

# OCPS Hot Charter School Breakfast & Lunch Menu August 2024

An assortment of milk is offered daily to include 1% low-fat white milk, and flavored skim varieties. One juice per meal on featured days.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	WGR Assorted Cereal Bars (2G), IW <b>CH D 0020/ CH D 0027A</b> OR WGR Beef Maple Sausage Sandwich, IW (2G) <b>CH E 0025B</b>  100% Fruit Juice Blend (½c. juice) <b>CH F 0012</b> Applesauce (½c. fruit) <b>CH F 0007</b> Assorted Milk	WGR Cinnamon or Strawberry Pop-tarts, IW (2G) <b>CH D 0041/ CH D 0040</b> OR WGR Pizza Bagels (2G) <b>CH E 0263L</b>  100% Apple Cherry Juice (½ c. fruit) <b>CH F 0016</b> Sliced Apples (½c. fruit) <b>CH F 0004</b> Assorted Milk	Yogurt Cup w/ WGR Chocolate Granola (2G) <b>CH E 0010B</b> OR WGR Chicken Biscuit, IW (2G) <b>CH E 0298L</b>  100% Apple Juice (½ c. juice) <b>CH F 0010</b> Strawberry Cup (½c. fruit) <b>CH F 0027</b> Assorted Milk	WGR Banana Bread Slice, IW (2G) <b>CH D 0030</b> OR WGR Egg & Cheese Sandwich, IW (2G) <b>CH E 0297L</b>  Peaches (½c. fruit) <b>CH F 0026</b> 100% Apple Cherry Juice (½ c. fruit) <b>CH F 0016</b> Assorted Milk	WGR Donut Holes, IW (2G) <b>CH D 0106</b> OR WGR Cinnamon Bun, IW (2G) <b>E 0007B</b>  100% Fruit Juice Blend (½ cup juice) <b>CH F 0012</b> Orange Wedges (½c. fruit) <b>CH F 0020</b> Assorted Milk
	12 – <i>First Day of School</i>	13	14	15	16
<b>W1</b>	Chicken Wings (2M) <b>E 0224L</b> <b>WGR Blueberry Mini Loaf</b> (1G) <b>D 0042 – K8 Only</b>  Chicken Wings (2M) <b>E 0223L</b> <b>Southern Biscuit</b> (2G) <b>D 0049 –</b> <b>HS Only</b>  <b>Sweet Potato Waffles</b> (½ c. red/orange) <b>CH B 0042</b> <b>Cool Rips, Tropical Trio or Berry,</b> <b>Berry Blue</b> (½ c. other juice) <b>CH F 0048/ CH F 0018</b> <b>Strawberry Cup</b> (½ c.) <b>CH F 0027</b> <b>Peach Cup</b> (½ c. fruit) <b>CH F 0025</b>  Assorted Milk <b>CH M 0001, CH M 0002,</b> <b>CH M 0003, CH M 0004</b>	WGR Homemade Cheese Pizza Slice (2M,2G) <b>CH E 0062L</b>  <b>Italian Blend Vegetables</b> (½ c. other) <b>CH B 0001</b> <b>Steamed Corn</b> (½ c. starch) <b>CH B 0034</b>  <b>Whole Apple</b> (½ c. fruit) <b>CH F 0003/ CH F 0001</b> <b>Assorted Juice</b> (½ c. fruit juice) <b>CH F 0010, CH F 0016, CH F 0012</b>  Assorted Milk <b>CH M 0001, CH M 0002,</b> <b>CH M 0003, CH M 0004</b>	Herb Roasted Chicken Thigh (2M,) <b>CH E 0650L</b> <b>WGR Brazilian Sweet Bun</b> (1G) - <b>CH D 0090 – K8 Only</b> <b>WGR Brazilian Sweet Buns</b> (2G) - <b>CH D 0057 – HS Only</b>  <b>Garlic Spinach</b> (½ c. green) <b>CH B 0014</b> <b>Garbanzo Bean Salad</b> (½ c. legume) <b>CH B 0100</b>  <b>Frozen Peaches</b> (½ c. fruit) <b>CH F 0026</b> <b>Applesauce</b> (½c. fruit) <b>CH F 0007</b>  Assorted Milk <b>CH M 0001, CH M 0002,</b> <b>CH M 0003, CH M 0004</b>	Chicken Tenders (2M,1G) <b>E 0061L – K8 Only</b>  Chicken Tenders served with <b>WGR</b> <b>Dinner Roll</b> (2M,3G) <b>E 0103L - HS</b>  <b>Carrot Dippers</b> w/ Ranch (½ c. red/orange) <b>CH B 0005</b> <b>Roasted Broccoli &amp; Cauliflower</b> (½c. other) <b>CH B 0074</b>  <b>Banana</b> (½ c. fruit) <b>CH F 0022</b> <b>Assorted Juice</b> (½ c. fruit juice) <b>CH F 0016, CH F 0012, CH F 0010</b>  Assorted Milk <b>CH M 0001, CH M 0002,</b> <b>CH M 0003, CH M 0004</b>	WGR Garlic French Bread Pizza (2M,2G) <b>E 0130L</b>  <b>Marinara Dipping Sauce</b> (½c. red/orange) <b>CH B 0037</b> <b>Coleslaw</b> (½ c. other) <b>CH B 0050</b>  <b>Apple Slices</b> (½c. fruit) <b>CH F 0004</b> <b>Diced Pears</b> (½ c. fruit) <b>CH F 0029</b>  Assorted Milk <b>CH M 0001, CH M 0002,</b> <b>CH M 0003, CH M 0004</b>
	19	20	21	22	23
<b>W2</b>	WGR Chicken Sandwich (2M,3G) <b>CH E 0041L</b>  <b>Roasted Carrots</b> (½c. red/orange) <b>CH B 0126</b> <b>Green Beans</b> (½ c. other) <b>CH B 0017</b>  <b>Assorted Juice</b> (½ c. fruit juice) <b>CH F 0010, CH F 0016, CH F 0012</b> <b>Watermelon Raisels</b> (½ c. fruit) <b>CH F 0028</b>	WGR Cheese Pizza Rippers (2M, 2.25G) <b>CH E 0333L</b>  <b>Marinara Dipping Sauce</b> (½c. red/orange) <b>CH B 0037</b> <b>Lettuce &amp; Tomato Cup</b> <b>CH B 0053</b> (½ c. other, ¼ c. red/orange) w/ Ranch/ <b>CH C 0014</b>  <b>Peach Cup</b> (½ c. fruit) <b>CH F 0025</b> <b>Sliced Apples</b> (½ c. fruit) <b>CH F 0004</b>  Assorted Milk	Sofrito Drumstick (2M) <b>CH E 0308L</b> <b>WGR Dinner Roll</b> (2G) <b>CH D 0007</b>  1c. <b>Black Beans &amp; Corn</b> Salsa (½ c. legume, ½ c. starchy) <b>CH B 0036</b>  <b>Tangerine</b> (½c. fruit) <b>CH F 0045</b> <b>Assorted Juice</b> (½ c. fruit juice) <b>CH F 0010, CH F 0016, CH F 0012</b>  Assorted Milk <b>CH M 0001, CH M 0002,</b> <b>CH M 0003, CH M 0004</b>	WGR Hamburger/Cheeseburger (2.5M, 2G) <b>CH E 0094L/ CH E 0090L</b>  <b>Steamed Broccoli</b> (½ c. green) <b>CH B 0060</b> <b>Tator Tots</b> (½c.) <b>CH B 0123</b>  <b>Diced Pears</b> (½ c. fruit) <b>CH F 0029</b> <b>Banana</b> (½c. fruit) <b>CH F 0022</b>  Assorted Milk <b>CH M 0001, CH M 0002,</b>	WGR Asian Tangerine Chicken (2M, 0.5G) <b>CH E 0139L</b> ½ c. <b>Fried Rice</b> (1G) <b>CH D 0117 – K8</b> 1c. <b>Brown Fried Rice</b> (2G) <b>CH D 0118 – HS Only</b>  <b>Asian Carrot Slaw</b> (½ c. red/orange) <b>CH B 0241</b> <b>100% Mango Splash Vegetable</b> <b>Juice</b> (½ c. other juice) <b>CH F 0013</b> <b>Frozen Peaches</b> (½c. fruit) <b>CH F 0026</b> <b>Applesauce</b> (½ c. fruit) <b>CH F 0007</b>

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This institution is an equal opportunity provider.

# OCPS Hot Charter School Breakfast & Lunch Menu August 2024

An assortment of milk is offered daily to include 1% low-fat white milk, and flavored skim varieties. One juice per meal on featured days.

	Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	CH M 0001, CH M 0002, CH M 0003, CH M 0004		CH M 0003, CH M 0004	Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004
	26	27	28	29	30
<b>W3</b>	WGR Garlic French Bread Pizza (2M,2G) <b>CH E 0130L – K8 Only</b>  Twisted French Bread Pizza (2M,2G) <b>CH E 0134L – HS Only</b>  <b>Marinara Dipping Sauce</b> (½c. red/orange) <b>CH B 0037</b> Cool Tropics Rips, Tropical Trio or Berry, Berry Blue (½c. other juice) <b>CH F 0048/ CH F 0018</b>  <b>Peaches (½ c. fruit) CH F 0025</b> <b>Strawberry Cup (½ c. fruit) CH F 0027</b>  Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	Beef Nachos w/ Cheese Sauce & <b>WGR Corn Tortilla Chips</b> CH E 00190L (1.75M, 2G) – <b>K8 Only</b>  Beef Nachos w/ Cheese Sauce & <b>WGR Corn Tortilla Chips</b> (2.5M, 2G) <b>CH E 00189L – HS Only</b>  <b>Salsa Dipping Cup</b> (½c. red/orange) <b>CH B 0072</b> <b>Steamed Corn (½ c. starch) CH B 0034</b>  <b>Whole Apple (½c. fruit) CH F 0003/ CH F 0001</b> <b>Assorted Juice (½c. fruit juice) CH F 0016, CH F 0012, CH F 0010</b>  Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	Hot Dog on <b>WGR Bun</b> (2M, 2G) <b>CH E 0363L/CH E0060L</b> <b>WGR Honey Scooby Grahams (1G) CH D 0202 – HS only</b>  <b>Garbanzo Bean Salad (½ c. legume) CH B 0100</b> <b>Garlic Spinach (½c. green) CH B 0014</b>  <b>Peaches (½c. fruit) CH F 0026</b> <b>Applesauce Cup (½ c. fruit) CH F 0007</b>  Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	Chicken Nuggets (2M,1G) <b>E 0055L - K8 Only</b>  WGR Chicken Sandwich (2M,3G) <b>CH E 0041L – HS Only</b>  <b>Carrot Dippers</b> w/ Ranch (½ c. red/orange) <b>CH B 0005</b> <b>Roasted Broccoli &amp; Cauliflower (½c. other) CH B 0074</b>  <b>Banana (½c. fruit) CH F 0022</b> <b>Assorted Juice (½c. fruit juice) CH F 0016, CH F 0012, CH F 0010</b>  Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	WGR 6" Personal Pan Pizza (2M,2G) <b>CH E 0495</b>  <b>Italian Blend Vegetables (½ c. other) CH B 0001</b> <b>Coleslaw (½ c. other) CH B 0050</b>  <b>Apple Slices (½ c. fruit) CH F 0004</b> <b>Diced Pears (½ c. fruit) CH F 0029</b>  Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004

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\*ES – Elementary School, MS – Middle School, HS – High School: All menus must provide 1 c. vegetables daily. HS menus must provide both fruit options; K-8 may offer only one fruit choice at lunch. At breakfast, both fruit options must be provided for all grade levels.