to the high volume of students, staff and teachers are not permitted to sign up for appointments for you, so please make arrangements prior to May 7th 2016. Progress reports will be released on May 4th 2016 and report cards will go home on the last day of school. A reminder packet will be sent home with your students next week with the below link and instructions on how to sign up for a time slot. If you are not able to get a time slot or the dates/times above does not work for your schedule please contact your students' teachers to arrangements for another date and time.

<http://www.signupgenius.com/go/30e0949a9aa23a6f94-4thquarter>



Lunch Menu

MAY/JUNE MENU Lunch Fresh Fruit, Red/Orange Vegetable, Dark Green Vegetable, Legume

Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereal Cups, bars, and Bowls offer with toast (2 Grain) Applesauce cups (1/2 Fruit) <u>Choice of Milk</u>	Strawberry and Cream Parfait with Cinnamon Granola Pack (2 grain, 1/2 c fruit) (complete meal) <u>Choice of Milk</u>	Bagel with Cream Cheese (2 Grain) Mixed Fruit (1/2 Fruit) <u>Choice of Milk</u>	Assorted Cereal Cups, bars, and Bowls offer with toast (2 Grain) Apple Juice (1/2 Fruit) <u>Choice of Milk</u>	Assorted Pop-tarts (2 pack) (2 Grain) Diced Pears (1/2 Fruit) <u>Choice of Milk</u>
2	3	4	5	6
Breaded Chicken with Dinner Roll A 301426R Shoe String Fries (1/2 c starch) Cole Slaw (1/2c other) Whole Assorted Apples (1/2c Fruit) <u>Choice of Milk</u>	Soft Tacos offered with 1/2 cup Mexican Rice A 352417R Cuban Black Beans (1/2 c legumes) Steamed Carrots (1/2 red/Orange) Mixed Fruit (C) (1/2 fruit) <u>Choice of Milk</u>	Homemade Cheese Pizza A 302610R Homemade Pepperoni Pizza A 302611R Broccoli dippers (1/2 green) Cauliflower (1/2 c other) Orange Wedges (1/2 C Fruit) <u>Choice of Milk</u>	Popcorn Chicken Bowl Offer with 1 dinner roll A 302463RV1 (HS) A 3024631R (EL) Vegetables are offered in the entrée. Sliced Apples (1/2 fruit) <u>Choice of Milk</u>	Garlic French Bread Pizza A 302600R Marinara Sauce (For French Bread)* (1/2 red) Stir Fry Blend Vegetables (1/2c other) Apple Juice (3/4 c fruit) <u>Choice of Milk</u>
9	10	11	12	13
Breaded Chicken with Dinner Roll A 301426R Shoe String Fries (1/2 c starch) Cole Slaw (1/2c other) Whole Assorted Apples (1/2c Fruit) <u>Choice of Milk</u>	Chicken and Cheese Quesadilla(1EL&MS, 2 HS) A 35003R (all) offer 1/4c Cilantro Lime Rice (.5g) Steamed Carrots (1/2 c red) Cuban Black Bean 1/2 legumes Mixed Fruit (C) (1/2 fruit) <u>Choice of Milk</u>	Cheeseburger/Hamburger A 302200R (Cheese) A 302421R (Plain) Stir Fry Broccoli (1/2cGreen) Fresh Corn on the Cob, 1/2 c starch Orange Wedges (1/2 C Fruit) <u>Choice of Milk</u>	Chicken Alfredo with Garlic Bread A 302481R HS (HS) A 302481R (EL) Fresh Green Beans (3/4 C Other) Apple Juice (3/4 cup Juice) <u>Choice of Milk</u>	French Bread Pizza A 302600R Peas and Carrots (3/4c other) Assorted Whole Apples (1/2 c Fruit) <u>Choice of Milk</u>
16	17	18	19	20
Breaded Chicken with Dinner Roll A 301426R Shoe String Fries (1/2 c starch) Glazed Carrots (1/2 red) Whole Assorted Apples (1/2c Fruit) <u>Choice of Milk</u>	Chicken Taco with Salsa Verde (Green Sauce) A 35002R Charro Pinto Beans (1/2 legumes) Corn (1/2 starchy) Mixed Fruit (C) (1/2 fruit) <u>Choice of Milk</u>	Sweet Thai Chili Chicken with Lo Mein A 35009R Stir Fry Broccoli (1/2 green) stir fry vegetables (1/2c other) Grapes (1/2c) <u>Choice of Milk</u>	Homemade Cheese Pizza A 302610R Homemade Pepperoni Pizza A 302611R Cole Slaw (1/2c other) Sweet Potato Crinkles (1/2 red) Orange Wedges (1/2 c fruit) <u>Choice of Milk</u>	Chicken Sliders A 300551R Italian Blend Vegetables (3/4 Other) Apple Juice (3/4 cup Juice) <u>Choice of Milk</u>

HS MUST OFFER A TOTAL OF 1 FULL CUP OF VEGETABLES AND FRUIT