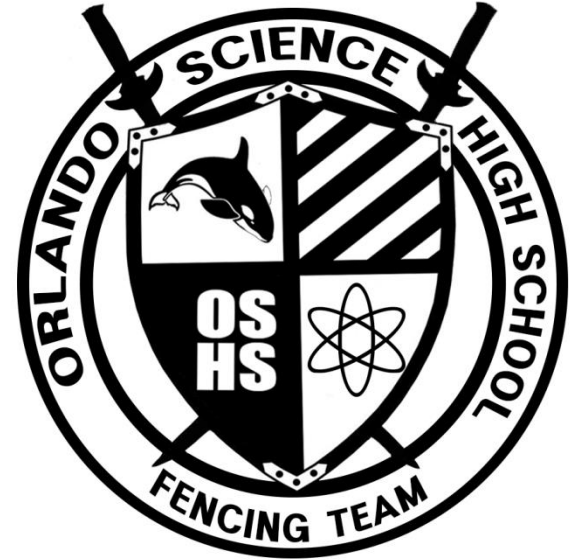
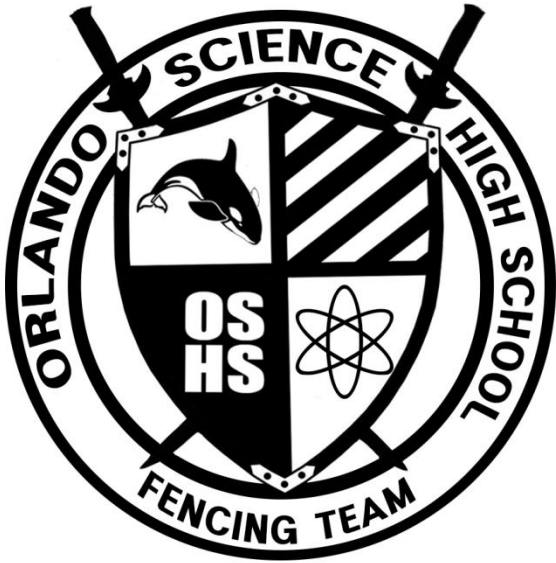


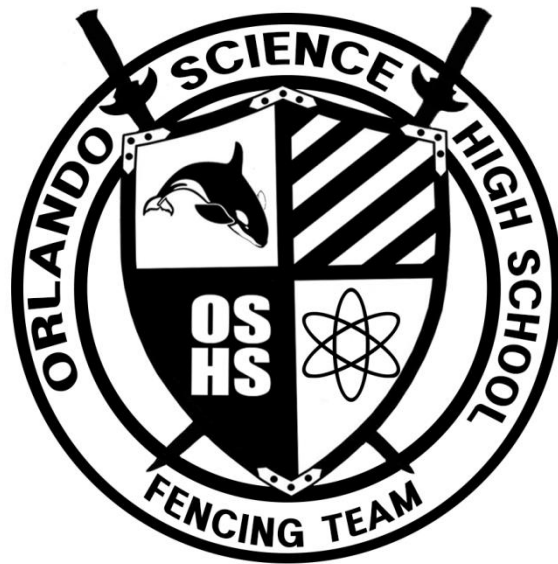
**Orlando Science HS
Fencing Team
Presents**

The Night Of Fencing



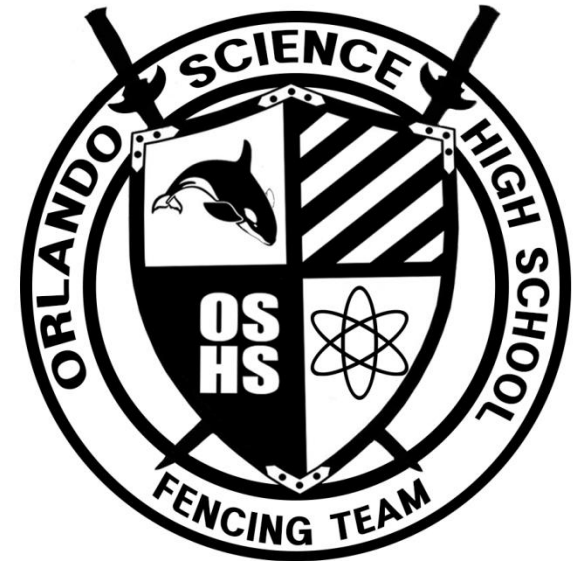
Mission Statement

- To produce student athletes with integrity, confidence and outstanding sportsmanship who have clear vision towards to Nation's top University and College with Fencing Teams



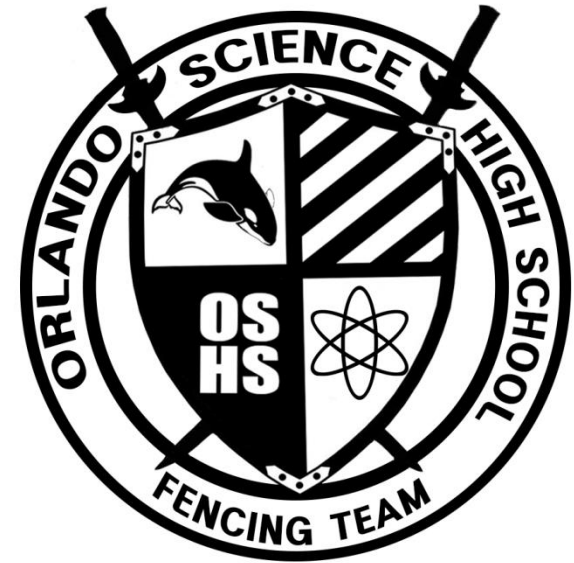
Team Breakdown

- Varsity Team
 - High School
 - 10 members (2 from other school)
 - 9th ~ 12th
- Club Team
 - Middle and Elementary School
 - 6 members (1 from other school)
 - 6th ~ 8th
 - Will be qualify to join varsity team



Why Fencing?

- It's a mental sports
 - "Chess with swords"
- Teaches discipline(physical and mental)
- Great sports for both boys and girls
- Olympic Sports
- Big in college
- Scholarship Opportunities
 - Harvard, MIT, Brandeis, Tufts, Wellesley, Columbia, Cornell, Yale, Brown, Rutgers, Princeton, Case Western Reserve, Notre Dame, Northwestern, Stanford, and UC San Diego.



NCAA National Ranking 2017 (Men's)

RANK	SCHOOL	RECORD	POINTS	PREVIOUS
1	Columbia (3)	25-6	141	3
2	Ohio State (5)	17-3	135	1
2	Notre Dame (2)	24-8	135	4
4	Pennsylvania	26-5	113	4
5	Princeton	23-7	111	6
6	Penn State	26-5	100	2
7	St. John's	11-8	93	7
8	Harvard	10-9	82	8
9	Duke	18-6	62	9
9	NYU	17-8	62	10

6 Ivy League schools
3 Top 25 schools

Also Receiving Votes - Stanford (58), Yale (44), NJIT (24), North Carolina (15), Boston College (8), Brandeis (6), UC San Diego (5), Brown (3), Wayne State (2).

NCAA National Ranking 2017 (Women's)

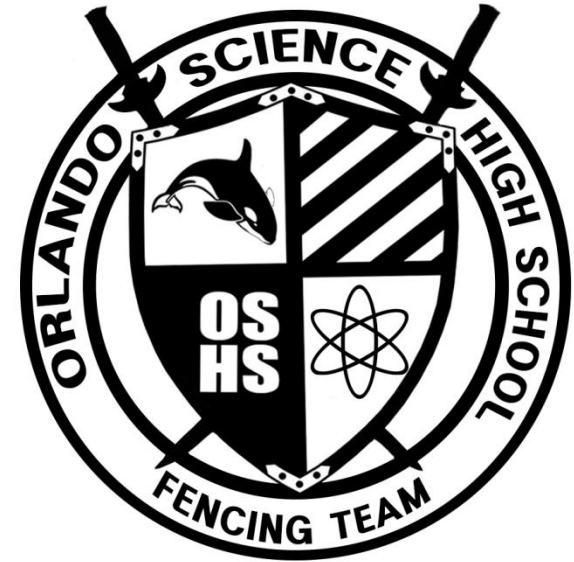
RANK	SCHOOL	RECORD	POINTS	PREVIOUS
1	Notre Dame (5)	29-4	143	3
1	Columbia (3)	32-2	143	2
3	Princeton (2)	32-2	130	1
4	Penn State	27-8	113	4
5	Ohio State	6-12	105	7
6	Pennsylvania	26-8	99	5
7	Harvard	14-8	98	9
8	Temple	39-4	67	6
8	St. John's	6-13	67	NR
10	Yale	12-13	54	NR

6 Ivy League schools
4 Top 25 schools

Also Receiving Votes - Northwestern (51), Duke (44), Cornell (29), Stanford (26), Wayne State (15), North Carolina (6), NYU (5), Boston College (2), UC San Diego (1).

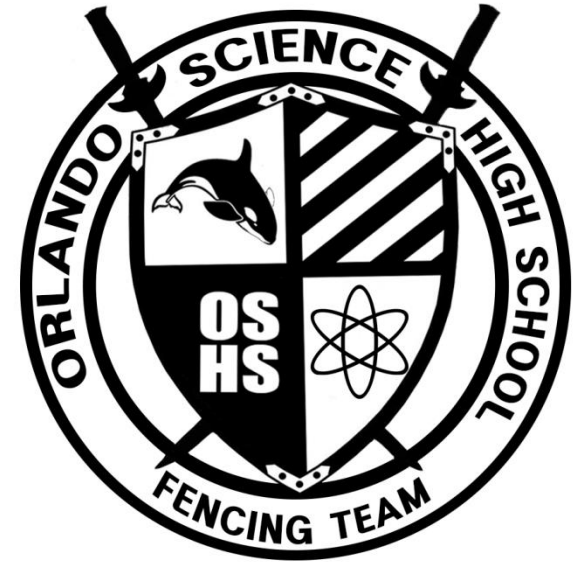
Notable Colleges with Fencing Team

- California Institute of Technology
- Stanford University
- U.S. Air Force Academy
- Yale University
- Northwestern University
- University of Notre Dame
- Boston College
- Brandeis University



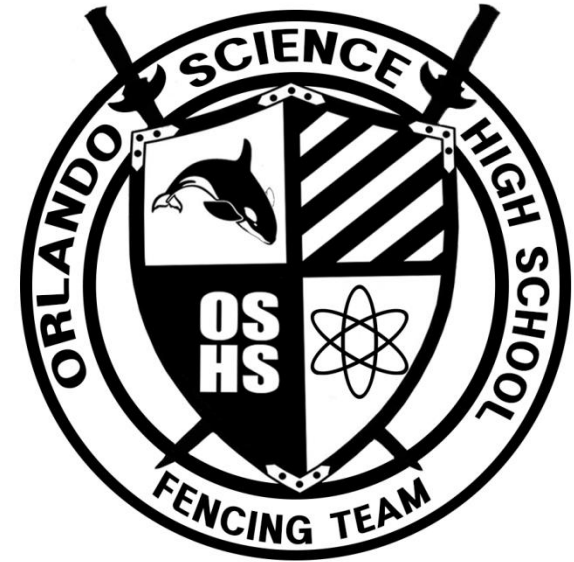
Notable Colleges with Fencing Team

- Harvard University
- Massachusetts Institute of Technology
- Tufts University
- Wellesley College
- Johns Hopkins University
- Duke University
- University of North Carolina
- Princeton University



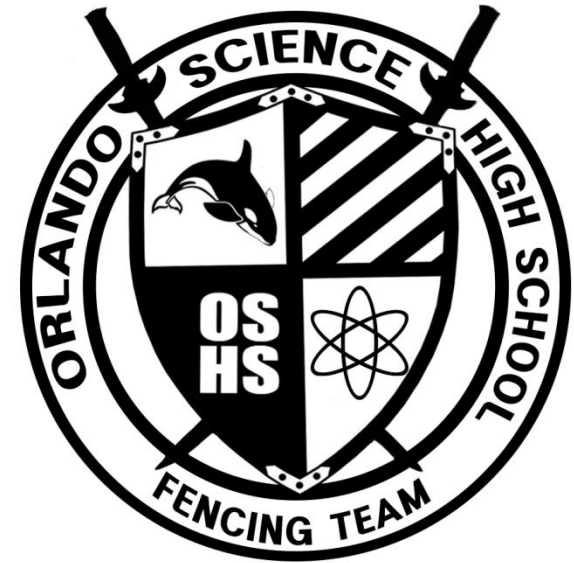
Notable Colleges with Fencing Team

- Columbia University
- Cornell University
- New York University
- Lafayette College
- University of Pennsylvania
- Brown University



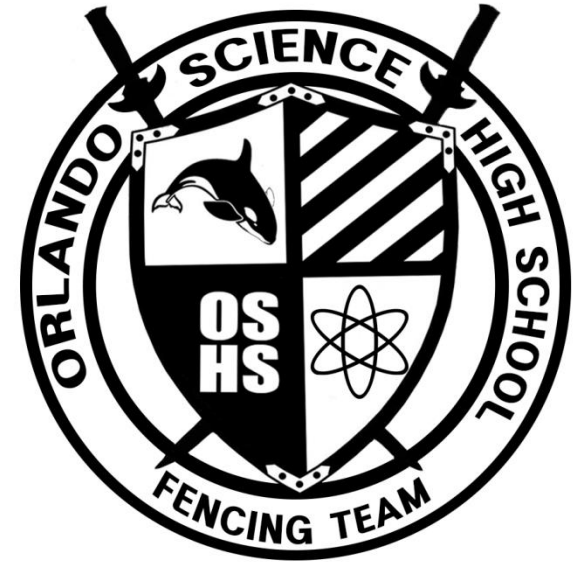
What is Fencing?

- The art of attack and defense using a sword
- It is a graceful, fast-moving, exciting sport, and a great workout for both body and mind
- It develops agility, concentration, speed, and timing

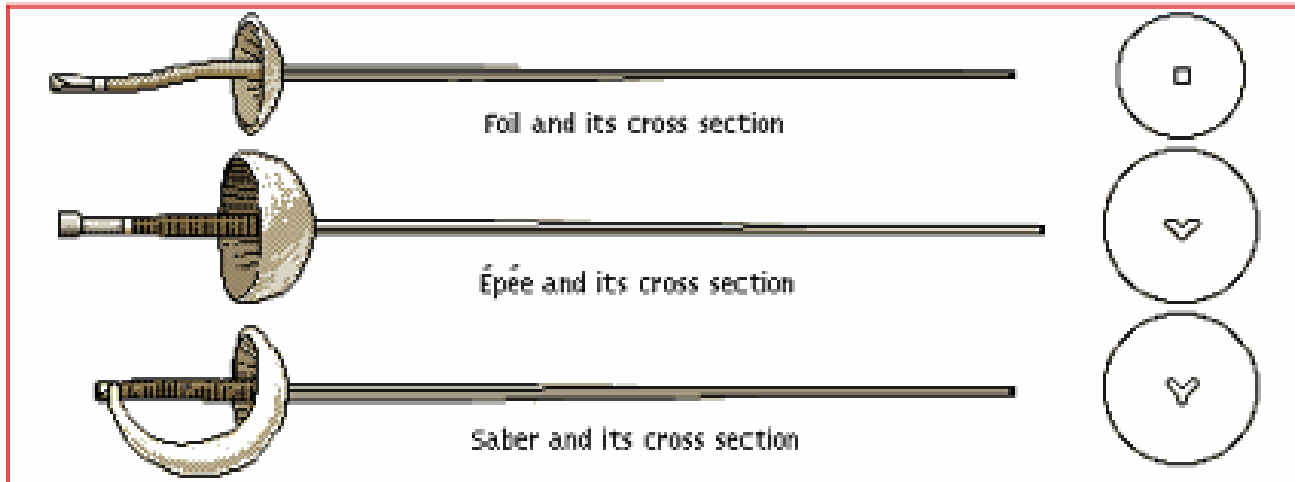
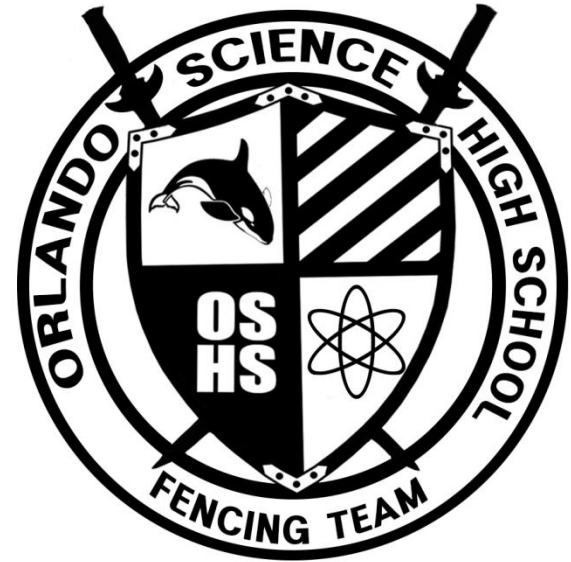
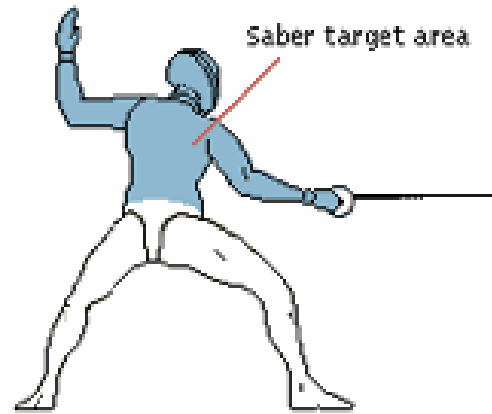
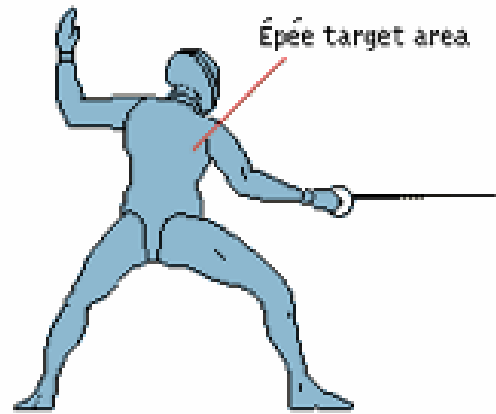
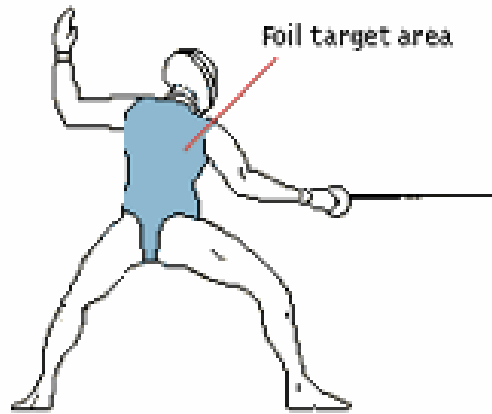


Types of Fencing




- Foil
 - A flexible rectangular blade, approximately 35 inches in length, weighing less than one pound
- Epee
 - Similar in length to the foil, but is heavier, weighing approximately 27 ounces, with a larger guard (to protect the hand from a valid hit) and a much stiffer blade
- Sabre
 - Similar in length and weight to the foil. The major difference is that the saber is a thrusting weapon as well as a cutting weapon (use of the blade).

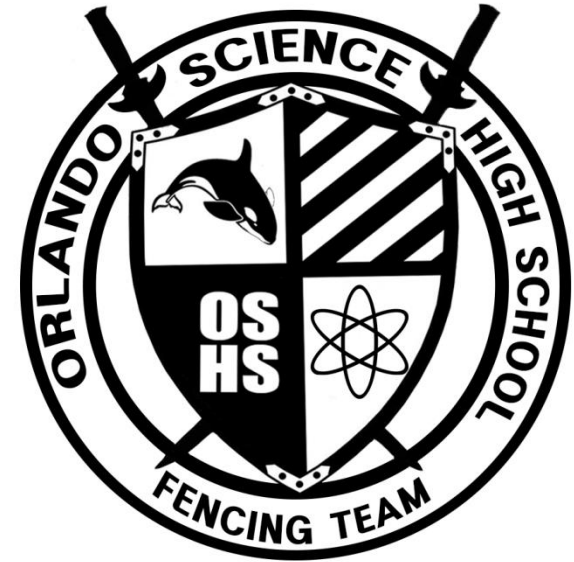


Types of Fencing



Types of Fencing

		Foil	Epee	Saber
Target:	Torso	Yes	Yes	Yes (waist up)
	Head & Arms	no	Yes	Yes
	Legs	no	Yes	no
Point:	Touch	Yes	Yes	Yes
	Cut/Slash	no	no	Yes
	'Right of Way'	Yes	no	Yes
				



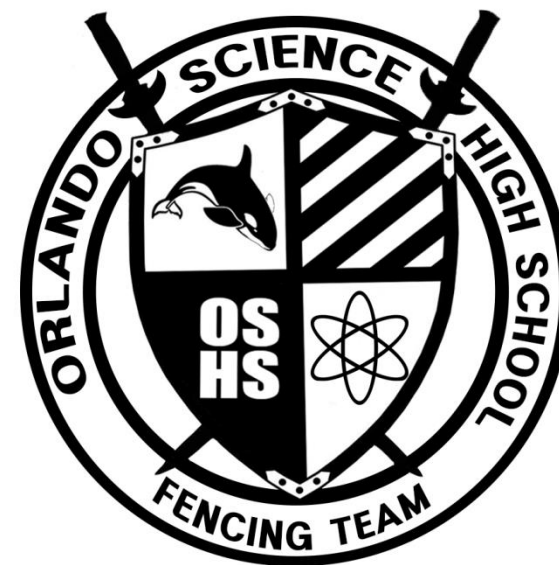
Grip

- French
- Belgium aka "Pistol"



We are using...

- Foil
 - More delicate
 - Easier to learn
- French Grip
 - More difficult to handle
 - Easier transition to "Pistol" grip



US Fencing Association

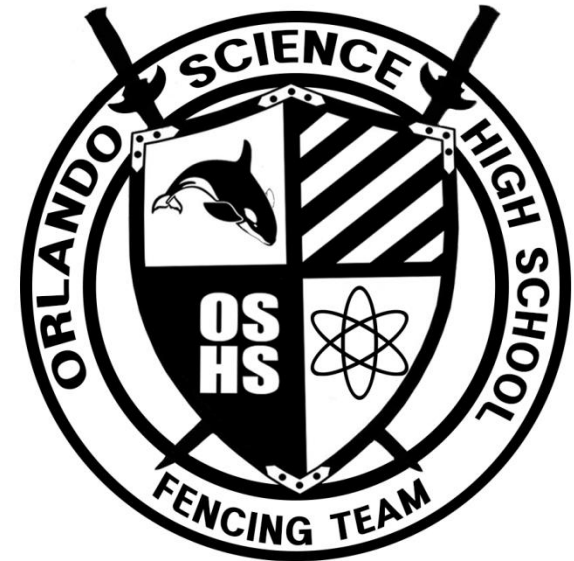
- Registered as a High School Team
 - The only High School Team in FL
 - All of varsity members are registered as High School Member
 - All of starters are registered as Competitive Member
- Region: 6 (129 Teams)
- Division: Central Florida (12 Teams)
- Other Division in FL: Gateway Florida (9 Teams), Gold Coast Florida (9 Teams)



USA
FENCING

Practice Overview

- After the clubs on Weds and Fri at 4 PM
- Lasted 2 hours
- Physical Conditionings
 - Running
 - Stretching
- Repetitive basic Fencing Drills
 - Foot work
 - Blade work
 - Combination
- Started to practice Fencing Bout in Dec

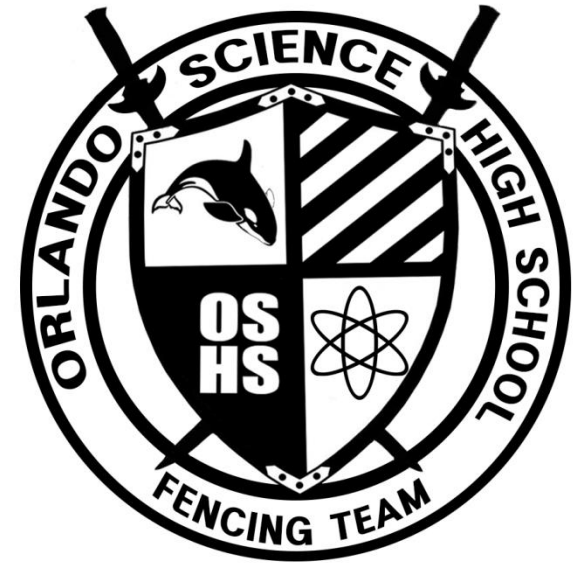


Demo Part 1

- Foot work
- Blade work (Offensive)
- Blade work (Defensive)
- Combination

Connor

Rachael, Savita, Dev, Justin, Tyler, Leo



Demo Part 2

- Assault

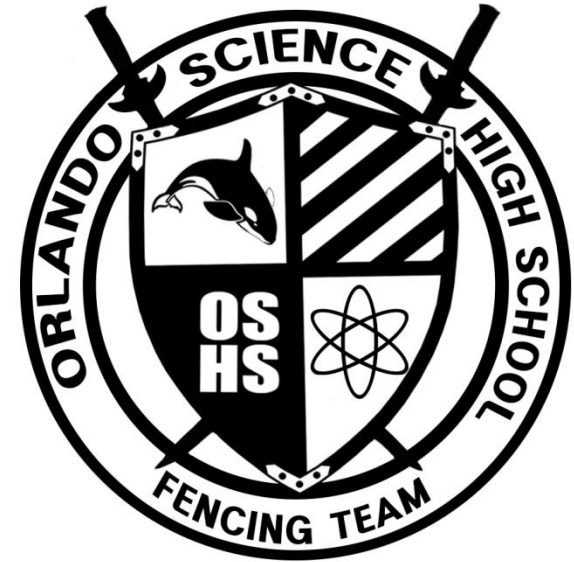
Alex, Jaehyun, Misha, Collin

- Bout

Alex vs. Jaehyun

Misha vs. Collin

Tylor vs. Leo



USFA Recognitions

- All-Academic Team
 - First All-Academic Team
 - Second All-Academic Team
 - Honorable Mention Team
- All-American Team
 - 1st Team USA Fencing All-American
 - 2nd Team USA Fencing All-American
 - Honorable Mention Team USA Fencing All-American



USA
FENCING

USFA Recognitions by number (2016~17)

- All-Academic Team
 - By Nationally: 466
 - By State (FL): 11
 - By Division (Central Florida): 4
- All-American Team
 - By Nationally: 321
 - By State (FL): 11
 - By Division (Central Florida): 4



Both All-Academic Team Members and All-American Team Members will be recognized at USA Fencing National Championships in July

All American Selections will receive Certificates of achievement and recognition in USA Fencing communications. All American Team members can promote their accomplishment on college applications and personal resumes

USFA Qualification

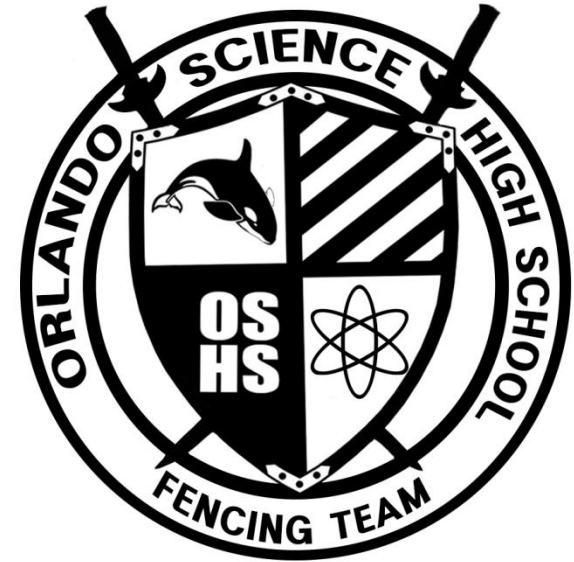
- All-Academic Team
 - Must be a current USA Fencing Competitive, Professional or High School Member
 - Active member of a team/club
 - High GPA
 - In addition to GPA, letters of recommendation and class rank (where applicable) are reviewed
- All-American Team
 - Must be a current USA Fencing Competitive, Professional or High School Member
 - Must be in 9-12th grade at a secondary school or in a homeschool program. No post-graduate fencers were considered
 - Must have earned an "E" rating or higher in the current fencing season. (After August 1, 2017)
 - Must be in good academic standing at their school, and
 - Must have displayed exceptional character as an athlete, a student, and a community member.



USA
FENCING

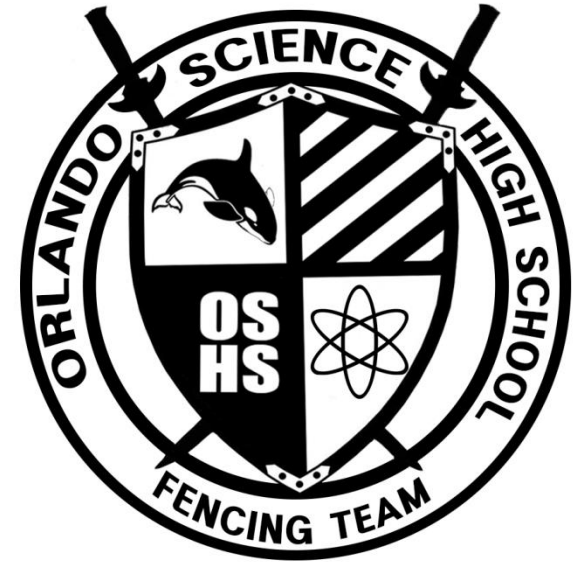
School Qualification

- Class average of 90 or above
- GPA of 3.7 or above
- Training Attendance
- Sportsmanship
- Training Attitude
- Recommendation from all the teachers
- No out of school suspension
- Good discipline records
- Final decision will be made by the committee



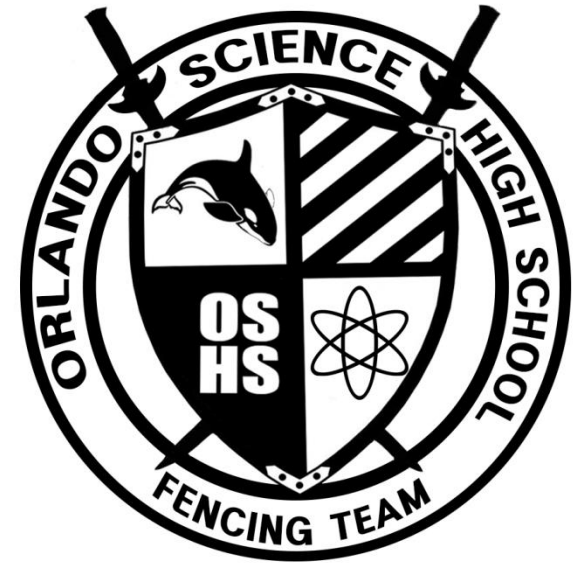
Middle School Fencing Club

- Schedule
 - Wednesday TBD
 - Friday 2:30 ~ 3:30
- Location
 - OSS Main Campus (Gym)
- Limit to 8 students
- Equipment Fee
 - \$133.00 for boy
 - \$154.50 for girl



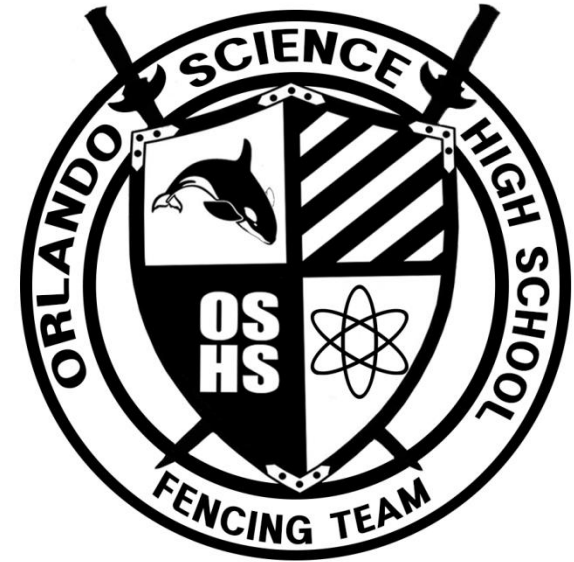
Team Recognition

- Team Starters
- Team Captain



Competition Schedule

- River City Duel 'Til You Drop 2018
 - Clay County Fairgrounds: Green Cove Springs, FL
 - Div3 Senior Mixed Foil Sat 01/20
reg close: 12:00PM E1
- 52nd Annual Green Gator (Sanctioned Event)
 - Southwest Recreation Center: Gainesville, FL
 - Div2 Mixed Foil Sat 02/03 reg close: 1:30PM C2
- USF Papa Ryan's Birthday Bash 2018
 - USF Campus Rec: Tampa, FL
 - Div2 Senior Mixed Foil Sat 02/10 reg close: 1:30PM C1



School sponsored tournaments

- OSS Tournament
 - Will be scheduled in sometime in March
 - Rating are given to the high school varsity players only
 - None varsity players can participate
- OSS Invitational
 - Will be scheduled sometime in May before the summer break
 - Will be posted as open event for other fencers to participate
 - Planning to have High School Fencers only

Thank you and Go Fighting Orkka!!

Any Questions or Comments

