



ORLANDO SCIENCE SCHOOLS

WEEKLY NEWSLETTER

"The mission of Orlando Science Middle/High Charter School is to provide students with a well-rounded education with special emphasis on Science, Technology, Engineering, Mathematics (STEM) and Reading in the light of research based, proven and innovative instructional methods in a stimulating environment."

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Principal's Corner

Dear Parents and Guardians!

Congratulations on finishing the month of April. FSA and EOC testing is still taking place and AP Exams will be starting next week. Please read through this newsletter together as a family and catch up on all the exciting events taking place here at OSS.

I would like to congratulate Mr. Thomas' National Math Club on achieving gold level status. This is an outstanding accomplishment and we are so proud of all of your hard work. Please turn to pages four and give for more details. On page nine you will find details regarding information regarding the 2nd Annual OCPS Math Tournament.

The Big Help for Education event will take place on Saturday May 14th 2016. For more information please see page eight. Next week is Teacher Appreciation Week. We are very excited to recognize our teachers and everything they do. For more information and ways you can help please see page seven.

During the week of May 9th-13th Relay for Life will be sponsoring a dress down week. Please see page fourteen for details. Due to popular demand Soda Grams will continue until May 13th 2016. The last day to order EPI School Supplies is June 20th 2016; please turn to page eleven for more details.

The Junior/Senior Prom will take place on May 14th 2016 at the Majestic from 7-11pm. For more information please see page eighteen. The Middle School Dance will take place tonight from 5-7pm in the cafeteria.

Congratulations to the winners of the STEM Art Contest. For a full list of the winners and details please see page twenty one. To find our recap on being ranked on the "Washington's Post Top 100 Challenging High Schools" please see page nineteen.

Just a reminder that every Friday from today until the end of the year the lost and found will be emptied, please be sure to check for any missing items. Fourth Quarter Parent Teacher Conference Nights will be held on May 10th and 12th. Please see page twenty for more details. Have a wonderful weekend!

Sincerely,
Abdulaziz Yalcin
Principal
Orlando Science
Middle/High School

OSS Upcoming Events

- **April 22nd-May 13th**: Soda Grams
- **April 29th-May 1st**: Ying Competition
- **May 1st-May 3rd**: History Fair State Contest
- **May 2nd-6th** : Teacher Appreciation Week
- **May 3rd**: Teacher Appreciation Day
- **May 4th** Progress Reports Released
- **May 4th**: OCPS Math Tournament
- **May 6th** : Grad Venture
- **May 7th**: Signups for 4th Quarter Parent Teacher Conferences go live
- **May 9th-13th**: Relay for Life Dress Down Week
- **May 10th and 12th**: Parent Teacher Conference Night
- **May 14th**: Big Help event is held at OSS
- **May 14th**: Energy Whiz Expo
- **June 1st**: 12th Grade Graduation at the Orlando Repertory Theatre beginning at 6pm
- **June 7th**: 8th Grade Graduation at the Majestic Event Center beginning at 5pm.
- **June 8th** :Last Day of School for the 2015-2016 School Year

2015-2016 Progress Report/Report Card Dates

1st Quarter Progress Report Card	Wednesday, September 23, 2015
1st Quarter Report Card	Thursday, October 22, 2015
2nd Quarter Progress Report Card	Friday, November 20, 2015
2nd Quarter Report Card	Thursday, January 14, 2016
3rd Quarter Progress Report Card	Wednesday, February 17, 2016
3rd Quarter Report Card	Thursday, March 17, 2016
4th Quarter Progress Report Card	Wednesday, May 4, 2016
4th Quarter Report Card	Wednesday, June 8, 2016

2015-2016 Parent Teacher Conference (PTC) Days

1st Quarter	Wednesday, October 7 th , 2015	4:00PM - 6:00PM
	Thursday, October 8 th , 2015	4:30PM - 6:30PM
2nd Quarter	Tuesday, December 15th, 2015	4:30PM - 6:30PM
	Thursday, December 17th, 2015	4:30PM - 6:30PM
3rd Quarter	Wednesday, March 2 nd , 2016	4:00PM - 6:00PM
	Thursday, March 3 rd , 2016	4:30PM - 6:30PM
4th Quarter	Wednesday, May 10 th , 2016	4:30PM - 6:30PM
	Thursday, May 12 th , 2016	4:30PM - 6:30PM

I will send out an email prior to each of these dates to book appointments

This Week In History...



DATE	EVENT(S)
April 25 th 1938	The seeing eye dog is used for the first time.
April 26 th 1929	The first non-stop flight from England to India is completed.
April 27 th 1989	Protesting students take over Tiananmen Square in Beijing, China.
April 28 th 1932	A yellow fever vaccine for humans is announced.
April 29 th 1913	Gideon Sunback of Hoboken patents all-purpose zipper.

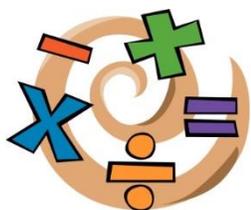
If you would like to know more information regarding each of these events, please visit:

<http://www.historynet.com/>

OSS National Math Club Receives Gold!

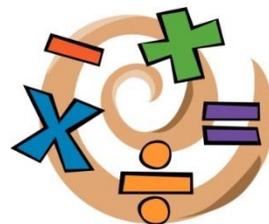


Each year, the National Math Club (for middle school students, hosted by MathCounts) freely offers not only a curriculum of fun activities and games with supplies included, but this organization also has a project for math clubs to work on throughout the year. This year, the project included a qualitative investigation, a quantitative investigation, and a comparative investigation. Each investigation involved first creating a question (whose answer would interest our club members!), and then creating a hypothesis about the responses, surveying a sample of the population in a nonbiased manner, tallying the responses, analyzing the responses after making a suitable graph, and then evaluating our hypothesis to judge its soundness and make concluding remarks. Working together, our club members were able to do all of the above. Upon completing this, our club/school received the Gold Level Status, which comes with national recognition on the MathCounts website and certificates and a trophy prize as well. Congratulations go to the following club members for their dedication to seeing the project through and coming to club regularly to do so:

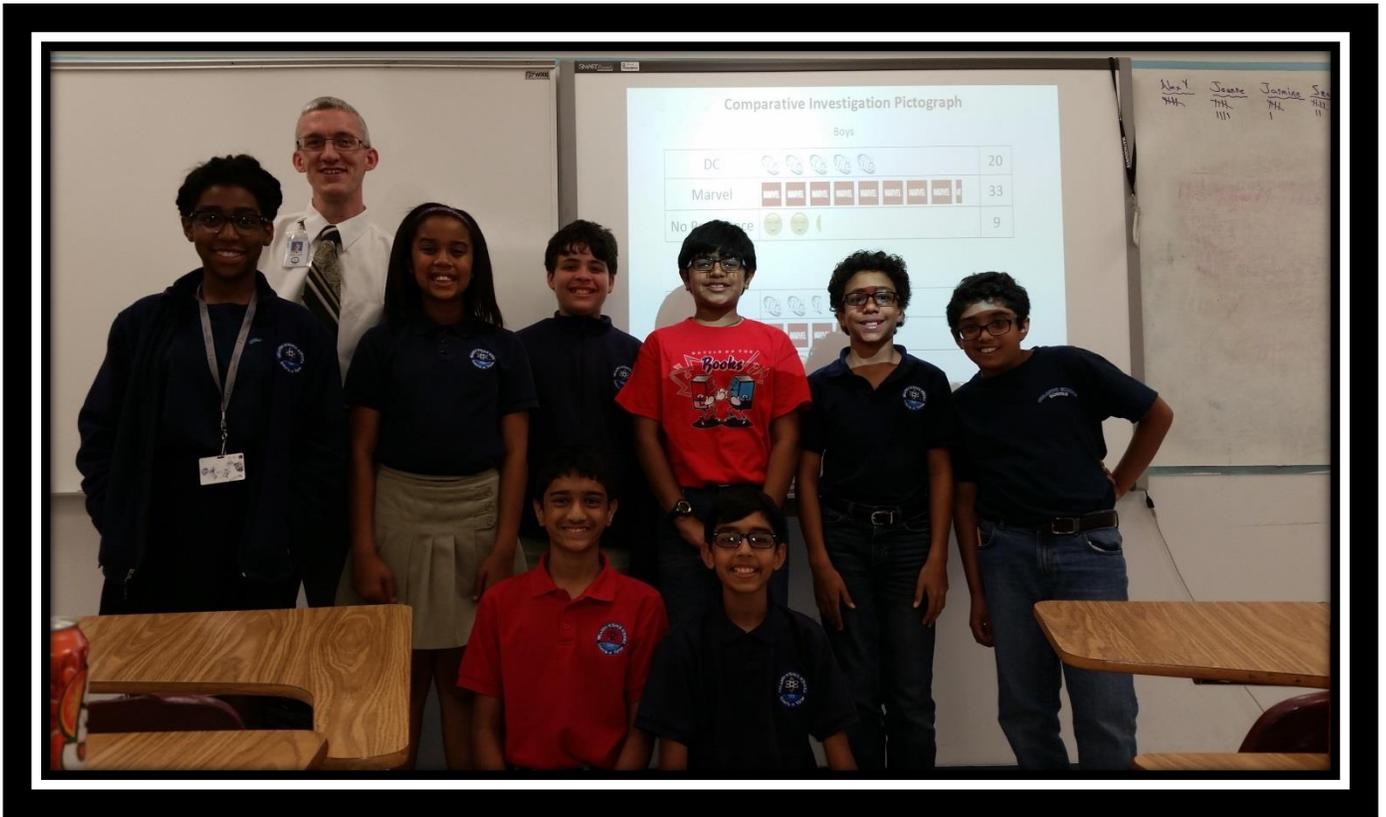


- Abhiram A.
- Jania J.
- Samir S.
- Saad A.
- Shafa K.
- Navneet K.

- Sean W.
- Adam A.
- Andres R.
- Ashanti (Faith) M.
- Gabrielle B.
- Alex P.
- Rayan N.



Please turn to page 5 for group photo



2015-16 Orlando Science Schools Assessment Calendar

Administration Dates	State Assessments	Grade Level(s)	Notes
4/11/2016 and 4/12/2016	FSA English Language Arts (ELA) Reading	7th	All FSA ELA Reading assessments are administered in two sessions over two days.
4/13/2016 and 4/14/2016	FSA English Language Arts (ELA) Reading	7th, 8th and 10th	
4/15/2016 and 4/18/2016	FSA English Language Arts (ELA) Reading	8th	
4/19/2016 and 4/20/2016	FSA English Language Arts (ELA) Reading	6th	
4/21/2016 and 4/22/2016	FSA English Language Arts (ELA) Reading	9th and Accommodations	
4/25/2016 and 4/26/2016	FSA Mathematics	6th	All FSA Mathematics assessments are administered in three sessions over two days.
4/27/2016 and 4/28/2016	FSA Mathematics	7th, and 8th	
4/29/2016 and 5/2/2016	FSA Mathematics	Accommodations	
5/4/2016 and 5/5/2016	Algebra I	6th, 7th, 8th, and 9th	All FSA EOC assessments are administered in two sessions over two days.
5/6/2016 and 5/9/2016	Geometry	7th, 8th, 9th, 10th, and 11th	
5/10/2016 and 5/11/2016	Algebra II	8th, 9th, 10th and 11th	
Tuesday, May 3, 2016	FCAT 2.0 Science NGSSS	8 th	All EOC NGSSS are administered in one day.
Monday, May 16, 2016	US History EOC NGSSS	10 th and 11th	
Tuesday, May 17, 2016	Civics EOC NGSSS	7th	
Wednesday, May 18, 2016	Biology EOC NGSSS	8th, 9th, and 10th	

AP College Board Exam Dates

Dates	Course
May 2, 2016 - Morning/Afternoon	Chemistry (Morning); Psychology (Afternoon)
May 3, 2016 – Morning/Afternoon	Computer Science A (Morning); and Physics 1: Algebra – Based (Afternoon)
May 4, 2016 - Morning	English Literature and Composition
May 5, 2016 - Morning	Calculus AB (Morning); and Calculus BC (Morning)
May 6, 2016 - Morning/Afternoon	United States History (Morning); European History (Afternoon)
May 9, 2016 - Morning	Biology
May 10, 2016 - Morning	United States Government and Politics
May 11, 2016 – Morning/Afternoon	English Language and Composition (Morning); Macroeconomics (Afternoon)
May 12, 2016 - Morning/Afternoon	World History (Morning); Statistics (Afternoon)

Common Final Exams – Required by Orange County Public Schools

Common Final Exams will be given in courses that do not have a state or other designated end-of-course exam.

Dates	Course
May 31 – June 6, 2016	Secondary End of Year Exams

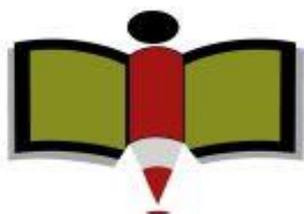
Updated March 11, 2016

Teacher Appreciation Week

OSS is proud to present Teacher Appreciation Week. During the week of May 2nd-6th 2016 help celebrate your teachers and everything they do! May 3rd is Teacher Appreciation Day but we like to recognize our teachers all week long!

If you would like to contribute anything please contact Mrs. Martin at Katherine.Martin@orlandoscience.org or drop off any donations to the front desk.

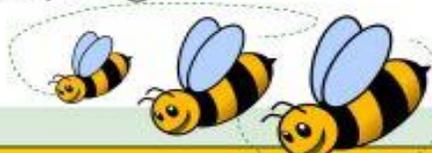




BIGHELP
for education



A Catalyst For Better Education in India
www.bighelp.org



Grades	Contest
Grades 1 to 6	<i>Spelling Bee</i>
Grades 1 to 6	<i>Math Bee</i>
Grades 7 & 8	<i>Science Bee</i>
Below Grade 1	<i>Coloring</i>

** Complimentary Lunch Provided **
Prizes at each grade level

When: Sat. May 14th 2016

Time : 9:30 AM - 4 PM

**Venue : Orlando Science School (Middle school)
2427 Lynx Ln, Orlando, FL 32804**

FREE

Limited Seats



ORLANDO SCIENCE SCHOOLS

MIDDLE

Tuition Free Public Charter School



**Registration required. RSVP@
www.bighelp.org**

Contact: Ravi Nagarur 248-982-7638
Julie Rao 407-427-4571
AnuRadha Bilakanti 407-456-3703 email: orlando@bighelp.org

EXTRA, EXTRA

Orlando Science School System Accreditation

Orlando Science School's plan to obtain accreditation for a school system is moving forward. A Readiness Visit was conducted by AdvancED to prepare the school's accreditation team for what is to come over the next several months.

Please view the link below for updates, links, and further information about Policies and Procedures of AdvancED.

<http://www.orlandoscience.org/advanced-accreditation/front-page/advanced-accreditation>



OCPS 2nd Annual Math Tournament

OSS is proud to be participating in the 2nd Annual OCPS Math Tournament for the second year in a row. Last year OSS took first place and we are determined to bring the trophy back home with us on May 4th 2016. Good luck to following students and their teachers, you will do an amazing job!

*Esha R., Sanjana K., Harshitha U. and Siyona M.
Mr. Akyalcin and Mrs. Akyalcin*

Saturday Leadership Academy

There will be no Saturday Leadership Academy for 6th or 7th Graders, please see the times below for this week's Saturday Leadership Academy.

9-10:30AM: NGSSS Science-8(Abakay RM151), SAT Math (Suzio RM 131), AP Language (Stevens RM128), AP History/AP Euro (Gourdie RM129)

10:40AM -12:10PM: EOC Algebra 1(Suzio RM 131), EOC Biology (B.Jenkins RM 139), AP Lit (Stevens RM 128), AP World (Novak RM 147), AP US History/AP Euro (Gourdie RM 129)

12:30-2:00PM: AP Chemistry (Bolat Rm 123)

AP[®] Get Your AP[®] Scores Online in July

1. Exam Time



FILL IN

your AP[®] answer sheets carefully and consistently to prevent delays in score access.

- Especially your name, date of birth, sex, mailing address, and email address

2. Before July



SIGN UP

for a College Board account at apcentral.collegeboard.org.

- It's best to provide the same information on your College Board account and your AP answer sheet.
- You may already have an account — try signing in to confirm.

3. In July



REMEMBER

the following information to access your scores:

- Your College Board account username and password
- Your AP number (or student ID number if you provide it on your AP answer sheet)

4.

LOG ON to apcentral.collegeboard.org to get your scores

- Check apcentral.collegeboard.org to find the exact date when you'll be able to access your scores.
- Look for a reminder in July at the email address you put on your AP answer sheet.

Visit apcentral.collegeboard.org for more info.

Follow us on Twitter: [@APforStudents](https://twitter.com/APforStudents)



Order Form

SCHOOL SUPPLY PACKS

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ORLANDO SCIENCE MIDDLE SCHOOL 2016-2017 SCHOOL SUPPLY ONLINE ORDERING

ONLINE ORDERING ONLY!

Grade level 2016-2017	Cost Each
MIDDLE SCHOOL	\$75.00

Order Securely Online

Starting April 1st thru June 20th!

1. Go to www.educationalproducts.com/shoppacks
2. Enter the school ID, ORL014
3. Follow the directions to complete your order.
4. Keep your online confirmation as your receipt.

Tax will be applied at checkout.

For questions, please contact
Melissa Palmer at
palmer@orlandoscience.org

Supply packs will be delivered to each student's
homeroom for the first day of school.

BROUGHT TO YOU BY



Educational Products, Inc.

Newsletter Trivia

Welcome to our newest addition to our weekly newsletter! Below are ten questions that you will be able to find the answers to in this week's newsletter. Once they are complete please turn in this sheet to Ms. Smith at the front desk! Students who get all ten questions correct by 5pm Tuesday will be entered to win a free dress down day! Good luck and thank you for participating!

1. What time is the Middle School Dance?

2. When will the second marking period begin for the 2016-2017 school year?

3. When was the seeing eye dog used for the first time?

4. When is Teacher Appreciation Week?

5. Where can you register for the Big Help Event?

6. Who is the coach for the OSS National Math Club Team?

7. What is the theme for May 11th's Dress Down Day?

8. List the name and teachers who are competing in the 2nd Annual OCPS Math Tournament.

9. When is the next holiday that school and district offices will be closed?

10. What page is Waldo on?

11. How much do tickets cost for this year's prom?

Name: _____

OSS Graduation

8th Grade Graduation

Tuesday June 7th 2016
5:00 PM
Majestic Event Center
801 North John Young Parkway
Orlando, FL 32804

12th Grade Graduation

Wednesday June 1st 2016
6:00PM
Orlando Repertory Theatre
1001 E Princeton ST.
Orlando, FL 32803



Class of
2016

Relay for Life

Presents

DRESS DOWN WEEK

Help support our OSS Relay for Life by participating in the 2015-2016 "Back to the Future Dress Down Week"! For only \$10 you will be able to dress down for all 5 theme days for the week of May 9th-13th or you may purchase a single day pass for \$3. Please note students still must follow the dress down code policy.

Below you will find the list of the daily themes:

Monday:

Color Wars

- **6th Grade: Pink**
- **7th Grade: Grey**
- **8th Grade: Yellow**
- **9th Grade: Orange**
- **10th Grade: Red**
- **11th Grade: Black**
- **12th Grade: Purple**
- **OSS Staff: Blue**

Tuesday

1980's

- Dress in your best 80s attire. Please note students must follow all dress down day policies.

Wednesday

Mad Scientist Day

- Come dressed as a Mad Scientist. Please note students must follow all dress down day policies.

Thursday

Twin Day

- Match your best friend and participate in Twin Day! Please note students must follow all dress down day policies

Friday

Dress Down Day

- Participate in a standard dress down day. Please note students must follow all dress down day policies

Orange County Public Schools 2016 - 2017 Calendar

Monday-Friday	August 8-12, 2016	Pre-planning for teachers (Aug. 10 is a staff development day.)
Monday	August 15, 2016	First day of school for students
Monday	September 5, 2016	Labor Day Holiday (Schools and district offices are closed.)
Thursday	October 13, 2016	End of 1 st marking period (43 days)
Friday	October 14, 2016	Student holiday/teacher workday
Monday	October 17, 2016	Begin 2 nd marking period
Friday	October 28, 2016	Student holiday/teacher professional day/ teacher non-workday
Wednesday-Friday	November 23-25, 2016	Thanksgiving Break
Friday	December 16, 2016	End of 2 nd marking period (41 days)
Two Weeks	December 19, 2016 – January 2, 2017	Winter Break
Tuesday	January 3, 2017	Student holiday/teacher workday
Wednesday	January 4, 2017	Students return to school/begin 2 nd semester/begin 3 rd marking period
Monday	January 16, 2017	Martin Luther King, Jr. Holiday (Schools and district offices are closed.)
Monday	February 20, 2017	Presidents' Day holiday (Schools are closed. District offices are open.)
Thursday	March 16, 2017	End of 3 rd marking period (50 days)
Friday	March 17, 2017	Student holiday/teacher workday
Monday-Friday	March 20-24, 2017	Spring Break (Schools are closed. District offices are open.)
Monday	March 27, 2017	Begin 4 th marking period
Friday	April 28, 2017	Student holiday/teacher non-workday
Monday	May 29, 2017	Memorial Day Holiday (Schools and district offices are closed.)
Wednesday	May 31, 2017	End of 4 th marking period/last day of school for students (46 days)
Thursday-Friday	June 1-2, 2017	Post-planning for teachers

**Prioritized
Bad
Weather
Days**

PRIORITY	DATE	CURRENT USE
1	October 28	Professional Day/Student Holiday
2	April 28	Teacher Non-Workday/Student Holiday
3	February 20	Student/Teacher Holiday (Presidents' Day)
4	November 23	Thanksgiving Break – Day 1
5	March 24	Spring Break – Day 5
6	March 23	Spring Break – Day 4
7	March 22	Spring Break – Day 3
8	March 21	Spring Break – Day 2
9	March 20	Spring Break – Day 1
10	June 1	Post-planning (Post-planning would change to June 2 & 5)

Uniform Sale

We are pleased to announce that the Uniform Company will be bringing OSES and OSS uniforms to both locations during the following dates and times:

OSS:

Tuesday June 14th 12-8pm

Tuesday July 12th 12-8pm

OSES:

Tuesday June 21st 12-8pm

Tuesday July 19th 12-8pm

**Please be advised that both locations will carry both OSES and OSS uniforms.*



LOST & FOUND

On April 22nd 2016,
Lost and Found was emptied.
Every Friday from now until the
remainder of the school year Lost
and Found will be emptied.

Please retrieve your lost items in a
timely manner.



Junior / Senior Prom

Attention juniors and seniors: the tickets for this year's prom are now on sale.

The OSS 2016 Prom theme is "A Night in Vegas" and will be held on Saturday May 14th, 2016 from 7-11pm at the Majestic of Orlando.

Tickets are \$70.

To purchase tickets and for information, please contact Mr. Jenkins at

Andrew.Jenkins@orlandoscience.org



Washington's Post: America's Most Challenging High Schools 2016

I would like to share with you a great news! Orlando Science Middle/High school again is ranked in the Top 100 Schools (77th overall), 20th in the State of Florida as the America's Most Challenging High Schools by Washington Post. Congratulations teachers and faculty! Thank you for your conscientious effort and dedication. Please follow the link below for more information.

<http://www.orlandosentinel.com/features/education/school-zone/os-central-florida-high-schools-ranking-20160427-story.html>

The Washington Post

TOP
100

4th Quarter PTC Nights

Tuesday May 10th 2016

4:30-6:30PM

Thursday May 12th 2016

4:30-6:30PM

4th Quarter PTC Conference Nights will take place on the above dates and times. Appointments are 15minutes in length and time slots may be made utilizing the below link. Signups will not go live until Saturday May 7th 2016 at 10am. Until then you will be able to see what is available. Please be sure you are signing up for the correct grade level. Any incorrect signups or duplicates signups will be removed. Due to the high volume of students, staff and teachers are not permitted to sign up for appointments for you, so please make arrangements prior to May 7th 2016. Progress reports will be released on May 4th 2016 and report cards will go home on the last day of school. A reminder packet will be sent home with your students next week with the below link and instructions on how to sign up for a time slot. If you are not able to get a time slot or the dates/times above does not work for your schedule please contact your students' teachers to arrangements for another date and time.

<http://www.signupgenius.com/go/30e0949a9aa23a6f94-4thquarter>



Congratulations to the STEM Art Contest Winners

On April 27th Orlando Science Middle School held the STEM Art Contest exhibition. We had judges from UCF and Seminole State College help select the top 3 artworks. Thank you to all the participants.

Grade	Science Teacher Name	Student Name	Score the top 3
6	Mr. Ulgut	Nehal D.	1
6	Mr. Ulgut	Shafa K.	2
6	Mr. Ulgut	Tanvi R.	3
7	Ms. Pointkowski	Tyler A.	1
7	Ms. Pointkowski	Sebastian P.	2
7	Ms. Pointkowski	Justin K.	3
8	Mr. Abakay	Christian A.	1
8	Mrs. Jenkins	Louis M.	2
8	Mrs. Jenkins	Sanjana K.	3
9	Mrs. Jenkins	Kristins S. Kavita K.	1
9	Mrs. Bolat	Caesar "Isaiah" P.	2
9	Mrs. Bolat	Aisha M. Yann D.	3
10	Mrs. Jenkins	Seejah S.	1
10	Mrs. Bolat	Sarah A. Alexis T.	2
10	Mrs. Bolat	William P.	3
11	Mr. Stampas	Jimmy W.	1
11	Mrs. Jenkins	Kenneth G.	2
11	Mrs. Jenkins	Adiah T.	3
12	Mrs. Jenkins	Nilzaida V.	1
12	Mrs. Jenkins	Ethan N.	2
12	Mrs. Jenkins	Antonio T.	3



Lunch Menu

MAY/JUNE MENU Lunch Fresh Fruit, Red/Orange Vegetable, Dark Green Vegetable, Legume

Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereal Cups, bars, and Bowls offer with toast (2 Grain) Applesauce cups (1/2 Fruit) <u>Choice of Milk</u>	Strawberry and Cream Parfait with Cinnamon Granola Pack (2 grain, 1/2 c fruit) (complete meal) <u>Choice of Milk</u>	Bagel with Cream Cheese (2 Grain) Mixed Fruit (1/2 Fruit) <u>Choice of Milk</u>	Assorted Cereal Cups, bars, and Bowls offer with toast (2 Grain) Apple Juice (1/2 Fruit) <u>Choice of Milk</u>	Assorted Pop-tarts (2 pack) (2 Grain) Diced Pears (1/2 Fruit) <u>Choice of Milk</u>
2	3	4	5	6
Breaded Chicken with Dinner Roll A 301426R Shoe String Fries (1/2 c starch) Cole Slaw (1/2c other) Whole Assorted Apples (1/2c Fruit) <u>Choice of Milk</u>	Soft Tacos offered with 1/2 cup Mexican Rice A 352417R Cuban Black Beans (1/2 c legumes) Steamed Carrots (1/2 red/Orange) Mixed Fruit (C) (1/2 fruit) <u>Choice of Milk</u>	Homemade Cheese Pizza A 302610R Homemade Pepperoni Pizza A 302611R Broccoli dippers (1/2 green) Cauliflower (1/2 c other) Orange Wedges (1/2 C Fruit) <u>Choice of Milk</u>	Popcorn Chicken Bowl Offer with 1 dinner roll A 302463RV1 (HS) A 3024631R (EL) Vegetables are offered in the entrée. Sliced Apples (1/2 fruit) <u>Choice of Milk</u>	Garlic French Bread Pizza A 302600R Marinara Sauce (For French Bread)* (1/2 red) Stir Fry Blend Vegetables (1/2c other) Apple Juice (3/4 c fruit) <u>Choice of Milk</u>
9	10	11	12	13
Breaded Chicken with Dinner Roll A 301426R Shoe String Fries (1/2 c starch) Cole Slaw (1/2c other) Whole Assorted Apples (1/2c Fruit) <u>Choice of Milk</u>	Chicken and Cheese Quesadilla(1EL&MS, 2 HS) A 35003R (all) offer 1/4c Cilantro Lime Rice (.5g) Steamed Carrots (1/2 c red) Cuban Black Bean 1/2 legumes Mixed Fruit (C) (1/2 fruit) <u>Choice of Milk</u>	Cheeseburger/Hamburger A 302200R (Cheese) A 302421R (Plain) Stir Fry Broccoli (1/2cGreen) Fresh Corn on the Cob, 1/2 c starch Orange Wedges (1/2 C Fruit) <u>Choice of Milk</u>	Chicken Alfredo with Garlic Bread A 302481R HS (HS) A 302481R (EL) Fresh Green Beans (3/4 C Other) Apple Juice (3/4 cup Juice) <u>Choice of Milk</u>	French Bread Pizza A 302600R Peas and Carrots (3/4c other) Assorted Whole Apples (1/2 c Fruit) <u>Choice of Milk</u>
16	17	18	19	20
Breaded Chicken with Dinner Roll A 301426R Shoe String Fries (1/2 c starch) Glazed Carrots (1/2 red) Whole Assorted Apples (1/2c Fruit) <u>Choice of Milk</u>	Chicken Taco with Salsa Verde (Green Sauce) A 35002R Charro Pinto Beans (1/2 legumes) Corn (1/2 starchy) Mixed Fruit (C) (1/2 fruit) <u>Choice of Milk</u>	Sweet Thai Chili Chicken with Lo Mein A 35009R Stir Fry Broccoli (1/2 green) stir fry vegetables (1/2c other) Grapes (1/2c) <u>Choice of Milk</u>	Homemade Cheese Pizza A 302610R Homemade Pepperoni Pizza A 302611R Cole Slaw (1/2c other) Sweet Potato Crinkles (1/2 red) Orange Wedges (1/2 c fruit) <u>Choice of Milk</u>	Chicken Sliders A 300551R Italian Blend Vegetables (3/4 Other) Apple Juice (3/4 cup Juice) <u>Choice of Milk</u>

HS MUST OFFER A TOTAL OF 1 FULL CUP OF VEGETABLES AND FRUIT