Date: September 23rd 2016

Issue: 249



ORLANDO SCIENCE SCHOOLS

WFFKLY NFWSLFTTFR

"The mission of Orlando Science Middle/High Charter School is to provide students with a well-rounded education with special emphasis on Science, Technology, Engineering, Mathematics (STEM) and Reading in the light of research based, proven and innovative instructional methods in a stimulating environment."

Individual Highlights

Corner

This Week in

OCPS

Calendar

Young Entrepreneurs

SAT/ACT

Club of the

Extra, Extra

Calendar

21-22

Soccer Team

18-20

Club/Tutoring Schedule

Media Center

Orlando City

Help OSS

Win \$10K

Principal's Corner

Dear Parents and Guardians,

I hope we had another successful and exciting week at Orlando Science Middle High. We have a few exciting announcements and reminders listed in this week's newsletter!

I would first like to congratulate Shuhey W. for being featured in this week's Orlando Sentinel for his golf accomplishments. We are so proud of your hard work, keep it up! Beginning on Monday will begin our new Birthday Dress Down Day protocol, please turn to page fourteen for this exciting program.

On pages seventeen through nineteen you will find the most recent Science Fair information. Please also stay tuned for our newest information resource, "Science Fair Weekly", this tool will have all past and present Science Fair Info for the 2016-2017 school that will assist you with everything you need to know! Copies will be available at the front office as well as be sent to you via email.

Page twenty-one you will find the tutoring schedule and on page twenty two lists the Media Center Student Calendar. Students will be able to follow this calendar for media usage during and after school. We are happy to announce this will begin on Monday September 26th 2016 and students will be able to receive Media Center Passes from their teachers or outside the Media Center door. If you have any questions please email Ms. Smith.

We are pleased to announce that "Women's History Club" is our club of the week. Mrs. Gourdie is their club sponsor; please turn to page eleven for more info. On page two you will find information regarding the 2nd Quarter Parent Teacher Conference Night. We would like to thank everyone who attended our 1st Quarter Parent Teacher Concert Nights, it was a great success. Please remember you may check your students' progress on OSS Connect, and you may email your student's teachers to set up a conference prior to the dates listed for our 2nd PTC Night scheduled, if you have a concern before then. Have a safe and wonderful weekend and we hope we will see you all tomorrow at the annual Welcome Picnic!

Sincerely,

Abdulaziz Yalcin

Orlando Science Middle/High School

> "Education is not preparation for life; education is life itself." -John Dewey

OSS Upcoming Events

- September 24th 2016: Welcome Picnic
- Monday October 3rd 2016: Picture Re-take Day
- October 13th 2016: End of the 1st Marking Period/Report Cards
- October 14th 2016: Teacher Workday-No School for Students
- October 28th 2016: Teacher Professional Day No School



2016-2017 Report Card Dates				
1st Quarter Progress Report Card Wednesday September 14th 2016				
1st Quarter Report Card	Thursday, October 13 th 2016			
2nd Quarter Progress Report Card	Wednesday November 16 th 2016			
2nd Quarter Report Card Thursday, December 16 th 2016				
3rd Quarter Progress Report Card	Wednesday February 1st 2017			
3rd Quarter Report Card	Thursday, March 16 th 2017			
4th Quarter Progress Report Card	Wednesday April 26 th 2016			
4th Quarter Report Card Wednesday, May 31 st 2017				

2016-2017 Parent Teacher Conference (PTC) Nights					
1 st Quarter	Wednesday September 21st_2016	4:00PM-6:00PM			
	Thursday September 22 nd 2016	4:30PM-6:30PM			
2nd Quarter	Wednesday November 30th 2016	4:00PM-6:00PM			
	Thursday December 1st 2016	4:30PM-6:30PM			
3 rd Quarter	Wednesday February 15th 2017	4:00PM-6:00PM			
	Thursday February 16 th 2017	4:30PM-6:30PM			
4th Quarter	Wednesday May 3 rd 2017	4:00PM-6:00PM			
	Thursday May 4 th 2017	4:30PM-6:30PM			

2nd Quarter Parent Teacher Conference Night Sign-Ups

Below is the link for the 2nd Quarter PTC Night being held on <u>Wednesday November 30th 2016</u> and <u>Thursday December 1st 2016</u>. Sign-Ups will begin on <u>Sunday November 20th 2016 beginning at 8pm</u>.

Please email Ms. Smith for directions on utilizing Sign-Up Genius.

http://www.signupgenius.com/go/30e0949a9aa23a6f94-2016201710



DATE	EVENT(S)
September 19 th 1783	The first hot-air balloon is sent aloft in Versailles, France with animal passengers including a sheep, rooster and a duck.
September 20 th 1952	Scientists confirm that DNA holds hereditary data.
September 21 st 1937	J.R.R. Tolkien's fantasy novel The Hobbit is published.
September 22 nd 1991	Huntington Library makes the Dead Sea Scrolls available to the public for the first time.
September 23 rd 2002	The first public version of Mozilla Firefox browser released; originally called Phoenix 0.1 its name was changed due to trademark issues with Phoenix Technologies.

If you would like to know more information regarding each of these events, please visit: http://www.historynet.com/

2016-2017 OCPS School Calendar

Monday August 15 th 2016	First Day of School for Students
Monday September 5th 2016	Labor Day Holiday (School and District Offices are closed)
Thursday October 13th 2016	End of 1st marking period(43 Days)
Friday October 14th 2016	Student Holiday/Teacher Workday
Monday October 17th 2016	Begin 2 nd marking period
Friday October 28th 2016	Student Holiday/Teacher Professional Day/Teacher Non-workday
W-F November 23 rd -25 th 2016	Thanksgiving Break
Friday December 16th 2016	End of 2 nd marking period (41 Days)
December 19th-January 2nd	Winter Break
Tuesday January 3 rd 2017	Student holiday/Teacher Workday
Wednesday January 4th 2017	Students Return/Begin 3rd marking period
Monday January 16th 2017	Martin Luther King, JR Holiday(School and District offices are closed)
Monday February 20th 2017	President's Day Holiday (Schools are closed. District Offices are closed)
Thursday March 16th 2017	End of 3 rd marking period(50 Days)
Friday March 17th 2017	Student Holiday/Teacher workday
March 20th-24th 2017	Spring Break(Schools are closed, district offices are open)
Monday March 27th 2016	Begin 4th marking period
Friday April 28th 2017	Student Holiday/ Teacher non-workday
Monday May 29th 2017	Memorial Day Holiday(School and District Offices are closed)
Wednesday May 31st 2017	End of 4 th marking period. Last Day of School for students
June 1st-June 2nd 2017	Post-planning for teachers

Breakfast with the Principal

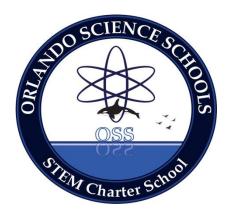




Breakfast with Mr. Yalcin

We Would Like to Invite Parents to our Principals Breakfast
Monday and Wednesday Mornings from 8:30 to 9:30
Available September 12 through October 31
We Look Forward to Seeing You and Enjoying
Donuts, Bagels, Muffins, Coffee and Juice Together

Please Use the Following Link to RSVP and To Find Out More Info: http://www.signupgenius.com/go/30e0949a9aa23a6f94-breakfast







Young Entrepreneurs Academy Scholarship Application

Orlando Science Center is pleased to offer scholarships for qualifying students to participate in a premiere entrepreneur academy for students in middle and high school. Scholarships are awarded based on need and considering the following criteria: proof of financial hardship, student commitment letter, and parent/guardian commitment letter.

Eligibility:

Applicants must currently be enrolled in 6th through 12th grades. All applicants must demonstrate financial need. Both the student and family must commit to the student attending the complete program.

Requirements:

- 1. Complete the Young Entrepreneurs Scholarship Application.*
- 2. Letter of commitment written by the student.
- Letter of commitment written by parent/guardian.
- 4. Written documentation proving financial need. Documentation must include a minimum of two documents. Accepted documentation includes: tax returns, participation in free/reduced school lunch program, recent pay stubs, and/or letter from an official social service agency.
- 5. Completed application, letter, and documentation of financial hardship must be submitted to "Orlando Science Center, Young Entrepreneurs Scholarship," 777 E. Princeton St., Orlando, FL 32803 as soon as possible. Limited funds available.
- 6. After program, scholarship recipients must complete the Scholarship Participation Survey regarding the benefits of their experience and scholarship award.

For additional information, contact Reservations at (407) 514-2112 or classes@osc.org.





Founding Investor:

CENTRAL FLORIDA FOUNDATION

Premier Investors:



Jim & Debbie Balaschak

Charter Investors:

The Isaacs Family

Dennis Nolte

Hosted By:







Scholarship Application

Student Name:	Date of Birth:
School Attending:	Current Grade Level:
Parent /Guardian Name:	
Mailing Address:	
Home Phone:	Cell Phone:
Work Number En	nail
Please include the following documentation in y	our application:
☐Proof of financial hardship (tax return	ns, participation in free/reduced school lunch
program, recent pay stubs, and/or letter	r from an official social service agency)
☐Student letter of commitment	
Parent/guardian letter of commitmen	t
Student Signature	Date
Parent/Guardian Signature	

SAT/ACT Dates



SAT DATES						
Test Date	Normal Registration	Late Registration	Online Score Release			
Oct 1 st 2016	Sept 1 st 2016	Sept 16 th -2016	Oct 20 th 2016			
Nov 5 th 2016	Oct 7 th 2016	Oct 21 st 2016	Nov 24 th 2016			
Dec 3 rd 2016	Nov 3 rd 2016	Nov 18 th 2016	Dec 22 nd 2016			
Jan 21 st 2017	Dec 21 st 2016	Jan 3 rd 2017	Feb 16 th 2017			
Mar 11 th 2017	Feb 10 th 2017	Feb 24 th 2017	Mar 30 th 2017			
May 6 th 2017	Apr 7 th 2017	Aprl 21 st 2017	May 25 th 2017			
Jun 3 rd 2017	May 9 th 2017	May 19 th 2017	Jun 22 nd 2017			



ACT DATES					
Test Date	Deadline	Late Deadline	Score Release*		
Sept 10th 2016	August 5 th 2016	August 19 th 2016	Sept 19 th , Oct 3 rd 2016		
Oct 22 nd 2016	Sept 16th 2016	Sept 30 th 2016	Nov 8 th , Nov 15 th 2016		
Dec 10 th 2016	Nov 4 th 2016	Nov 8 th 2016	Dec 21 st 2016, Jan 4 th 2017		
Feb 11 th 2017**	Jan 13 th 2017	Jan 20 th 2017	Feb 21 st , Feb 28 th 2017		
Apr 8 th 2017	Mar 3 rd 2017	Mar 17 th 2017	Apr 26 th , May 10 th 2017		
June 10 th 2017	May 5 th 2017	May 19 th 2017	June 21 st , June 28 th 2017		

The **Princeton** Review®

RECOMMENDED TESTING TIMELINE

FOLLOW THIS TIMELINE IF YOU:

- · Are aiming for highly competitive colleges
- · Want to cut down on stress during senior year
- Want to achieve National Merit* Scholarship status
- · Plan to apply early action or early decision to universities

Which test is right for you?

Our recommendation: take a practice test for the SAT and the ACT and see which one you're most comfortable with.



JUNIOR YEAR

SPRING/SUMMER BEFORE JUNIOR YEAR

- · Begin researching schools
- · Take a free ACT or SAT practice exam-pick the test that's right for you
- · Start your ACT or SAT prep

FALL/WINTER

Take the PSAT

SAT Strategy

- · Sit for the October SAT
- · Take the test again in December, January or March, if needed

- Take the October ACT
- · Sit for the February ACT, if needed

SAT Subject Test Strategy

- · Take AP exams in May
- · In June, take the corresponding SAT Subject Tests

- · Fall tests are your last chance before applications are due
- · Prep now if you need to raise your score
- · Kick off your college applications

SENIOR YEAR

- · Take the September ACT or October SAT
- · Fall tests are your last chance if you're applying early decision or early action
- · Take SAT Subject Tests in October, if needed



EXPERT You can apply to multiple schools through early action, but only one through early decision (ED).

If you're accepted to you're obligated to making the making

SAT® | ACT® 800-2Review | PrincetonReview.com



"Beginning in 2018, the January SAT will no longer be offered. "The August SAT will be offered beginning in 2017. Test names are the trademarks of their respective owners, who are not affiliated with The Princeton Review. The Princeton Review is not affiliated with Princeton University, PRHSFL1605 49

Constitution Day Celebration

To celebrate Constitution Day on September 16th, Orlando Science School developed a coordinated social studies curriculum pertaining to the Constitution for its students. These efforts culminated with a school assembly featuring the Honorable Wilfredo Martinez, a judge from the 9th Judicial Circuit Court. Judge Martinez spoke with OSS High School students about the U.S. Constitution, its applications, and how it enables our citizens to chase the American Dream. He stressed that each student has the ability to individually affect meaningful change in our country.







Club of the Week

Women's History Club



Sponsor: Mrs.Gourdie

Orlando Science's first Women's History Club is a club that empowers young women at Orlando Science Schools. We educate high school students on the history of women and how we can make a difference in the future. As a club, our students discuss real world problems that women face and how the rights and roles of women have evolved over time. We plan to have great success and impact in the community and school this year! If you're a high school student who is interested in our club, please join in on our club meetings every Thursday in Mrs. Gourdie's room (room 147) during club time. We hope to see you there!

EXTRA, EXTRA

Orlando Science School System Accreditation

Orlando Science School's plan to obtain accreditation for a school system is moving forward. A Readiness Visit was conducted by AdvancED to prepare the school's accreditation team for what is to come over the next several months.

Please view the link below for updates, links, and further information about Policies and Procedures of AdvanceD.

http://www.orlandoscience.org/advanced-accreditation/front-page/advanced-accreditation





Stay Connected

WITH WHAT'S HAPPENING AT OSS MIDDLE/HIGH ON SOCIAL



FACEBOOK: https://www.facebook.com/orlandoscience

Our FACEBOOK page will provide you with the most up to date information regarding events, announcements and emergency information. Please LIKE our page to stay in the



TWITTER: https://twitter.com/OrlandoSciMH

Our TWITTER page will provide you with announcements regarding emergencies, events and other important information! Please FOLLOW us on Twitter.



YOUTUBE: https://www.youtube.com/user/orlandosciencesch

Our YOUTUBE PAGE will provide you with exciting videos of events our students have participated in as well as news stories OSS has been featured in.

Orlando Science Schools Competition Math 2016-2017 Calendar

Contest Name	When	Where	Who
MathLeague High School Contest 1	Tuesday, October 18, 2016	Orlando Science Schools	Mathletes 7th through 12th Grade
Noetic Learning Math Contest	Thursday, November 10, 2016	Orlando Science Schools	Mathletes 6th through 8th Grade
MathCounts School Round	Saturday, November 12, 2016	Orlando Science Schools	Mathletes 6th through 8th Grade
MathLeague High School Contest 2	Tuesday, November 15, 2016	Orlando Science Schools	Mathletes 7th through 12th Grade
AMC 8	Tuesday, November 15, 2016	Orlando Science Schools	Mathletes 6th through 8th Grade
MOEMS Divison M Contest 1	Wednesday, November 16, 2016	Orlando Science Schools	Mathletes 6th through 8th Grade Students who are
FGCU Math Competition	Monday, December 12, 2016	FGCU Main Campus	taking high school math courses
MathLeague High School Contest 3	Tuesday, December 13, 2016	Orlando Science Schools	Mathletes 7th through 12th Grade
MOEMS Divison M Contest 2	Wednesday, December 14, 2016	Orlando Science Schools	Mathletes 6th through 8th Grade
MathLeague High School Contest 4	Tuesday, January 10, 2017	Orlando Science Schools	Mathletes 7th through 12th Grade
MOEMS Divison M Contest 3	Wednesday, January 11, 2017	Orlando Science Schools	Mathletes 6th through 8th Grade Students who are
Mu Alpha Theta January Statewide	Saturday, January 14, 2017	Lawton Chiles Statewide	taking high school math courses
Mu Alpha Theta January Regional	Saturday, January 21, 2017	ТВА	Students who are taking high school math courses Students who are
Mu Alpha Theta February Regional	Saturday, February 04, 2017	Suncoast High School	taking high school math courses AMC 10: 7th through 10th grade
AMC 10/12 A	Tuesday, February 07, 2017	Orlando Science Schools	AMC 12: 10th through 12th grade
MathLeague High School Contest 5	Tuesday, February 07, 2017	Orlando Science Schools	Mathletes 7th through 12th Grade AMC 10: 7th through 10th grade
AMC 10/12 B	Wednesday, February 15, 2017	Orlando Science Schools	AMC 12: 10th through 12th grade
MOEMS Divison M Contest 4	Wednesday, February 15, 2017	Orlando Science Schools	Mathletes 6th through 8th Grade
MathCounts Chapter Round	Saturday, February 18, 2017	Lyman High School	11 Mathletes from 6th through 8th Grade Students who are
Mu Alpha Theta February Statewide	Saturday, February 18, 2017	Palm Harbor High School	taking high school math courses
MathLeague 6th through 8th	Tuesday, February 21, 2017	Orlando Science Schools	Mathletes 6th through 8th Grade Students who are
Mu Alpha Theta March Regional	Saturday, March 04, 2017	Seminole High School	taking high school math courses
The American Invitational Mathematics Examination(AIME)	Tuesday, March 07, 2017	Orlando Science Schools	High AMC 10/12 Scorers
MOEMS Divison M Contest 5	Wednesday, March 08, 2017	Orlando Science Schools	Mathletes 6th through 8th Grade
MathLeague High School Contest 6	Tuesday, March 14, 2017	Orlando Science Schools	Mathletes 7th through 12th Grade
Mu Alpha Theta March Statewide	Saturday, March 18, 2017	American Heritage Boca/Delray High	Students who are taking high school math courses
Noetic Learning Math Contest	Thursday, April 06, 2017	Orlando Science Schools	Mathletes 6th through 8th Grade
MathLeague Algebra 1 The United States of America	Wednesday, April 19, 2017	Orlando Science Schools	Algebra 1 Students Only
Mathematical Olympiad (USAMO)	April 19-20, 2017	Orlando Science Schools	High AIME Scorers
Mu Alpha Theta State Convention	April 7-8, 2017	Doubletree Hotel at Universal	Mu Alpha Theta Members Only MathCounts School Team
MathCounts State Round	April, 2017	Orlando	(4 Students) + Eligible individuals OSS Middle School Team
Orange County Math Contest	May, 2017	Orlando	(5 students)
ОССТМ	May, 2017	Orlando	Mathletes 6th through 8th Grade



September 18th-September 24th



Douglas B-V.
Adam A.
Chaemin K.
Mackenzie M.
Wade T.
Liam G.
De'Waina B.
Kenneth G.



Birthday Dress Down Approval Form

If your student is interested in dressing down for their birthday please stop by the front office fill out the proper form. Students are permitted to dress down on their birthday if their birthday falls on a weekday when school is in session or the Friday before if their birthday falls on a weekend. If their birthday falls over a scheduled break students are able to dress down the Friday before break begins and after their form is filled out and approved.

Congratulations

Shuhey Wada



Orlando Sentinel

ALL SECTIONS NEWS

SPORTS



West Orange 155, Lake Nona 160

Buzz: Shuhey Wada shot an even-par 36 for West Orange (8-0) at Eagle Creek GC.





Team

Coach: Mr. Morgan

- Jacob R.
- Malachi H.
- Jovani A.
- Alex Y.
- James K
- Yalisa R.
- Lyliany 0.
- Nasir L.
- Ahmed A.
- Ibrahim A.
- Avinash H.
- Brandon M.
- Joshua P.
- Michael T.
- Andrew F.
- Brandon C.



Orange County Public Schools

2016-2017 Middle School Soccer Schedules

Boys play first followed by girls in all contests. <u>Second number</u> is home school. Both Principals must mutually agree to any schedule changes.

1st game begins at 5 PM, with the next game immediately following. All pre-game warm-ups should be completed on an adjacent field.

Week 1: August 15 First Day of Tryouts for Soccer (Tryouts may NOT be held prior to this date)

Week 3: August 31 Games Begin (Host school's AD <u>MUST</u> report scores to Cluster Rep immediately after games).

Games: 20-minute halves (Water breaks will take place at the 10 minute mark of each half).

Overtime: One five minute Golden Goal Period, followed by Penalty Shots.

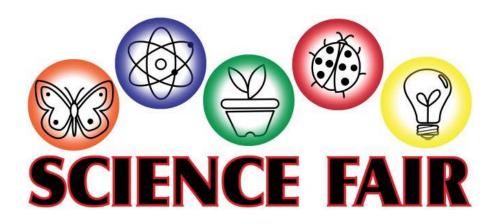
Teams with asterisk (*) will play all games AWAY.

Cluster A	Cluster B	Cluster C	Cluster D	Cluster E	Cluster F
1. Windy Ridge	1. Walker	1. Piedmont Lakes	1. Maitland	1. Jackson	1. Legacy
2. Bridgewater	2. Westridge	2. Ocoee	2. Lockhart	2. Liberty	2. Lake Nona
3. SunRidge	3. South Creek	3. Wolf Lake	3. Meadowbrook	3. Blankner	3. Corner Lake
4. Carver	4. Freedom	4. Robinswood	4. Howard	4. Odyssey	4. Avalon
5. Chain of Lakes	5. Meadow Woods	5. Lakeview	5. Lee	5. Memorial	5. Discovery
6. Southwest	6. Hunter's Creek	6. Apopka	6. Glenridge	6. Conway	6. Union Park
7. Gotha	7. Pinecrest Prep. Acad.*	7. Orl. Sci. (Boys)*	7. Ren. Charter Chickasaw*	7. Passport (Boys) *	7. Arbor Ridge *
			8. CFLA Academy*		8. Wedgefield

Aug. 31	Sept. 1	Sept. 7	Sept. 8	Sept. 14	Sept. 15	Sept. 21	Sept. 22	Sept. 26	Sept. 28	Sept. 29
Wed.	Thurs.	Wed.	Thurs.	Wed.	Thurs.	Wed.	Thurs.	Mon.	Wed.	Thurs.
1-2	7-4	3-1	1-7	3-5	7-5	5-4	3-7	7-2	4-2	6-7
4-3	6-8	2-5	8-2	1-4	8-3	2-3	8-5	1-8	5-1	8-4
6-5		4-6		2-6		1-6			6-3	
						7-8				

Soccer Fest Tournament (Top 3 teams from each cluster advance to a single elimination 18 team playoff for girls and 18 team playoff for boys).

Round 1 (4 Teams) Round 2 (16 Teams) Quarter Finals (8 Teams) Semi-Final (4 Teams) Championship (2 Teams)
October 3 (Mon.) October 5 (Wed.) October 10 (Mon.) October 12 (Wed.) October 17 (Mon.)



"Students should be working on their science fair forms! The forms protect the students making sure that their project is safe, legal, and viable. Please see the attached flow chart for help on which forms you need to have. All students regardless of their project must have form 1,1A, 1B. Parents please note the following, Mr. Stampas is the adult sponsor, please do not sign there. For those three forms the only place parents need to sign is the top part of form 1B. Now if the project involves changing the environment in any way (e.g. placing a dollar on the floor to see who picks it up, or smiling at people to see their response) additional forms are needed! I encourage students to modify their experimental design so that they are not changing the environment such as observational studies, collecting the data online, or having a scientist/professional provide the data directly to them.

The major classes of projects that need additional forms include the following:

1. Vertebrate projects: If the creature has a backbone. Forms include form 2, 5A, 5B, and mortality report. A vet will be needed to evaluate the health of the creature before and after the project. If the pet dies or has a change in weight the project will be terminated.

Alternative - do the same project but on an invertebrate such as grasshoppers from pets mark or worms at a bait shop. This will minimize the number of forms and you can easily have 10 distinct trials on multiple creatures!

- 2. People project: If you are asking anyone (including yourself) to test or answer any question e.g what color they think it is. Forms include 2, 4, consent form, copy of tests, lyrics, materials that they will be provided, verification form. A psychiatrist or councilor will be needed to assess the project to make sure it is safe for participants. Alternative do an observational project. You can go to a public place and acquire a lot of data on what people normally do, without asking them anything.
- 3. Biological Hazards: Molds, Bacteria, DNA, Tissues, or Cultures. None of those hazards can be done at home! Forms needed include 1C, 2, 3, 6A, 6B, BSL 1 form. A biologist, microbiologist, doctor, or any appropriate scientist will be able to help you with the project. Students are not allowed to be exposed to any biological hazard, all petri dishes will remain closed.

Alternative - have the professional scientist perform the experiment and give the data to the student to assess and analyze. The data can also be found online or through hospitals without any physical contact with an experiment.

UCF has a lot of professors from a variety of fields that can help you if you email them promptly. The forms are due the 30th. The experiment itself should not be done, just the set up for the experiment! If you are still unsure on your project and the requirements please email me, Mr. Stampas, at Stampas@orlandoscience.org."

Mr. Stampas

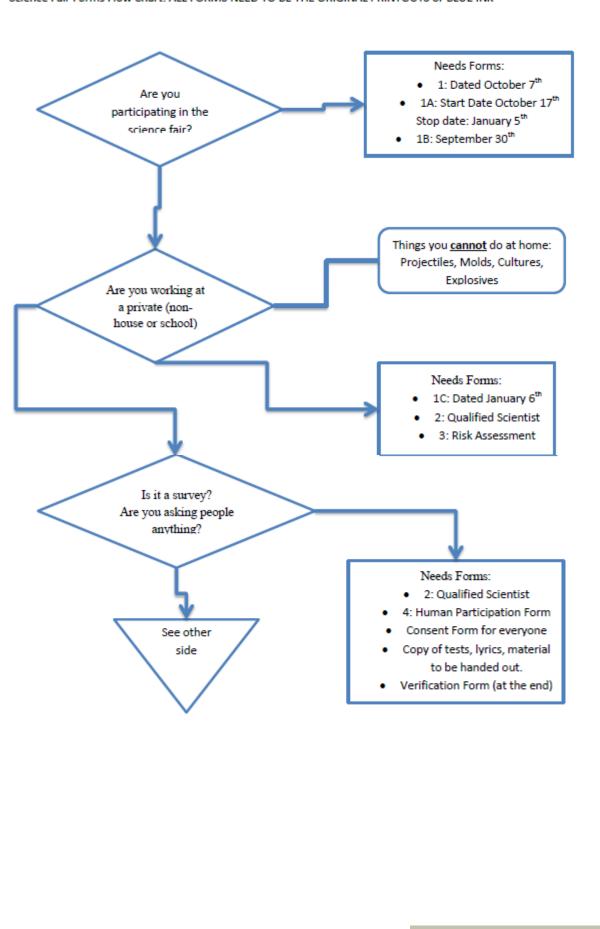
AP Biology and Biomedical Science Instructor STEM and Science Fair Coordinator Orlando Science School 2427 Lynx Ln. Orlando, Fl 32804

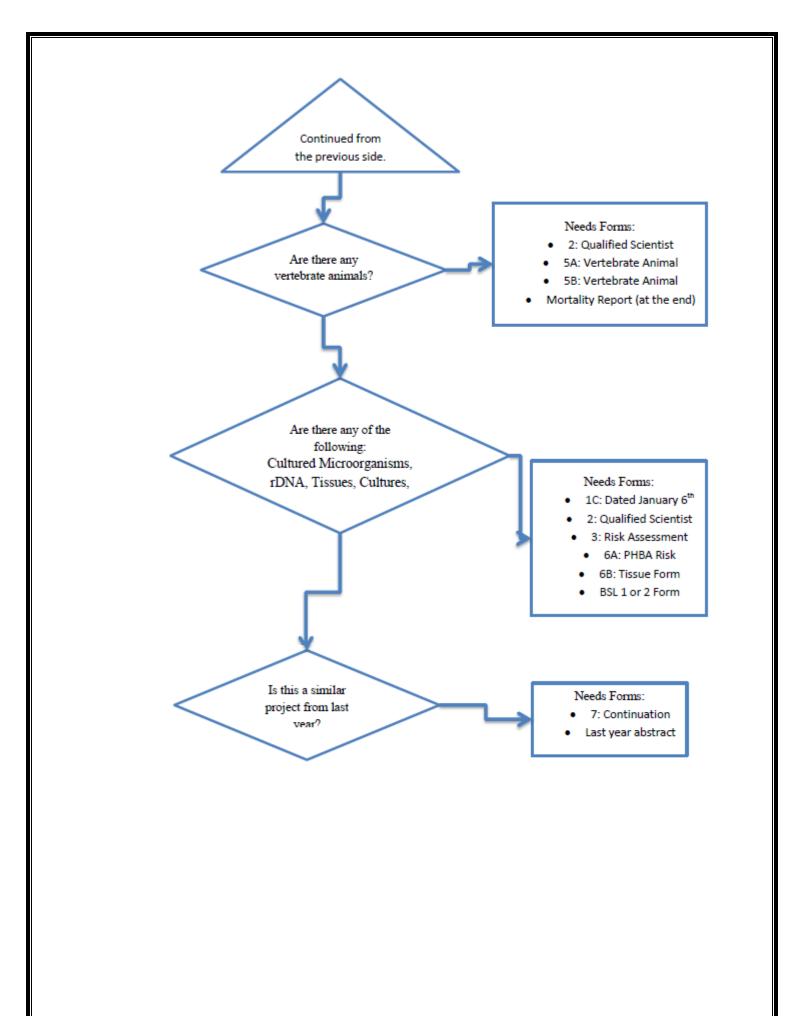
Phone: 407-253-7304 Ext 121

Fax: 407-253-7305

Stampas@orlandoscience.org

Science Fair Forms Flow Chart: ALL FORMS NEED TO BE THE ORIGINAL PRINTOUTS or BLUE INK







Club Schedule and Coaches

Day	Club	Coach
Monday/Tuesday/Thursday	Advanced Band	Mr.Jenkins
Monday	AMC 10/12- (8th-12th)	Mr. Akyalcin
Thursday	Art Club	Ms. Killian
Friday	Badminton(MS)	Ms. Masuoka
Thursday	Basketball(6th-8th)	Ms.Zeratsky
Monday	Basketball(9th-12th)	Mr.Morgan
Tuesday	Battle of the Books	Ms. Leal
Thursday	Character Traits with Anime	Mrs. Nef
Thursday	Chess Club	Mr. Koc
Wednesday	Comic Book Club	Mr. Liesch
Monday/Wednesday	Competition Math Algebra 1(6th and 7th)	Mrs. Koc
Wednesday/Friday	Competition Math Algebra 2 (8th-9th Grade)	Mr. Moon
Wednesday	Competition Math Number Theory and Probability(6th Grade)	Mr. Akyalcin
Monday	Competitive Writing	Ms. Leal
Monday	Competition Math Pre-Algebra(6th)	Mr. Yakisma
Wednesday/Friday	Competition Math Pre-Calc and Calculus (9th-12th)	Mrs.Akyalcin
Friday	Drama Club	Ms.Harper
Tuesday	Duke TIP	Mr. Thomas
Thursday	Environmental Club	Mrs.Piontkowski
Wednesday	Film Club	Mr.Lakner
Friday	Fitness Club (HS Only)	Ms. Zeratsky
Wednesday	Flag Football(Grades 8th-12th)	Ms. Zeratsky
Thursday	History Fair Club(6th-8th)	Mr.Kriebel
Wednesday	History Fair Club(9th-12th)	Mr.Slason
Friday	International Festival(Folk Dance)	Mrs. Dilek
Wednesday	Key Club	Mrs. Dunbar
Tuesday	Lab Assistants	Mr.Stampas
Wednesday	Martial Arts-Taekwondo Club	Parent Sponsor
Friday	Math Counts AMC 8-Intermediate	Mr.Akyalcin
Friday	MathCounts/ AMC (6th-8th)	Mr. Thomas
Tuesday	MathCounts/ AMC (6th-8th)	Mr. Akyalcin

Thursday	Media Club (9th-12th Grade)	Mr.I
Monday	Model UN(6th-8th)	Ms.Dunbar
Thursday	Model UN(9th-12th)	Mr. Slason
Wednesday	Mu Alpha Theta Honor Society (9th-12th)	Mrs.Akyalcin
Monday/Tuesday	NHS(9th-12th)	Ms. Stevens
Monday/Tuesday	NJHS	Mrs. Frunker
Monday	Odyssey of the Mind-Middle School	Mr. Liesch
Wednesday	Oil Painting Club	Parent
Wednesday	Paper Marbling(Ebru) and Calligraphy	Mrs. Aksu
Monday	Poetry	Ms. Killian
Wednesday	Rho-Kappa Honors	Mrs.Gourdie
Wednesday	SAT Math Club	Mr. Yakisma
Friday	Science Olympiad	Mr. Ulgut
Tuesday	Scrabble	TBD
Tuesday	Soccer Club	Mr. Morgan
Thursday	STEM Club	Mr. Stampas
Friday	Student Government Association	Mr. Kriebel
Tuesday	Volleyball Club	Ms. Masuoka
Thursday	Women's History Club	Mrs. Gourdie
Tuesday/Thursday	World Language Speech Club	Mrs. Dilek
Monday	Yearbook	Mr. Lakner

OSS Tutoring Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Science	History	Electives	Math	Language Arts
				ANGINE ANGINE STRIP

Media Center Calendar

Below is the Media Center Calendar for a two week time frame. Students are able utilize the Media Center during or after school if the Media Center has an "Open Status" listed below and they have a Media Center Pass signed by a school staff member. The Media Center maybe used for book checkouts, research on both the computer and educational resources as well as homework time, or study sessions with other students. Please be aware students are not permitted to use the Media Center during or after school to play games or any other non-educational purposes. If they are found to be using the Media Center for anything other than educational purposes they will be asked to leave.

	Media Ce	nter Stud	ent Calen	dar
Monday	Tuesday	Wednesday	Thursday	Friday
Sept-26	Sept-27	Sept-28	Sept-29	Sept-30
During: Open After: Open	During: Closed After: Open	During: Closed After: Open	During: Closed After: Closed	During: Open After: Open
Oct-3	Oct-4	Oct-5	Oct-6	Oct-7
During: Open After: Open	During: Closed After: Open	During: Closed After: Open	During: Open After: Open	During: Closed After: Closed





To kick off the new school year, Orlando City would like to reward all students in Central Florida with a complimentary ticket to our final regular season match in Camping World Stadium*



ORLANDO CITY VS DC UNITED

SUNDAY, OCTOBER 23RD | 4:00PM | CAMPING WORLD STADIUM

The City Student program has been set up to help offer education incentive for our community's youth. You may purchase additional Terrace or Plaza End tickets for \$30. Each City Student must be accompanied by a paying adult. Orders will be assigned seat locations on a first-come first-served basis. Subject to availability. **The deadline for ordering tickets is Wednesday, October 12th.** All sales are final, no refunds or exchanges. Tickets will be emailed to the address below at least seven days prior to the game. Please submit orders together if you wish to be seated together. *All forms must include a paying adult ticket. Please refer questions to citystudent@orlandocitysc.com

TICKETS 1	City (Addi	Student Ticket tional Tickets @	= 9 \$30 =	TOTAL \$ <u>FREE</u> \$	
NAME:				PHONE (Required):	
EMAIL (Requ	uired):				*ALL TICKETS WILL BE SENT VIA E-MAIL
ADDRESS: _					
CITY:				STATE: _	ZIP:
PAYMENT T	YPE:	CHECK#		(MAKE CHECKS PAYABL	E TO ORLANDO CITY SOCCER CLUB)
VISA 🗌	MC	AMEX	DISC	CARD #:	EXP:
SIGNATURE	:				

TO ORDER TICKETS PLEASE RETURN FORM VIA EMAIL OR MAIL BY WEDNESDAY, OCTOBER 12TH

citystudent@orlandocitysc.com

City Student 618 E. South Street, Suite 510 Orlando, FL 32801



Labels for Education is running a new Sweepstakes for schools. www.grandstandforschools.com

It runs from <u>August 1st thru October 31st</u>.

Enter in a few simple steps:

- 1. Click the link above
- 2. Enter your birthday to verify you are 18+
- 3. Enter your Email Address
- 4. Fill in the fields with your name and you may use the school address and phone number :
 - -2427 Lynx Lane, Orlando FL 32804, (407)253-7304
- 5. Finish the remaining two fields listed on the page and click ENTER
- 6. Type in 32804 for our School Zip Code, and Select "Orlando Science Schools" from the drop down menu. Please be sure to NOT select "Orlando Science Elementary"

Once you hit submit you will be allowed to enter again once per day from now until October 31st 2016

They are giving away \$10,000.00 to 100 lucky schools.

The more entries for our school, the better chance we have of winning one of those.

Lake Whitney won \$10,000.00 last year from this.



There are two other ways to win, once completing your entry you will find two more options.

September Lunch Menu

CHARTER HOT School Menu

1	September MEN	J Lunch Fresh Fruit	. Red/Orans	e Vegetable.	Dark Green Ver	getable, Legume
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Monday Tuesday Medicasing Tuesda	September MENU Lunch Fresh Fr	ruit, Red/Orange Vegetable, Dark G	reen Vegetable, Legume		
and Bouks offer with hoast (2 Grain) 20% Cange Juice (1% cup fruit) 100% Cange Juice (1% cup fruit) 20% Cange Juice (1% cup				· · · · · · · · · · · · · · · · · · ·	Friday
Continue	Assorted Cereal Cups, bars,		Bagel with Cream Cheese (2		
100% Apple Juice (1% cup fruit) Diced Pear Cups (5 Cup fruit) Choice of Milk	and Bowls offer with toast (2	Cinnamon Granola Pack (2	Grain)	Bowls offer with toast (2 Grain)	Cheese Stick (1 pack for EL
Soft Tacco offered with Kennet (1/2 colore) South Freedom (1/2 colore)	Grain)				,
Fruit Choice of Milk S S Soft Travor offered International Choice of Milk HOUDAY NO SCHOOL HOUDAY NO SCHOOL Choice of Milk S Soft Travor offered International Choice of Milk HOUDAY NO SCHOOL Choice of Milk HOUDAY NO SCHOOL Choice of Milk S Soft Travor offered International Choice of Milk HOUDAY NO SCHOOL Choice of Milk S Soft Travor offered International Choice of Milk HOUDAY NO SCHOOL Choice of Milk S Soft Travor offered International Choice of Milk HOUDAY NO SCHOOL Choice of Milk S Soft Travor offered International Choice of Milk HOUDAY NO SCHOOL Choice of Milk S Soft Travor offered International Choice of Milk Soft Travor offered International Choice of Milk Standar (L/L Choice) Foo22 Choice of Milk Standar (L/L Choice) Foo23 Choice of Milk Standar (L/L Choice) Foo23 Choice of Milk S Soft Travor offered International Choice of Milk To Soft Travor offered International Choice of Milk Standar (L/L Choice) Foo23 Choice of Milk S Soft Travor offered International Choice of Milk Standar (L/L Choice) Foo23 Choice of Milk S Soft Travor offered International Choice of Milk S Sof		100% Apple Juice (½ cup		100 % Apple Juice (½ cup fruit)	Assorted Pop-tarts(2pack
Applesauce Cup (% cup fruit) Choice of Milk 5					
## Choice of Milk S			Choice of Milk	Choice of Milk	* *
Choice of Milk S		*			
5 6 6 7 Taxos offered with 7 cop claratro rice 1 Posta at 20 20 Chaha Risks Result (1/2 c Posta) 8 1003 Strawberry copp (7 c Futt) 1 Posta (2 c Posta) 8 1003 Strawberry copp (7 c Futt) 1 Posta (2 c Posta) 8 1003 Strawberry copp (7 c Futt) 1 Posta (2 c Posta) 8 1003 Strawberry copp (7 c Futt) 1 Posta (2 c Posta) 8 1003 Strawberry copp (7 c Futt) 1 Posta (2 c Posta) 8 1003 Strawberry copp (7 c Futt) 1 Posta (2 c Posta) 8 1003 Strawberry copp (7 c Futt) 1 Posta (2 c Posta) 8 1003 Strawberry copp (7 c Futt) 2 c Choice of Milk 1 Posta (2 c Posta) 8 1003 Strawberry copp (7 c Futt) 1 Posta (2 c Posta) 8 1003 Strawberry copp (7 c Futt) 1 Posta (2 c Posta) 8 1003 Strawberry copp (7 c Futt) 1 Posta (2 c Posta (2 c Posta) 8 1003 Strawberry copp (7 c Futt) 1 Posta (2 c Po	the state of the s	Choice of Milk			
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Soft Tacos offered with 5c up claimton face E 0.1314. Bod 0019 claims flack beams (1/2 claims)) from flack beams (1/2 claims) flack	-		-		
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## HOUDAY NO SCHOOL Class Secretary Class Secretary Sec					
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B 0030					
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Cole Slaw (1/2c other) B 0050 Cool Rips (1/2 cup fruit) F 0035/ F 0036/ F 0037 Choice of Milk HS NOTES: Every day we must offer 1 cup of fruit and 1 cup Vegetables for	Breaded Chicken Leg Basket complete meal E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup) F0014 Choice of Milk	Soft Tacos with ½ cup Cilantro Rice E 10184L & D 0018 Cuban Black Beans (½ legumes) B 0031 Corn (½ starchy) B 0034 Orange Wedges (½ C Fruit) F 0020 Choice of Milk	Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (½ cup fruit) F 0029 Choice of Milk 28 BBQ Rib Sandwich	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (½ c fruit) F 0022 Choice of Milk 29 Homemade Cheese Pizza	Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c Other) B 0001 Peaches (ss) (½ c fruit) F 0025 Choice of Milk 30 Chicken Parmigiana Sub
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	Breaded Chicken Leg Basket complete mean E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup) F0014 Choice of Milk 26 Hamburger/Cheeseburger E 0094L / E 0090L Shoe String Fries (1/2 c starch) B 0050 Cole Slaw (1/2c other) B 0050 Cool Rips (1/2 c up fruit) F 0035/ F 0036/ F 0037 Choice of Milk HS NOTES:	20 Soft Tacos with ½ cup Cilantro Rice E 10184L & D 0018 Cuban Black Beans (½ legumes) B 0031 Corn (½ starchy) B 0034 Orange Wedges (½ C Fruit) F 0020 Choice of Milk 27 Soft Tacos offered with ½ cup Cilantro Rice E 0184L & D 0019 Cuban Black Beans (1/2 c legumes) B 0013 Corn (1/2 c Starchy) B 0034 Orange Wedges (½ C fruit) F 0020 Choice of Milk	Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (½ cup fruit) F 0029 Choice of Milk 28 BBQ Rib Sandwich E 0224L Deli Roasted Potato(1/2 c Starch) B 0048 Steamed Carrots (1/2 red/Orange) B 0008 Strawberry cups (½ c fruit) F 0027	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (½ c fruit) F 0022 Choice of Milk 29 Homemade Cheese Pizza E 0131L Homemade Pepperoni Pizza E 0132L Fresh Green Beans (1/2 c Other) B 0019 Seasoned Cauliflower (1/2 c other) B 0015 Banana (1/2 c fruit) F 0022	Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c Other) B 0001 Peaches (ss) [½ c fruit) F 0025 Choice of Milk 30 Chicken Parmigiana Sub E 0070L Broccoli (1/2 c green) B 0020 Sweet Potato Chunks (1/2c red) B 0037 Pears (ss) (½ c fruit) F 0029
	Breaded Chicken Leg Basket complete mean E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup) F0014 Choice of Milk 26 Hamburger/Cheeseburger E 0094L / E 0090L Shoe String Fries (1/2 c starch) B 0044 Cole Slaw (1/2c other) B 0050 Cool Rips (1/2 cup fruit) F 0035/ F 0036/ F 0037 Choice of Milk HS NOTES: Every day we must offer 1 cup of	20 Soft Tacos with ½ cup Cilantro Rice E 10184L & D 0018 Cuban Black Beans (½ legumes) B 0031 Corn (½ starchy) B 0034 Orange Wedges (½ C Fruit) F 0020 Choice of Milk 27 Soft Tacos offered with ½ cup Cilantro Rice E 0184L & D 0019 Cuban Black Beans (1/2 c legumes) B 0013 Corn (1/2 c Starchy) B 0034 Orange Wedges (½ C fruit) F 0020 Choice of Milk	Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (½ cup fruit) F 0029 Choice of Milk 28 BBQ Rib Sandwich E 0224L Deli Roasted Potato(1/2 c Starch) B 0048 Steamed Carrots (1/2 red/Orange) B 0008 Strawberry cups (½ c fruit) F 0027	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (½ c fruit) F 0022 Choice of Milk 29 Homemade Cheese Pizza E 0131L Homemade Pepperoni Pizza E 0132L Fresh Green Beans (1/2 c Other) B 0019 Seasoned Cauliflower (1/2 c other) B 0015 Banana (1/2 c fruit) F 0022	Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c Other) B 0001 Peaches (ss) [½ c fruit) F 0025 Choice of Milk 30 Chicken Parmigiana Sub E 0070L Broccoli (1/2 c green) B 0020 Sweet Potato Chunks (1/2c red) B 0037 Pears (ss) (½ c fruit) F 0029
	Breaded Chicken Leg Basket complete meal E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup) F0014 Choice of Milk 26 Hamburger/Cheeseburger E 0094L / E 0090L Shoe String Fries (1/2 c starch) B 0044 Cole Slaw (1/2c other) B 0050 Cool Rips (1/2 cup fruit) F 0035/ F 0036/ F 0037 Choice of Milk HS NOTES: Every day we must offer 1 cup of fruit and 1 cup Vegetables for	20 Soft Tacos with ½ cup Cilantro Rice E 10184L & D 0018 Cuban Black Beans (½ legumes) B 0031 Corn (½ starchy) B 0034 Orange Wedges (½ C Fruit) F 0020 Choice of Milk 27 Soft Tacos offered with ½ cup Cilantro Rice E 0184L & D 0019 Cuban Black Beans (1/2 c legumes) B 0013 Corn (1/2 c Starchy) B 0034 Orange Wedges (½ C fruit) F 0020 Choice of Milk	Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (½ cup fruit) F 0029 Choice of Milk 28 BBQ Rib Sandwich E 0224L Deli Roasted Potato(1/2 c Starch) B 0048 Steamed Carrots (1/2 red/Orange) B 0008 Strawberry cups (½ c fruit) F 0027	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (½ c fruit) F 0022 Choice of Milk 29 Homemade Cheese Pizza E 0131L Homemade Pepperoni Pizza E 0132L Fresh Green Beans (1/2 c Other) B 0019 Seasoned Cauliflower (1/2 c other) B 0015 Banana (1/2 c fruit) F 0022	Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c Other) B 0001 Peaches (ss) [½ c fruit) F 0025 Choice of Milk 30 Chicken Parmigiana Sub E 0070L Broccoli (1/2 c green) B 0020 Sweet Potato Chunks (1/2c red) B 0037 Pears (ss) (½ c fruit) F 0029
	Breaded Chicken Leg Basket complete meal E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup) F0014 Choice of Milk 26 Hamburger/Cheeseburger E 0094L / E 0090L Shoe String Fries (1/2 c starch) B 0044 Cole Slaw (1/2c other) B 0050 Cool Rips (1/2 cup fruit) F 0035/ F 0036/ F 0037 Choice of Milk HS NOTES: Every day we must offer 1 cup of fruit and 1 cup Vegetables for	20 Soft Tacos with ½ cup Cilantro Rice E 10184L & D 0018 Cuban Black Beans (½ legumes) B 0031 Corn (½ starchy) B 0034 Orange Wedges (½ C Fruit) F 0020 Choice of Milk 27 Soft Tacos offered with ½ cup Cilantro Rice E 0184L & D 0019 Cuban Black Beans (1/2 c legumes) B 0013 Corn (1/2 c Starchy) B 0034 Orange Wedges (½ C fruit) F 0020 Choice of Milk	Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (½ cup fruit) F 0029 Choice of Milk 28 BBQ Rib Sandwich E 0224L Deli Roasted Potato(1/2 c Starch) B 0048 Steamed Carrots (1/2 red/Orange) B 0008 Strawberry cups (½ c fruit) F 0027	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (½ c fruit) F 0022 Choice of Milk 29 Homemade Cheese Pizza E 0131L Homemade Pepperoni Pizza E 0132L Fresh Green Beans (1/2 c Other) B 0019 Seasoned Cauliflower (1/2 c other) B 0015 Banana (1/2 c fruit) F 0022	Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c Other) B 0001 Peaches (ss) [½ c fruit) F 0025 Choice of Milk 30 Chicken Parmigiana Sub E 0070L Broccoli (1/2 c green) B 0020 Sweet Potato Chunks (1/2c red) B 0037 Pears (ss) (½ c fruit) F 0029
	Breaded Chicken Leg Basket complete meal E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup) F0014 Choice of Milk 26 Hamburger/Cheeseburger E 0094L / E 0090L Shoe String Fries (1/2 c starch) B 0044 Cole Slaw (1/2c other) B 0050 Cool Rips (1/2 cup fruit) F 0035/ F 0036/ F 0037 Choice of Milk HS NOTES: Every day we must offer 1 cup of fruit and 1 cup Vegetables for	20 Soft Tacos with ½ cup Cilantro Rice E 10184L & D 0018 Cuban Black Beans (½ legumes) B 0031 Corn (½ starchy) B 0034 Orange Wedges (½ C Fruit) F 0020 Choice of Milk 27 Soft Tacos offered with ½ cup Cilantro Rice E 0184L & D 0019 Cuban Black Beans (1/2 c legumes) B 0013 Corn (1/2 c Starchy) B 0034 Orange Wedges (½ C fruit) F 0020 Choice of Milk	Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (½ cup fruit) F 0029 Choice of Milk 28 BBQ Rib Sandwich E 0224L Deli Roasted Potato(1/2 c Starch) B 0048 Steamed Carrots (1/2 red/Orange) B 0008 Strawberry cups (½ c fruit) F 0027	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (½ c fruit) F 0022 Choice of Milk 29 Homemade Cheese Pizza E 0131L Homemade Pepperoni Pizza E 0132L Fresh Green Beans (1/2 c Other) B 0019 Seasoned Cauliflower (1/2 c other) B 0015 Banana (1/2 c fruit) F 0022	Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c Other) B 0001 Peaches (ss) [½ c fruit) F 0025 Choice of Milk 30 Chicken Parmigiana Sub E 0070L Broccoli (1/2 c green) B 0020 Sweet Potato Chunks (1/2c red) B 0037 Pears (ss) (½ c fruit) F 0029
	Breaded Chicken Leg Basket complete meal E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup) F0014 Choice of Milk 26 Hamburger/Cheeseburger E 0094L / E 0090L Shoe String Fries (1/2 c starch) B 0044 Cole Slaw (1/2c other) B 0050 Cool Rips (1/2 cup fruit) F 0035/ F 0036/ F 0037 Choice of Milk HS NOTES: Every day we must offer 1 cup of fruit and 1 cup Vegetables for	20 Soft Tacos with ½ cup Cilantro Rice E 10184L & D 0018 Cuban Black Beans (½ legumes) B 0031 Corn (½ starchy) B 0034 Orange Wedges (½ C Fruit) F 0020 Choice of Milk 27 Soft Tacos offered with ½ cup Cilantro Rice E 0184L & D 0019 Cuban Black Beans (1/2 c legumes) B 0013 Corn (1/2 c Starchy) B 0034 Orange Wedges (½ C fruit) F 0020 Choice of Milk	Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (½ cup fruit) F 0029 Choice of Milk 28 BBQ Rib Sandwich E 0224L Deli Roasted Potato(1/2 c Starch) B 0048 Steamed Carrots (1/2 red/Orange) B 0008 Strawberry cups (½ c fruit) F 0027	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (½ c fruit) F 0022 Choice of Milk 29 Homemade Cheese Pizza E 0131L Homemade Pepperoni Pizza E 0132L Fresh Green Beans (1/2 c Other) B 0019 Seasoned Cauliflower (1/2 c other) B 0015 Banana (1/2 c fruit) F 0022	Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c Other) B 0001 Peaches (ss) [½ c fruit) F 0025 Choice of Milk 30 Chicken Parmigiana Sub E 0070L Broccoli (1/2 c green) B 0020 Sweet Potato Chunks (1/2c red) B 0037 Pears (ss) (½ c fruit) F 0029