Date: March 03rd 2017

Issue: 269



ORLANDO SCIENCE SCHOOLS

WEEKLY NEWSLETTER

"The mission of Orlando Science Middle/High Charter School is to provide students with a well-rounded education with special emphasis on Science, Technology, Engineering, Mathematics (STEM) and Reading in the light of research based, proven and innovative instructional methods in a stimulating environment."

Individual Highlights

2016-2017 Calendar

Principal's Corner

Dear Parents and Guardians,

I would first like to congratulate our 6th and 7th graders for taking their FSA Writing exams on Tuesday February 28th 2017. Good luck to all 8th, 9th and 10th grade students taking their FSA writing next week, you will do an awesome job.

We are pleased to announce that we have passed our 500th book in our Literacy Challenge, congratulations to Drew M for turning in the 500th book slip. I would also like to congratulate Abhinav D. for winning the Literacy Challenge Book Raffle and Salma H. for winning the "Hats off to Reading" raffle, please be sure to retrieve your gift cards.

Congratulations to the students found on page nine who will be advancing to the Orange County History Fair, we are so proud of your hard work and good luck! I would also like to congratulate the students found on page eight who will be advancing to the *American Invitational Math Examination (AIME)*, this is an outstanding accomplishment and we could not be more proud.

8th Grade Students please do not forget your "Gradventure" permission forms and payments are due by March 15th 2017. 12th Grade Students please be advised that "GradBash" date has changed to April 7th 2017. Permission slips will still be due by March 27th 2017.Please see page thirteen for more info.

We are excited to announce two brand new clubs coming to OSS, please see page fourteen for more information. Congratulations to Salma H. for not only winning 1st place in her category at the Regional Science Fair but for also placing 1st place overall. This is an outstanding accomplishment and we are so proud of you, congratulations to everyone who participated. Have a safe and wonderful weekend; we will see you all on Monday!

Sincerely,

Abdulaziz Yalcin

Principal
Orlando Science
Middle/High School

The progress of the world depends almost entirely upon education.

George Eastman

OSS Upcoming Events

- Saturday March 4th 2017: OSS Gently Used Uniform Sale
- Monday March 6th 2017: Middle School Track Try-outs
- Thursday, March 9th: PVO Meeting: 5:00pm in Media Center
- Tuesday, March 14th: Junior Class Student and Parent Breakfast
- Tuesday, March 14th: FSU Physics Prof. Dr. Cottle visiting OSS
- Thursday March 16th 2017: 3rd Quarter Report Cards Released
- Friday March 17th Sunday March 26th 2017: Spring Break
- Tuesday May 30th 2017: 8th Grade Graduation
- Wednesday May 31st 2017: 12th Grade Graduation

2016-2017 Progress Reports/ Report Card Dates				
1st Quarter Progress Report Wednesday September 14 th 2016				
1st Quarter Report Card Thursday, October 13 th 2016				
2nd Quarter Progress Report Wednesday November 16 th -2016				
2nd Quarter Report Card	ort Card Friday, December 16 th 2016			
3rd Quarter Progress Report Wednesday February 1 st 2017				
rd Quarter Report Card Thursday, March 16 th 2017				
4th Quarter Progress Report	Wednesday April 26 th 2016			
4th Quarter Report Card Wednesday, May 31 st 2017				

2016-2017 Parent Teacher Conference (PTC) Nights					
1 st Quarter	Quarter Wednesday September 21 st 2016 4:00PM-6:00PM				
	Thursday September 22 nd 2016 4:30PM-6:30PM				
2 nd Quarter Wednesday November 30 th 2016		4:00PM-6:00PM			
	Thursday December 1 st 2016	4:30PM-6:30PM			
3rd Quarter Wednesday February 15 th 2017		4:00PM 6:00PM			
	Thursday February 16 th 2017	4:30PM 6:30PM			
4 th Quarter	Wednesday May 3 rd 2017	4:00PM-6:00PM			
	Thursday May 4 th 2017	4:30PM-6:30PM			

4rd Quarter Parent Teacher Conference Night Sign-Ups

The details and link for 4th Quarter Parent Teacher Night Sign-Ups will be sent out when we return from Spring Break. Please be sure to contact your student's teachers if you have any concerns or questions.



Assessment Calendar

Grade

6&7

8

9 10

11-Up /Course B.

Course Based

Course Based

Course Based

10

9-11

6-8

Psvchology

Macroeconomics

Physics 1

Statistics

European H.

Afternoon 12 PM

Format

PBT

CBT CBT

CBT

CBT

CBT

CBT

CBT

CBT

CBT

CBT

PBT

PBT

2016-2017 Orlando Science Schools

	/ ibbessillerit Galeriaal
Dates	Assessment
February 28	ELA Writing Component

ELA Reading and Algebra-1 (Retake) Session 1-2

ELA Writing Component

ELA Writing Component

ELA Writing Component

March 6

March 7

March 8

May 15

May 16

May 17

Dates

1-Mav

2-May 3-May

5-Mav

8-Mav

9-May

10-May

11-Mav

12-May

May 22- 24

May 24- 30

March 30 - 31

April 12 - 13	ELA Reading Session 1-2	7	CBT
April 17 - 18	ELA Reading Session 1- 2	6	CBT
April 19 - 20	ELA Reading Session 1- 2	8	CBT
April 21 - 24	ELA Reading Session 1- 2	9	CBT
April 25- 26	ELA Reading Session 1- 2	10	CBT
April 24 - 26	Common Final	12	PBT
April 27 - 28	Math-Session 1- 2	7	CBT
May 1- 2	Math-Session 1- 2	6	CBT
May 1	FCAT Science	8	PBT
May 3- 4	Math Session 1- 2	8	CBT

College Board AP Exams

Morning 8 AM

Chemistry & Environmental Science

May 3- 4 Math Session 1- 2 May 3- 4 EOC Geometry Session 1- 2 May 5- 8 EOC Algebra 1 Session 1- 2 May 9- 10 EOC Algebra 2 Session 1- 2

NGSSS Civics

NGSSS US History

NGSSS Biology

Common Final

Common Final

Computer Science A

Calculus AB & Calculus BC

English Literature

English Language

Human Geography

US History Biology



DATE	EVENT(S)
February 27 th 1939	The Supreme Court outlaws sit-down strikes.
February 28 th 1861	The territory of Colorado is established.
March 1 st 1969	Mickey Mantle announces his retirement from baseball.
March 2 nd 1904	Theodor Seuss Geisel [Dr. Seuss], author of numerous children's books including The Cat in the Hat and Green Eggs and Ham is born.
March 3 rd 1923	The first issue of Time magazine is published. Its editor, Henry R. Luce, is just out of Yale.

If you would like to know more information regarding each of these events, please visit: http://www.historynet.com/

2016-2017 OCPS School Calendar

	nool and District Offices are closed)	
Thursday October 13 th 2016 End of 1 st marking per	Labor Day Holiday (School and District Offices are closed)	
	End of 1 st -marking period(43 Days)	
Friday October 14 th 2016 Student Holiday/Teach	ner Workday	
Monday October 17 th 2016 Begin 2 nd marking peri	od	
	ner Professional Day/Teacher Non-	
workday workday		
W-F November 23 rd -25 th Thanksgiving Break		
2016		
Friday December 16 th 2016 End of 2 nd marking per	riod (41 Days)	
December 19 th January 2 nd Winter Break		
Tuesday January 3 rd 2017 Student holiday/Teach	ner Workday	
Wednesday January 4 th Students Return/ Begi	Students Return/ Begin 3 rd -marking period	
2017		
Monday January 16 th 2017 Martin Luther King, JR	Holiday(School and District offices are	
closed)	, ,	
Monday February 20 th 2017 President's Day Holida	y (Schools are closed. District Offices	
are closed)		
Thursday March 16 th 2017 End of 3 rd marking per	iod(50 Days)	
Friday March 17 th 2017 Student Holiday/Teach	ner workday	
March 20 th -24 th 2017 Spring Break(Schools a	are closed, district offices are open)	
Monday March 27 th 2016 Begin 4th marking per	iod	
Friday April 28 th 2017 Student Holiday/ Teac	her non-workday	
Monday May 29 th 2017 Memorial Day Holiday	(School and District Offices are closed)	
Wednesday May 31 st 2017 End of 4 th marking per	iod. Last Day of School for students	
June 1 st -June 2 nd 2017 Post-planning for teac	hers	

Attendance Report

Below you find the attendance percentages broken down by grade level from January 4th until February 15th 2017. I would like to congratulate the Middle School grade levels and freshmen and sophomore class for having the highest percentage of student's in attendance. Keep up the great work everyone; we cannot wait to see these numbers increase!

6th Grade

94%

7th Grade

95%

8th Grade

95%

9th Grade

95%

10th Grade

95%

11th Grade

93%

12th Grade

84%

attendance MARS MARS

OSS Key Club Inducts New Members & Officers

On Wednesday, February 22nd the OSS Key Club inducted their new Officers & members! This is the first school year that OSS has had a Key Club & it has been very successful! The slate for new officers for the 2017-2018 school year are as follows:

o **President:** Nia J.

Vice President: Christina N.

Secretary: Hanna Y.Treasurer: Jenny N.Editor: Xandra M.

Event Coordinator: Rebecca C.
 Membership Chair: Seejah S.
 Historian/Webmaster: Sarika N.

OSS Key Club also wishes to thank the Winter Park Kiwanis Club for generous donation to the club's DCON fund, without you our club's dreams of attending the District Convention would not have come true! If you are a high schooler & wish to join Key Club please contact Ms.

Dunbar.



OSS Students Advance To

American Invitational Math Examination (AIME)

The American Invitational Mathematics Examination (AIME) is a challenging exam offered for those who excelled on the AMC 10 or AMC 12 exams. The AIME is a 15 question, 3 hour examination; each answer is an integer number between 0 to 999. The questions on the AIME are much more difficult than those on the AMC 10 and AMC 12 competitions. Top scoring students on the AIME are invited to take the USAMO or USAJMO.

The United States of America Mathematical Olympiad (USAMO) and the United States of America Junior Mathematical Olympiad (USAJMO) are six question, two day, 9 hour essay/proof examinations. The top scoring AMC 12 participants (based on a combination of AMC 12 and AIME score) are invited to take the USAMO. The top scoring AMC 10 participants (based on a combination of AMC 10 and AIME score) are invited to take the USAJMO. U.S. citizens and students studying in the United States and Canada (with qualifying scores) are eligible to take the USAMO and USAJMO.

Congratulations to the following students who will advance to the AIME in May

Lance J., Esha R., Minh L.



Orange County History Fair Participants

The Orange County History Fair will be held at Lake Highland Middle School on March 4, 2017. A number of Orlando Science Schools' students will be attending this event in hopes of advancing to the state competition in May, 2017. What is National History Day? "National History Day is a year-long academic program focused on historical research, interpretation and creative expression for 6th- to 12th-grade students. By participating in NHD, students become writers, filmmakers, web designers, playwrights and artists as they create unique contemporary expressions of history. The experience culminates in a series of contests at the local and affiliate levels and an annual national competition in the nation's capital in June."

Best of luck to the following students:

- Alexis D.
- Alina J.
- Ameer R.
- Chinyere C.
- Colin F.
- Drew S.
- Hana Z.
- Liam O.
- Madison D.
- Monica J.
- Noah M.
- Pavan R.
- Rayyan E.
- Rushil R.
- Saniyah C.
- Tahmeed K.
- Veronica T.



Orange County History Fair Details

When: March 4, 2017

TIME: 8:30AM TO 2:00PM

JUDGING WILL BEGIN 9:30. JUDGING AND DELIBERATIONS SHOULD

END BY 1:00/2:00.

WHERE: LAKE HIGHLAND MIDDLE SCHOOL (741 N. MILLS AVENUE)
WE ARE LOCATED ON THE CORNER OF PARK LAKE STREET AND MILLS.

Food: Coffee, lunch and water will be provided.

Dress: Casual and classy

Students may enter the building at 815 to set up: Please bring own equipment and prepare to be interviewed by the judges

Questions: Email Mr. Kriebel:





Looking for Community Service Hours?

Do you need community service hours, if so then we have an event for you?

Join Junior Michael E. on March 11th 2017 at 9:30 am as he hosts his Eagle Project, "Feeding the World". This project will consist of packing 10,000 meals for those in need. If you are interested in this event please RSVP using the link below.

https://m.signupgenius.com/#!/showRSVPSignUp/30e084ba5a62ea2fb6-michael

This event will take place at 9:30am at Orlando Science Middle High and will end around 1:00-2:00PM!

We can't wait to see you there!





Club of the Week



Key Club is an international high school organization which is sponsored by Kiwanis International; OSS' sponsoring Kiwanis Club is Winter Park! We make it our mission to serve children all over the world. This is the first year that OSS has had a Key Club & we focus on feeding the hungry at Second Harvest food bank as well as making our school a better place! If you wish to join Key Club we meet every Wednesday during High School club time in room 150, if you would like more details please contact Ms. Dunbar.

Club Sponsor: Ms. Dunbar





12th Grade Students Only
Friday April 7th 2017
4:15PM-2:30AM (Subject to Change)
Universal Studios/Islands of Adventures

The "GradBash" Permission Slip may be found at the front desk. All permission slips and fees are due by March 27th 2017, there will be no exceptions.

If you have any questions please contact Mr. Jenkins.



8th Grade Students Only Friday May 12th 2017 4:15PM-12:30AM Universal Studios/Islands of Adventures

The "Gradventure" Permission Slip may be found at the front desk. All permission slips and fees are due by March 15th 2017, there will be no exceptions.

If you have any questions please contact Mrs. Frunker.

New Clubs Alert:

International Dance Club

We will focus on flamenco, Zumba, and various line dances as well as the basics of common ballroom dances.

Club Information:

- Begins Tuesday March 7th 2017 in RM 151 during club time.
- Club is open to both Middle and High School Students
- Club Sponsors: Ms. Piontkowski and Mrs. Harper



Please report to RM 151 during club time on Tuesday March 7th 2017 to receive more information and to sign up.

FACE PAINTING CLUB

Want to expand your creativity while bringing silliness and joy to yourself and others? Then we have the club for you! *Club Information:*

- Mondays 3-3:30.....Starting March 6th, 2017!
- Staff Sponsor: Ms. Estes
- Club Fee: \$20
- In the Cafeteria
- Use of Kryolan face paint
 - O Hypo-allergenic water based theatrical make-up
 - o Smudge proof
 - Easy blending
- Bring a positive attitude!



Gently Used Uniform Sale

Every Saturday from March 4th and March 11th 2017 9am-12pm * RM 140

Prices are as follows:

- Shirts-\$5
- Pants- \$5
- Shorts-\$4
- Skorts \$4
- Jackets \$10
- Sweatshirts \$8
- P.E. separates \$3 each or 2 for \$5



EXTRA, EXTRA

Orlando Science School Accreditation

Orlando Science School's plan to obtain accreditation is moving forward. A Readiness Visit was conducted by AdvancED to prepare the school's accreditation team.

Please view the link below for updates, links, and further information about Policies and Procedures of AdvanceD. Please also re-visit pages five through seven for more information regarding our parent/student surveys.

http://www.orlandoscience.org/advanced-accreditation/front-page/advanced-accreditation





Wednesday Pizza Day

We are pleased to announce that Pizza Day has returned to OSS Middle High. Students may bring \$5 on Wednesdays and receive two slices of pizza and a PowerAde during their scheduled lunches. Please note that OCPS provided lunches will still be offered if students choose to not purchase the \$5 pizza combo. Please also note that Pizza Day cannot be added to your student's lunch account, it is a separate cost.

Stay Connected

WITH WHAT'S HAPPENING AT OSS MIDDLE/HIGH ON SOCIAL MEDIA



FACEBOOK: https://www.facebook.com/orlandoscience

Our FACEBOOK page will provide you with the most up to date information regarding events, announcements and emergency information. Please LIKE our page to stay in the know!



TWITTER: https://twitter.com/OrlandoSciMH

Our TWITTER page will provide you with announcements regarding emergencies, events and other important information! Please FOLLOW us on Twitter.



YOUTUBE: https://www.youtube.com/user/orlandosciencesch

Our YOUTUBE PAGE will provide you with exciting videos of events our students have participated in as well as news stories OSS has been featured in.



March 5th-March 18th

James B.
Alexander D.
Trinity T.
Elijah L.
Shea H.

Catherine S.
Yasmeen H.
Justin L.
Seejah S.

Brianne O.
Ishaan P.
Kaaya S.
Rolanda P.
Nishi A.



Birthday Dress Down Approval Form

If your student is interested in dressing down for their birthday please stop by the front office fill out the proper form. Students are permitted to dress down on their birthday if their birthday falls on a weekday when school is in session or the Friday before if their birthday falls on a weekend. If their birthday falls over a scheduled break students are able to dress down the Friday before break begins and after their form is filled out and approved.

2016-2017 Yearbooks

The 2016-2017 Orlando Science Middle/High Yearbooks are now on sale! The current price for the year book is \$35 until March 6th 2017 after this date the price will increase to \$40. We are pleased to announce that there are two payment options you may use. One would be to complete the form attached to the bottom of this sheet with the exact payment amount attached and turn it in to Mrs. Foley. Payment may be made in cash, check, or money order; please make checks and money orders payable to Orlando Science. The other payment option would be to use the *School Pay* feature. If you have any questions please contact Mr. Lakner directly.



PLEASE RETURN TO OSS FRONT DESK BEFORE OR AFTER SCHOOL, ALONG WITH YOUR PAYMENT

MAKE ALL CHECKS AND MONEY ORDERS PAYABLE TO ORLANDO SCIENCE SCHOOLS

TODAY'S DATE:	NUMBER OF YEARB	OOKS ORDERING:	
STUDENT(S) NAME(S):			
HOMEROOM TEACHER(S):			
PAYMENT AMOUNT: \$			
PERSONALIZED COVER WITH STUDENT'S NAME (P	lease add \$3.00 for each b	oook) YES or NO	
METHOD OF PAYMENT: CASH	CHECK	MONEY ORDER	

Please provide exact payment, any questions may be emailed to Mr. Lakner.

SAT/ACT Dates



SAT DATES						
Test Date Normal Registration Late Registration Online Score Rele						
Oct 1 st 2016	Sept 1 st 2016	Sept 16 th 2016	Oct 20 th 2016			
Nov 5 th 2016	Oct 7 th 2016	Oct 21 st 2016	Nov 24 th 2016			
Dec 3 rd 2016	Nov 3 rd 2016	Nov 18 th 2016	Dec 22 nd 2016			
Jan 21 st 2017	Dec 21 st 2016	Jan 3 rd 2017	Feb 16 th 2017			
Mar 11 th 2017	Feb 10 th 2017	Feb 24 th 2017	Mar 30 th 2017			
May 6 th 2017	Apr 7 th 2017	Aprl 21 st 2017	May 25 th 2017			
Jun 3 rd 2017	May 9 th 2017	May 19 th 2017	Jun 22 nd 2017			



ACT DATES					
Test Date Deadline Late Deadline Score Release*					
Sept 10 th 2016	August 5 th 2016	August 19 th 2016	Sept 19 th , Oct 3 rd 2016		
Oct 22 nd 2016	Sept 16 th 2016	Sept 30 th 2016	Nov 8 th , Nov 15 th 2016		
Dec 10 th 2016	Nov 4 th 2016	Nov 8 th 2016	Dec 21 st 2016, Jan 4 th 2017		
Feb 11 th 2017**	Jan 13 th 2017	Jan 20 th 2017	Feb 21 st , Feb 28 th 2017		
Apr 8 th 2017	Mar 3 rd 2017	Mar 17 th 2017	Apr 26 th , May 10 th 2017		
June 10 th 2017	May 5 th 2017	May 19 th 2017	June 21 st , June 28 th 2017		

OSS Connect Mobile App

We have updated our Mobile App and will now use the Radix App, which can be found in both the iTunes Apple Store and Google Play Store. You may find the app using methods found below:

ITunes App Store

https://itunes.apple.com/us/app/radix-mobile/id1159005166?mt=8

Google Play Store

https://play.google.com/store/apps/details?id=com.radix.radixmobile

The links can also be found at the bottom of your connect page by the other social media links



Some of the new features on the updated app:

Push Notifications (When the assignments are graded. "Notify students" at the bottom of the grading screen must be checked)

Academic Calendar

Missing Assignments (shows the assignments that are marked missing by the teachers)

Conduct and Commendation log

Download course content to access offline

Take SBAs on mobile (Quizzes)

Play SCORM packages on and offline

Access the Glossary, Wiki, and Chat

Submit online assignments with attached files or text

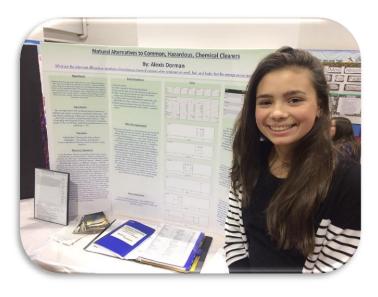




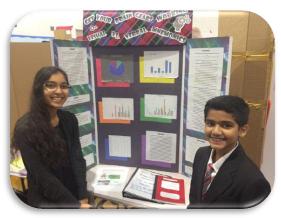


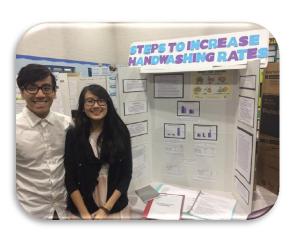
Last Thursday we had the award ceremony. Congratulations to everyone that participated this year in the regional science fair. A special congratulations goes to Salma B. for not only obtaining 1st place in her category but 1st place overall. She won best in fair for middle school life science. That means her project was the best life science project in all of the life sciences for the entire regional of OCPS! Very good job to her! Please congratulate her and wish her best of luck as she proceeds to the state competition on March $28th - 30^{th} 2017$.











STEM Awards

This past Monday we had our award ceremony for the various STEM Extracurricular that our school has done this past year. It includes: School and State Science Fair, Regional and Invitational Science Olympiad, the school STEM Art, and regional HOSA. Congratulations to everyone that participated this year in these competitive events. We look forward towards the high circuits: Science Olympiad State competition at UCF on March 25th, Science Fair State competition at the Lakeland Center March 28th – 30th, Broadcom Masters Science Fair, and the STEM Art Interscholastic competition. Congratulations to everyone you guys are truly awesome!







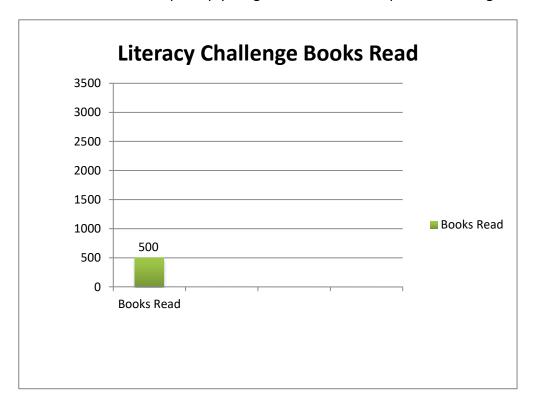
Science Olympiad

Last Saturday we had an invitation against our sister school, Seminole Science Charter. Congratulations to both of our teams as they placed 1st and 2nd overall! This competition is important as it is the last one before the big state competition at UCF. Our teams were tested for final placements. We look forward to great success at state on March 25th. Wish our teams' good luck!

2016-2017

Literacy Challenge

We are pleased to announce our 2016-2017 Literacy Challenge: 3500 books, read across the school, for a HUGE, school-wide celebration! Check out the display outside Ms. Stevens' room or check in with Ms. Smith in the Media Center to pick up your grade level book. Help us reach our goal!



Congratulations Drew M.

For turning in the 500th Book Slip for our literacy challenge

Most Books Read

Saad A. and Sana I.

Congratulations to the students mentioned above for checking out the most books during the Month of February , you will both receive your certificate during our annual semester award ceremony.

Congratulations

Abhinav D.

For winning the Barnes and Nobles Gift Card from our "Literacy Challenge" raffle, keep up the great work and keep reading!



Congratulations

SAIMA H.

For winning the AMC Movie Theatre Gift Card from our "Hat off to Reading" raffle on March 2nd 2017, keep up the great work and keep reading!







Student Resources

OSS Tutoring Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Science	History	Electives	Math	Language Arts
		No.	2	ANGINE ANGINE STRIS

Did you know each day of the week offers tutoring free of charge, in each of the subject areas listed above? This is a wonderful opportunity for student's to get extra help in subject areas they may have trouble in.

OSS students also have the opportunity to attend Saturday Leadership Academy every Saturday in order to prepare for the upcoming testing season. If you have any questions regarding Saturday Leadership Academy please contact Mr. Han.



Lunch Menu

Charter Hot School Menu

March MENU Lunch Fresh Fruit, Red/Orange, Dark Green, Legumes

Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereal Bars (1G) w/ Mozzarella Cheese Stick 6 0211 100% Apple Juice (% cup fruit) F0013 Pear Cup (% cup fruit) F0029	Assorted Yogurt cups with Assorted Granola Pack (Chocolate or Cinnamon) (2G) 100% Orange Juice (¾ cup fruit) F 0014 Whole Assorted Apple (½ Cup fruit) F 0001 - Golden; F 0002 - Granny; F 0003 - Red	Assorted Cereal (cups, Bowls, or Bars Must offer w/ Cheddar Cheese Stick) (2G) 100% Orange Juice (% cup fruit) F 0014 Banana (% cup fruit) F 0022	Bagel with Cream Cheese(2G) 0 0001 100 % Apple Juice (% cup fruit) F 0013 Orange Wedges (% cup fruit) F 0020	Assorted Pop-tarts (2 pack) (2G) p 0038; p 0039 Assorted Juice (% cup fruit) F 0013; F 0014 Applesauce (% cup fruit) F 0007
27	28	1 March	2	3
Breaded Chicken Leg Basket (complete meal) CH E 9194L Cole Slaw (1/2c. other) CH B 0050 Apple Juice (3/4 cup) CH F 0013	Fiesta Fajita Bowl w/peppers and onions over 1c Cilantro Lime Rice "(New recipe) CH E 0307L Pico de Gallo (1/2c, red/orange) CH B 0091 Lettuce & Tomato Salad CH B 0053 (1/2 c, other, % c, red/orange) Kiwi, Quarters (1/2c, Fruit) CH F 004	Cheeseburger/Hamburger CH E 0090L / CH E 0094L Vegetarian Beans (%c. legumes) B 0033 Carrot Dippers with Ranch (1/2c. red) CH B 0003 Pineapple Tidbits (1/2 Cup) CH F 0034	Popcorn Chicken Bowl CH E 0111L w/ Corn & Mashed Potatoes Dinner Roll CH D 0007 Tangerine (1/2c. fruit) CH F 0045	Beef Teriyaki Bowl with 1c. Lo Mein CH E 0096L/CH D 0021 Stir Fry Broccoli (1/2c. green) CH B 0023 Cauliflower (1/2c. other) CH B 0015 Mixed Fruit (ss) (1/2c. fruit) CH F 0031
6	7	8	9	10
Oven Roasted BBQ Chicken Legs CH E 0060L W/ 2 Dinner Rolls D 0006 BBQ Sidewinders (1/2 c starch) B 0229L Cole Slaw (1/2c. other) CH B 0050 Apple Juice (3/4 cup) CH F 0013	Buffalo Tacos CH E 0301L with 1/2 cup Cilantro Lime Rice CH D 0019 Pico de Gallo (1/2 red/Orange) CH B 0091 Lettuce & Tomato Salad (1/2 c. other, 1/2 c. red/orange)) CH B 0053 Orange Wedges (1/2 c. fruit) CH F 0020	Macaroni and Cheese with Chicken Nuggets CH E 0043L Steamed Broccoli (1/2 c Green) CH B 0020 Sweet Potato Waffle Fries (1/2c Red) CH B 0042 Pears(ss) (½c. fruit) CH F 0029	Homemade Cheese Pizza CH E 0131L *Curly Fries (1/2 c, starch)* (New recipe) CH B 0011 Parmesan Garlic Roasted Garbanzo (½ c legume) CH B 0062 Pineapple Tidbits (½c fruit) CH F 0034	Rotini with Meatballs and Garlic Toast (new recipe) CH E 0250L/CH D 0010 Fresh Green Beans (1/2c Other) CH B 0019 Sweet Plantains (1/2 c Starch) CH B 0109 Orange Wedges (½ c. fruit) CH F 0020 Peaches (ss) (½c. fruit) CH F 0024

2/8/2017 2:12 PM Fresh Fruit, VEGETABLES Red/Orange, Dark Green, Other, Legume (C) Canned Fruit (SS) Shelf Stable G= Whole Grain Equivalent M/MA = Meat/Meat Alternates