



THE TECHNOLOGY CAMPUS CHRONICLE

Vol. 1—No. 5

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Principal's Corner

Dear OSS Technology
Campus Family Members,

Thank you all for joining us during our Curriculum Nights held this past week. We had an amazing turn out, and are excited to have such a wonderful academic year planned!

Parent-Teacher Conferences will be taking place next week. They are divided by grade level. They will be held from 4:30 to 7:30 pm. This is an opportunity for one on one time with your student's teachers. We are nearing the date of our PVO organized Fall Festival! These parents have been working diligently to ensure that we all have a fantastic time this October. See Page 5 for more details. For more of our many upcoming events, please see Page 6.

We want to wish all of our families a restful weekend, and look forward to the week to come.

Sincerely,

Michael Singleton

***“Difficult
doesn't
mean im-
possible.
It simply
means
that you
have to
work
hard.”***

-Unknown

Student Pick-Up and Drop-Off Information

Hopefully you have seen some improvements to our Pick-Up and Drop-Off process throughout this first week. We are aware of your frustrations, and have taken your suggestions seriously. We appreciate your patience and understanding during this time, and are actively working on our plan's efficiency.

Quick Reminders!

Pick-Up should not arrive on campus before the times shown below:

Grades K-5: 2:40 p.m.

Grades 6-7: 2:20 p.m.

Both Pick-Up and Drop-Off follow the same car loop shown below. Please remember that we are all in this together; kindness and respect are both important.

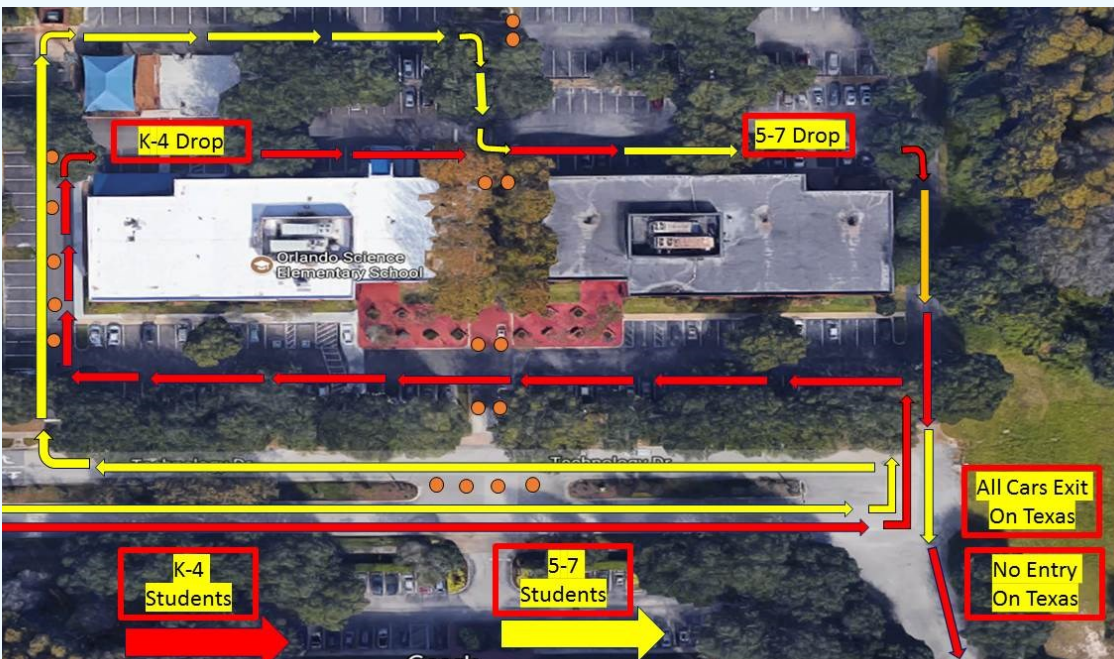
Students may be on campus without penalty until 4 p.m., you have the time range of 2:20 to 4 p.m. to pick up your student.

Students cannot be picked up from the Front Desk after 2 p.m. If you need to check you child out after this time arrangements must be made with Mr. Singleton directly. Students may not be checked out to avoid the carline.

Parents should not be coming to the Pick-Up Area holding signs out of their vehicles. Students are released directly to their vehicles. Parents that walk for Pick-Up will be directed to the Front Office.

We understand that the logistics are challenging right now, but if we all follow procedures accordingly some of the frustrations can be avoided. With team-work we can accomplish anything!

Below you will find the Car Loop layout, and guidelines:



Menus

The Technology Campus offers breakfast and lunch options for the students. These can be found monthly online at the below listed hyperlinks:

<http://ocpsmenus.com/menu/charter-schools/breakfast/>

<http://ocpsmenus.com/menu/charter-schools/lunch/>

Payments for lunch can be made in cash, or online through our School Pay system. School Pay is currently being updated with the student numbers for this year. If the system is currently not working for your student, the total invoice will be available once the online system is functioning properly.

More information about School Pay can be found on the following page.

The end of September/beginning of October Breakfast and Lunch Menus can be found below:

Hot Charter Breakfast and Lunch Menu September

	18	19	20	21	22
	Wk 3 Oven Roasted BBQ Chicken Legs CH E 0067L w/ Dinner Rolls CH D 0006/0007 Herb Roasted Deli Potatoes (%c. Starch) CH B 0048 Coleslaw (% c. other) CH B 0050 Orange Juice (%c. juice) CH F 0014 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	Nachos w/ Cheese CH E 0187L/CH E 0186L Pinto Bean Salsa (% c. Legume) CH B 0108 Lettuce & Tomato Salad (% c. red/orange) CH B 0053 Pineapple Tidbits (%c.fruit) CH F 0034 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	Macaroni and Cheese with Chicken Nuggets CH E 0043L/44L Broccoli (% c. Green) CH B 0020 Sweet Potato Waffle Fries (% c. red) CH B 0043 Grapes (% c. fruit) CH F 0021 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004 <i>*Elementary: Chicken Nuggets (5) w/ Dinner Roll(1) (no Mac & Cheese)</i>	Sliced Brown Turkey w/Gravy Bowl CH E 00342L 2 Dinner Rolls CH D 0006 Glazed Carrots (%c. red/orange) B 0010 Mashed Potatoes (% c. starch) CH B 0049 Orange Wedges (% c. fruit) CH F 0020 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004 <i>*Elementary: 2 slices Turkey w/sides (deconstruct bowl)</i>	Pizza Crunchers (4 each) w/ Marinara Sauce (% c. red/orange) (complete meal) CH E 0315S/ CH B 0090 Italian Blend Vegetables (% c. other) CH B 0001 Pear Cup SS (% c. fruit) CH F 0029 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004 <i>*Elementary: 3 Pizza Crunchers/svg</i>
	25	26	27	28	29
	Wk 1 (ne w) Spicy Ranch Boneless Wing Basket w/ Dinner Roll, Potato Smiles, & Dipping Sauce CH E 0362L Potato Smiles (%c. Starch) CH B 0046 California Blend Vegetables (% c. other) CH B 0027 Apple Juice (% c. juice) CH F 0013 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	BBQ Pork Sandwich on Pretzel Roll CH E 0368L Coleslaw (% c. other) CH B 0050 Vegetarian Beans (%c. legume) CH B 0033 Orange Wedges (% c. fruit) CH F 0020 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	Beef Hot Dog CH E 0363L Lettuce & Tomato Salad CH B 0053 (% c. other, % c. red/orange) CH B 0050 Sweet Potato Chunks w/Cinnamon & Brown Sugar (% c. red/orange) CH B 0037 Strawberry Cup (% c. fruit) CH F 0027 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	Chicken Florentine Pasta w/ Garlic Toast CH E 0227/CH D 0010 Garlic Spinach (% c. green) CH B 0014 Glazed Carrots (% c. red/orange) CH B 0010 Peach Cup SS (% c. fruit) CH F 0025 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	Tangerine Chicken w/ CH E 0113L w/ 1c. Lo Mein CH D 0021 Mixed Vegetables (% c. other) CH B 0025 Cauliflower (% c. other) CH B 0015 Mixed Fruit Cup SS (% c. fruit) CH F 0031 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004

2 Secondary must offer 2 WG equivalent grains and 2 meat/meat alternates daily. In addition, High Schools must offer 1 cup vegetables and 1 cup fruit daily.

7/27/2017 12:51 PM Fresh Fruit, VEGETABLES Red/Orange, Dark Green, Other, Legume, **(C) Canned Fruit (SS) Shelf Stable** G= Whole Grain Equivalent M/MA = Meat/Meat Alternates

Hot Charter Breakfast and Lunch Menu October

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
	Breakfast Assorted Cereal (Cups, Bowls, or Bars w/ cheddar Cheese Stick) CH F 0013 100% Apple Juice (% cup fruit) Pear Cup (% cup fruit) CH F 0029 Choice of Milk	Chocolate Chip Muffin CH E 0334B 100% Orange Juice (% cup fruit) CH F 0014 Mixed Fruit Cup (% cup fruit) CH F 0031 Choice of Milk	Bagel w/ Cream Cheese CH D 0001 100 % Apple Juice (% cup fruit) CH F 0013 Banana (% cup fruit) CH F 0022 Choice of Milk	Yogurt Parfait CH E 0028L 100% Orange Juice (% cup fruit) CH F 0014 Apple Slices (% c. fruit) CH F 0004 Choice of Milk	Assorted Pop-tarts; Cinnamon or Fudge (2 pack) (2G) CH D 0041; CH D 00201 Assorted Juice (% cup fruit) CH F 0013; CH F 0014 Frozen Strawberry Cup (% cup fruit) CH F 0027 Choice of Milk
	Wk 2 Breaded Chicken Leg Dinner Roll (s) CH D 0007, 0006 Mashed Potatoes w/ Gravy (% c. starch) CH B 0049 Green Beans (% c. other) CH B 0017 Cool Rips Juice (%c. juice) White Grape Punch/Concord Berry CH F 0053/0054 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	Hacienda Chicken Bowl CH E (2M, 2G) (New Menu) CH 0011L Cuban Black Beans (% c. legume) CH B 0070 Sweet Plantains (% c. starch) CH B 0109 Granny Smith Apple (% c. fruit) CH F 0002 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	Cheeseburger Meatloaf on Bun (2M, 2G) CH E 0370L Steamed Broccoli (% c. green) CH B 0020 Sweet Potato Waffle Fries (% c. red/orange) B 0042 Diced Peaches (% c. fruit) CH F 0025 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	Swedish Meatballs w/ 1c. Rotini (2M, 2G) CH E 0019L Garden Side Salad (% c. other, % c. red/orange) CH B 0055 California Blend Vegetables (% c. other) CH B 0027 Orange Wedges (%c. fruit) CH F 0020 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	Sriracha Honey Chicken CH E 0146L w/ 1c. Veg. Lo Mein Noodles CH D 0021 Steamed Carrots (% c. red/orange) CH B 0008 Peas & Carrots Vegetables (% c. other) CH B 0011 Peach Cup (% c. fruit) CH F 0025 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004
	9	10	11	12	13
	Wk 3 Pizza Rippers (new recipes) (2M, 2G) CH E 0333L Garbanzo Bean Salad (% c. legume) CH B 0100 Marinara Sauce (%c. red/orange) CH B 0090 Assorted Juice CH F 0013/ CH F 0014 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	Chicken Sandwich CH E 0041L Corn Salsa (% c. starch) CH B 0122 Lettuce & Tomato Salad CH B 0053 (% c. other, % c. red/orange) Assorted Whole Apples (% c. fruit) CH F 0001 – Golden; CH F 0002-Granny; CH F 0003 Red Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	Macaroni & Cheese w/ Chicken Nuggets CH E 0043L (2M, 2G) Steamed Broccoli (% c. green) CH B 0020 Sweet Potato Waffle Fries (% c. red/orange) CH B 0042 Grapes (% c. fruit) CH F 0021 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	Homemade Cheese/Pepperoni Pizza CH E 0131L / CH E 0132L Carrot Dippers w/ Ranch Dressing (% c. red/orange) CH B 0005 Curly Fries (% c. starch) CH B 0111 Mixed Fruit (% c. fruit) CH F 0031 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004	Bangkok Bowl (2M, 2G) CH E 0081LB Italian Blend Vegetables (% c. other) CH B 0001 Stir-Fry Green Beans (% c. other) CH B 0107 Pear Cup (% c. fruit) CH F 0029 Assorted Milk CH M 0001, CH M 0002, CH M 0003, CH M 0004

8/27/2017 4:36 PM Fresh Fruit, VEGETABLES Red/Orange, Dark Green, Other, Legume, **(C) Canned Fruit (SS) Shelf Stable** G= Whole Grain Equivalent M/MA = Meat/Meat Alternates

School Pay

Parents can now make online payments for most school expenses online with School Pay. Simply log into your secure online School Pay Parent Center account and pay for items including after school care fees, club fees, field trips, class fees, student fees and more.

The first step is creating your Parent Center Account at <https://www.schoolpay.com>. Please go to "Charter Schools" tab and then choose your school name as "Orlando Science Elementary School" to complete the steps for creating your parent account.

School Pay Features:

Online payment methods via VISA, MasterCard, Discover cards and electronic check

Secure parent accounts

A full history payments searchable by date and child

The convenience of paying at any time (24/7) from your home PC Emphasis on Security

The School Pay service is audited by a third-party to assure adherence to the strict, Payment Card Industry Data Security Standard (PCI-DSS).

If you have any problems using the School Pay system please call 1 888-88-MYPAY

Questions about school pay may also be directed to Mrs. Cann: jasmine.cann@orlandoscience.org



SCHOOL PAY!

THE SMART WAY TO PAY FOR YOUR STUDENT'S SCHOOL RELATED COST

Parents can now make online payments for most school expenses online with School Pay. Simply log into your secure online School Pay Parent Center account and pay for items including after school care fees, meal fees, field trips, class fees, student fees and more.

The first step is creating your Parent Center Account at <https://www.schoolpay.com>. Please go to "Charter Schools" tab and then choose your school name as "Orlando Science Elementary School" to complete the steps for creating your parent account.



School Pay Features:

- ✓ Accepts Visa, MasterCard, Discover cards and electronic check
- ✓ Free processing
- ✓ Secure parent accounts
- ✓ Full payment history searchable by student name and date

Pay For:

*Meals

*Aftercare

*Club Fees

*Fieldtrips

*Class Fees

And more! All on
Schoolpay.com

FOR INQUIRIES

Ms. Cann
jasminecann@orlandoscience.org

For Site Issues

188-88-MYPAY

[schoolpay.com/contact](https://www.schoolpay.com/contact)



***The 1st Annual OSS Fall Festival will be held on Saturday October 21st
2017***

This is where we need your help! We have various sponsorships available to fill. If you would like to be a business sponsor, individual sponsor, or know of a business that would be willing to be a sponsor, please contact us. We will be working diligently over the summer to bring this event to fruition.

With your help, we can make our inaugural year a great success! Please feel free to contact our PVO Committee below for more information on sponsorship levels, to submit a sponsor referral, or if you would like to become involved with the PVO committee. Our kids are this country's future; please help us support our school's needs by supporting the efforts of the OSS PVO committee.

OSS Connect Information (6th and 7th Grade)

We want to thank many of our families for visiting the Technology Campus for our Curriculum Night this past week. During this time we received many questions about OSS Connects emailed weekly reports, and want to ensure that you are well informed.

OSS Connect does generate weekly reports for your student. These are done automatically through the system, and emailed to parents directly. This is something that will begin after the first progress report period.

If you have having difficulty logging into the OSS Connect page, please make sure that it is the OSSES link that you are using. This will take you to the Technology Campus. The OSS link has been taking parents to the Lynx Lane website. The correct link is listed below:

<https://osesconnect.orlandoscience.org/my/>

If you are still experiencing difficulty logging in, please email Ms. Reagan at the front desk, and she will be able to assist you with items such as login information for your student. If she is unable to directly assist you, she will ensure that your concerns are sent to the proper administrator of the program.

Ms. Reagan's contact information can be found below:

Hannah.Reagan@orlandoscience.org

407-299-6595 Ext. 2

Monthly Calendar

List of Important Dates:

- 09-22-17—Picture Day Package Distribution
- 09-25-17—Progress Report Distribution
- 09-26-17—Parent Teacher Conference K-2 (4pm-7:30pm) & Governing Board Meeting (Begins at 6pm)
- 09-27-17– Parent Teacher Conference 3-5 (4pm-7:30pm)
- 09-28-17—Parent Teacher Conference 6-7 (4pm-7:30pm)
- 10-02-17—PVO Meeting (Begins at 6pm)
- 10-06-17—Cancer Awareness Day (Students that make a donation, and wear at least 1 article of pink clothing will be able to participate in a dress down day.)
- 10-09-17—Last day to RSVP for Art Night Out
- 10-13-17—Art Night Out—Ebru Paper Marbling (5pm-7pm)
- 10-21-17—Fall Festival
- 10-27-17—OCPS Official Make-Up Day

September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Labor Day	5	6	7	8 Hurricane Day	9
10	11 Hurricane Day	12 Hurricane Day	13 Hurricane Day	14 Hurricane Day	15 Hurricane Day	16
17	18	19	20 Curriculum Night K-4	21 Curriculum Night 5-7	22 Picture Day Package Dis-tribution	23
24	25 Progress Reports Distributed	26 PTC K-2	27 PTC 3-5	28 PTC 6-7	29	30

October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 PVO Meeting	3	4	5	6 Cancer Awareness Day (Paid Dress Down)	7
8	9 Last day to RSVP for Art Night Out	10	11	12	13 Art Night Out Ebru	14
15	16	17	18	19	20	21 Fall Festival
22	23	24	25	26	27 OCPS Official Make-Up Day 5th Grade Field Trip	28
29	30	31				



Volleyball tournament grades 3-5



Kindergarten

Everyone on the kindergarten team hopes that everyone made it through the hurricane safely! We are very excited to be back and it's been a busy week review rules and procedures after a week off. In reading the students are continuing to work on letters and letter sounds. Students are also working on asking and answering questions about different texts. In math we are moving from number recognition into shapes. Students are learning about the different characteristics of two-dimensional shapes. We are continuing to work on how to be a scientist. We learned about using the five senses when we are observing the things around us and how important our senses are to us. In social studies we are reviewing how to be a good citizen and we learned about the different symbols that represent the United States. Just a reminder that parent teacher conference night has been moved to Tuesday September 26th. We look forward to seeing everyone there!

1st Grade

The first grade team is happy to be back after The hurricane break and we are enjoying the children's stories of what they did over the break. This week we worked on reviewing classroom routine and working in a classroom community.

We had a wonderful turn out for curriculum night and want to remind our parents that if they need any other information all they have to do is email their students teachers. We look forward to Parent Teacher conferences next week.

2nd Grade

Second grade would like to thank those parents that came to curriculum night! We loved seeing you and getting to talk about our classes! If you signed up for a parent teacher conference, we can't wait to see you!

iReady testing is still underway and we should have all of the scores by the end of next week!

Ms. Haines' class has been working on learning about elapsed time. This week, students worked in groups to calculate Scaredy Squirrel's schedule from his stories! In reading, students took the first unit test of the year.

3rd Grade

Students in 3rd grade are very excited about our first field trip next week to Chocolate Kingdom. In preparation, we have been watching videos and reading books such as *Charlie and the Chocolate Factory*, *Chocolate Touch* and *Chocolate Fever*. During the field trip, we will get to tour the chocolate factory and then make chocolate creations of our own!

Third graders have been doing various experiments the past few weeks to learn the steps of the Scientific Method. This is in preparation for the STEM project, which every third grader is required to complete. Mrs. Cybulski, Ms. Nieradka and Mrs. Sokoloff's classes did an experiment with a gassy balloon.

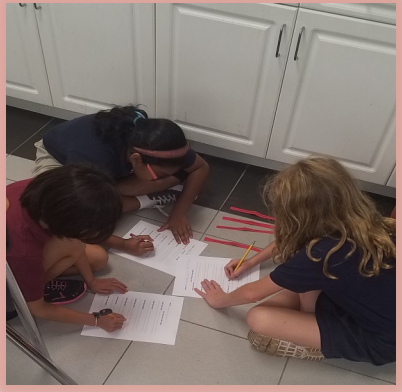
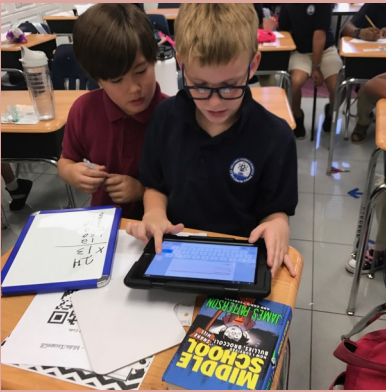
Ms. Knight's class is pictured recording data on whether Skittles dissolve faster in hot or cold water. Which do you think worked faster?

We look forward to meeting with parents next week to discuss the latest I-Ready test results in Reading and Math, as well as how we can work together to make your student successful.



4th Grade

In Mrs. Calabrese's class, students were busy all week learning how to multiply with multi digits. They needed to use their knowledge to escape the classroom on the iPads. Students in Mr. Rego's class read an article about how zoos transport and take care of Sumatran tigers, as well as worked on writing multiplication comparison sentences and solving equations by using multiple operations. In Mrs. Alfiky's class, students completed their novel study for *El Deafo*. This week Ms Hurley's class focused on reviewing items covered before hurricane Irma hit. Some of those topics were main idea and key details, writing a paragraph using clenchers, inverse operations, and order of operations. We reviewed these using things such as games like Scoot and videos using programs such as Flocabulary and BrainPOP. We also started part 4 of our novel study *Wonder*.



5th Grade

This week all of fifth grade should have received a revised permission slip for the Central Florida Zoo. Because of the hurricane, the field trip was postponed to October 27th. Please see the field trip slip for more information. This week students in

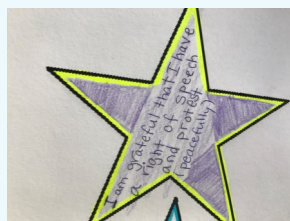
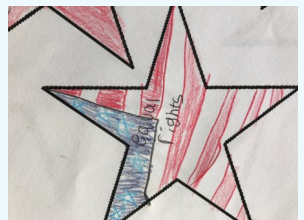
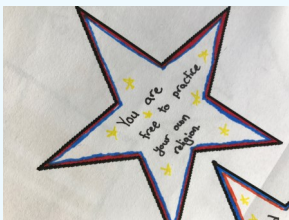
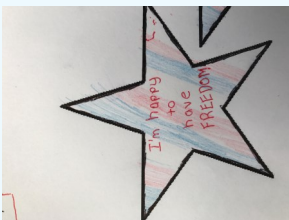
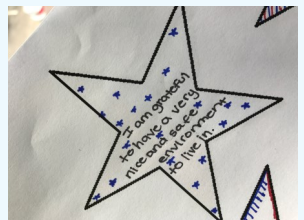
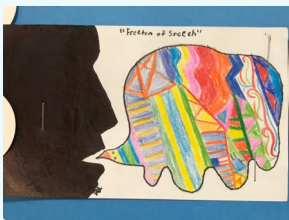
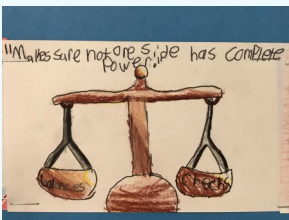
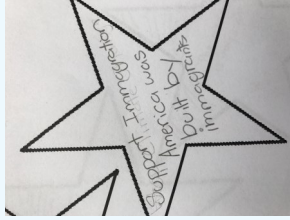
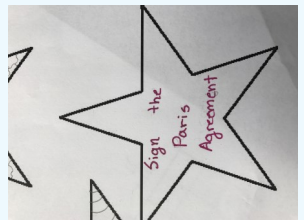
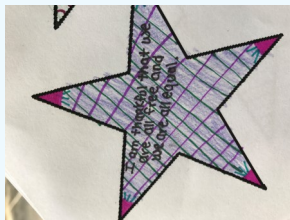
Ms. Berray's ELA classes finished writing their first DBQ (document-based question). In preparation for this, students researched websites, articles, read a comic strip, and even watched a documentary. We will be moving on to a novel study on the book *Hatchet* next!

6th/7th Grade

Ms. Dake's STEM class worked on building hexbug mazes. Through this they were able to experience the engineering design process.

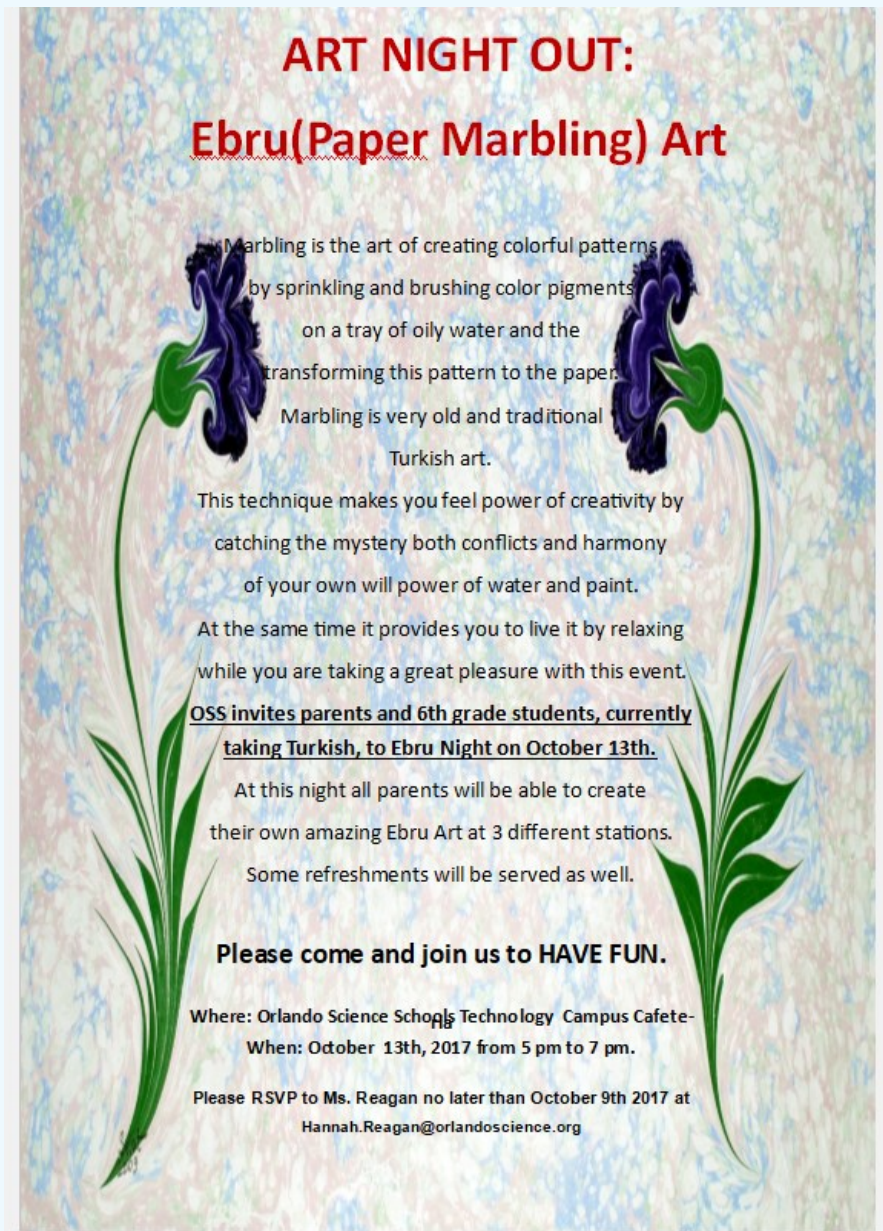


Mr. Lawrence's class took a small break from World History to learn and reflect on the events that occurred on September 11th, 2001. In addition, in class we celebrated Constitution Day by learning about the US Constitution and wrote down different rights that we are grateful to have as Americans.



This week Mr. Koebe's class celebrated Constitution Day by analyzing how the fundamental rights contained in the U.S. Constitution protect our everyday freedoms and liberties. Students picked a constitutional right and wrote a scenario where an individual benefited from the protections guaranteed by the Constitution.

Art Night Out—Ebru (Paper Marbling)

A poster for an Ebru (Paper Marbling) Art event. The background is a vibrant, multi-colored marbled pattern in shades of blue, green, yellow, and red. Two stylized, symmetrical green leaves with long, thin stems frame the central text. The text is in various colors and fonts, including red, black, and green. The title 'ART NIGHT OUT: Ebru(Paper Marbling) Art' is prominently displayed at the top in red. The text describes the art form, its history, and the details of the event, including the date, time, and location. The poster concludes with a call to action: 'Please come and join us to HAVE FUN.' and contact information for RSVP.

ART NIGHT OUT:
Ebru(Paper Marbling) Art

Marbling is the art of creating colorful patterns
by sprinkling and brushing color pigments
on a tray of oily water and the
transforming this pattern to the paper.
Marbling is very old and traditional
Turkish art.

This technique makes you feel power of creativity by
catching the mystery both conflicts and harmony
of your own will power of water and paint.

At the same time it provides you to live it by relaxing
while you are taking a great pleasure with this event.

OSS invites parents and 6th grade students, currently
taking Turkish, to Ebru Night on October 13th.

At this night all parents will be able to create
their own amazing Ebru Art at 3 different stations.

Some refreshments will be served as well.

Please come and join us to HAVE FUN.

Where: Orlando Science Schools Technology Campus Cafete-
When: October 13th, 2017 from 5 pm to 7 pm.

Please RSVP to Ms. Reagan no later than October 9th 2017 at
Hannah.Reagan@orlandoscience.org

Science Center Event



January 19th for K-4th and March 2nd for 5th-8th

The **Orlando Science Center** will close their doors to the public and host our students, families, and teachers.

Dinner and breakfast are included and we will be **SLEEPING OVERNIGHT AT the Science Center!**

Who: Students and Parents of Orlando Science Schools

When: January 19th for K-4th and March 2nd for 5th-8th

Where: Orlando Science Center

Cost: \$50 per person

Payments can be made online ONLY on www.schoolpay.com

There are a limited number of spots, so please sign up ASAP.

Every student must be accompanied by an adult.

*Any parent or guardian attending will need to be cleared through ADDitions and be approved as an overnight chaperone.

If you are attending and plan on using your pass, please contact Mrs. Trujillo.

There are no refunds.

For more information, please email Amy.Trujillo@orlandoscience.org

Robotics Information

Jr. FLL and FLL categorization is dependent on student grade. Jr. FLL is the robotics program for K-3, and FLL is the robotics for 4-7. The sign up process for robotics was delayed due to the hurricane.

Questions about robotics can be directed to Mrs. Trujillo:
amy.trujillo@orlandoscience.org

Advanced Band Information



CAN YOU PLAY AN INSTRUMENT?

Advanced Band looking for Members!

If you are in 6th/7th grade and already know how to play a Band instrument, we need you!! We need more members to fill up our seats to perform this year in multiple concerts and our competitions. We would like to compete in the Band Directors Association Music Performance assessment and we need more dedicated individuals to help us do this. We meet as a elective on Mondays and Tuesdays, and as a club on Thursdays. Please contact Ms. Parrella if you would like to join us.

Marisa.Parrella@orlandoscience.org

**Clarinets and
Saxophones**

**Trumpets and
French Horns**

**Trombones,
Baritones and
Tubas**

Percussionists

**French Horns and
Oboes**

Orlando Science Technology
Campus

407-299-6595 ext. 2-208

Marisa.Parrella@orlandoscience.org

Monday/Tuesday elective

Thursday 2:33pm – 3:30pm

Character trait of the month of September

EMPATHY

Empathy: Putting yourself in the shoes of others and understand what and how they are feeling.

5

WAYS TO TEACH YOUR CHILD EMPATHY



EDUCATEEMPOWERKIDS

1

REMIND HER THAT EVERYONE HAS A STORY.

WHEN YOUR KIDS COMPLAIN ABOUT A FRIEND'S RUDE OR HURTFUL BEHAVIOR, HELP STEER THEM TOWARD LOOKING PAST THE SURFACE INTO WHY THE PERSON MAY HAVE ACTED THAT WAY. IT CAN BE EASY TO TAKE SOMEONE'S BEHAVIOR TOWARD YOU AT FACE VALUE, BUT SO MANY TIMES, OTHER UNSEEN FACTORS ARE INFLUENTIAL.

2

MEET YOUR CHILD'S EMOTIONAL NEEDS.

IF YOUR CHILDREN ARE SECURE IN GETTING THEIR EMOTIONAL NEEDS MET, THEY WILL BE MORE ABLE TO DEVELOP EMPATHY FOR OTHERS. TALK WITH YOUR KIDS ABOUT THEIR EMOTIONS, THEIR PERSPECTIVES, AND THEIR NEEDS. BE AVAILABLE FOR THEM AND BE DEPENDABLE.

3

ENCOURAGE YOUR CHILD TO FIND THINGS IN COMMON WITH THOSE AROUND HIM.

WHEN YOUR CHILDREN SEE THINGS IN COMMON WITH OTHERS, THEY ARE MORE ABLE TO UNDERSTAND AND SYMPATHIZE WITH THEM AND THEIR SITUATIONS. THIS PROCESS MAKES A CHILD SEE OTHERS AS HUMAN BEINGS RATHER THAN ONE-DIMENSIONAL OBJECTS.

4

CALL YOUR CHILD ON HER BAD BEHAVIOR.

IF YOUR CHILDREN DO SOMETHING RUDE OR MEAN TO YOU, CALL THEM ON IT. SETTING LIMITS IN THIS WAY HELPS YOUR CHILDREN UNDERSTAND THE EFFECTS OF THEIR BEHAVIOR ON OTHERS.

5

REMIND HIM THAT THERE ARE MANY DIFFERENT POINTS OF VIEW.

TALK ABOUT HOW EVERYONE'S OPINION DESERVES RESPECT. THEY WILL LEARN TO THINK OUTSIDE THEIR OWN VIEWS AND COMFORT ZONE, WHICH WILL MAKE THEM MORE ABLE TO EMPATHIZE WITH OTHER PEOPLE.