ORLANDO SCIENCE ELEMENTARY SCHOOL

# OSES News Weekly

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SEPTEMBER 16, 2016

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#### Principal's Corner

Dear OSES Family Members,

Progress reports went home today. Please be sure to sign and return your AOR to your student's teacher.

Pizza Day is back! Pizza Day will be held on Tuesdays again this year. Pizza money will be collected on Mondays by your student's teacher. Any money brought in on Tuesday will not be accepted. Look for details on Page 14!

If you are looking for a volunteer opportunity, check out Page 9. Ms. Parrella is looking for a Band Club Volunteer on Wednesdays.

NASA is hosting its annual NASA Kennedy Space Center Community Day on September 17th. Check out this free STEM event for the whole family on Page 10.

Parent-Teacher Conferences are next week. K-2 will be on Tuesday, September 20th and 3-5 will be on Thursday, September 22nd. These are scheduled by appointment only. Please contact your student's teacher to sign up.

OSES will be hosting a Welcome Picnic for new students and their families on Saturday, September 24th. Please see Page 11 for more details.

We hope you enjoy your weekend and look forward to seeing your student on Monday.

Sincerely, Michael Singleton Principal

# Kindergarten

Kindergarten has been learning about making inferences in reading. They have become detectives, using what they know and the "clues" given to

them to come up with an answer or idea. Using their senses (other than taste), the kids took their inferencing skills into science, where they had to

identify two different white substances (sugar and salt). Please remember to send back your child's acknowledgment of receipt (AOR) by next Friday at the latest.















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#### 1st Grade

This week first grade continued working hard and completed new projects! For Science this week all classes learned about the scientific method. We practiced each step by doing a Blubber Experiment to see how polar bears stay warm in the icy cold waters. For Social Studies, We learned

about our leaders in the country. We completed a group project to see what the president does!

For reading this week,
Ms. Strickland's and Mrs.
Ortiz's classes learned
about the short O
sound, practiced retelling
stories, learned about
nouns and articles, and
practiced new spelling
and vocabulary words. In
Math, both classes started learning about addi-

tion and subtraction and started learning strategies to solve problems.

For reading, Ms. Swank's and Ms. Anderson's classes worked plural and proper nouns, short vowels, reading from online sources, and main idea and text features. For math, they practiced addition and subtraction strategies.



Here is Ms. Strickland's class working on their Grandparent's Day craft

#### 2nd Grade

This week Mrs. Nelson's class released their fifth monarch butterfly! Students have enjoyed observing stages in a butterfly's

life cycle.

Mrs. Nelson's class is also enjoying their brand new tablets! The tablets were provided through a Donors Choose project. Students will use the tablets for AR, Study Island, and research!









Third grade is having an exciting week! In social studies, we are creating and sharing maps of our own neighborhoods using features such as a compass rose and legend. In science, we are working on our understanding of the scientific method through testing the strength of paper columns folded

#### 3rd Grade

into different shapes (triangles, squares, and circles). In reading, we are continuing our study of subjects and predicates and learning about author's point of view. In math, we are learning to estimate differences.

#### 4th Grade

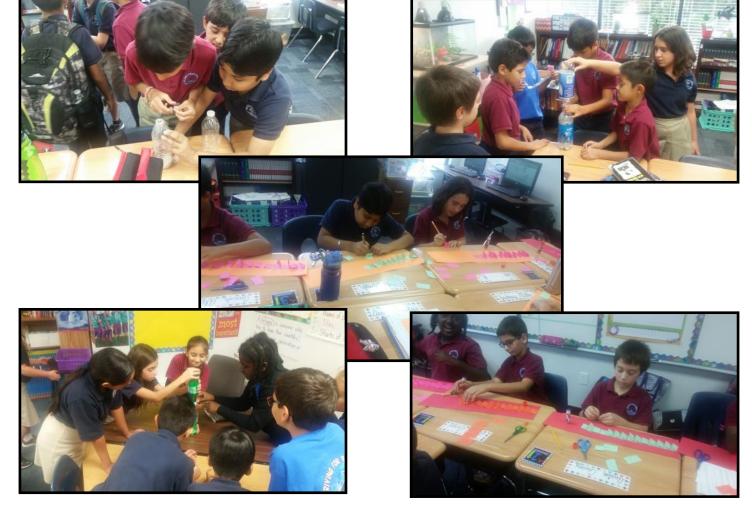
This week all 4th grade classes discussed contractions, conjunctions and types of sentences in writing. In Science, we discussed properties and states of matter. Ms.

Thomas' class concluded their study of Matilda, watched the film, and discussed cause and effect using events from early US history. In Social Studies, they discussed the early people of Florida and Span-

ish explorers. In Math, they started their chapter on long division, focusing on long division using one digit divisors this week. Ms. Hurley's class is wrapping up reading Matilda and will be watching the movie next week. In math they have started their next unit which focusses on estimation, computational procedures and data analyses. They also have been working on their interactive notebooks and created their own

sand timers like people did around the time of Christopher Columbus' expeditions.

Our first field trip is around the corner and we are excited! Our next trip is to St. Augustine. More information will be sent out about this soon. Our next book report project genre is Biography and is due October 13. Get a



#### 5th Grade

Ms. Hiatt's 5th grade class has gotten off to a great start this year! Along with our learning, we have been focusing on working together as a team and what it looks like to have good character, be a good classmate, and develop the skills needed to be a successful student.

Our class has been learning how to use text evidence to help answer comprehension questions related to a text and context clues to decode unfamiliar words, as well as chapter mapping to find and organize key details of texts. Students enjoyed displaying their creativity while in groups to create chapter map



presentations for the text Harriet Tubman A Woman of Courage by Renee Skelton. They also got to experiment with making "snow" using baking soda and shaving cream after reading The Black Snowman by Phil Mendez.

As we celebrate Constitution Day on Friday, September 16, we will be taking a virtual field



trip through a tour of the National Constitution Center and Conversation with Judge Marjorie O. Rendell via Discovery Education's link http:// www.discoveryeducation.co m/Live/constitution-day-2015.cfm. Students will also be experimenting signing their names using a feathered calligraphy pen dipped in ink on manila paper, similar to that used on the signing of The Constitution. We are thankful for our freedom as citizens of The United States of America!



















## **Specials: Physical Education**

K-2 is taking a break from their parachute unit and playing some fun games this week. They have played Sharks and Minnows and Star Wars.

3-5 is continuing their volleyball tournament and played their championship games on Thursday and Friday. They will have a volleyball test on Thursday and Friday with their assigned PE class.







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#### SEPTEMBER 2016

Sun	Mon	Tue	Wed	Thu	Fri	- Sat
11	12	13	14	15	16	17
	Pizza	Pizza Day!			1st Quarter	
	Money				Progress	
	Due!				Reports	
18	19	20	21	22	23	24
	Pizza	Pizza Day!				Welcome
	Money					Picnic
	Due!	K-2 Parent-		3-5 Parent-		11 AM -
		Teacher		Teacher		1:00 PM
		Conferences		Conferences		
25	26	27	28	29	30	1 (October)
	Pizza	Pizza Day!		Hispanic		
	Pizza Money			Heritage		
	Due!			Night 6-7:30		
				PM		

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#### ATTENTION VOLUNTEERS!



View Details

#### Band Club Volunteer

School: ORLANDO SCIENCE ELEMENTARY CHARTER

Volunteers are needed to help supervise students during weekly Band Club.

Band Club Volunteers are needed every Wednesday from 2:15pm - 3:15pm.

The Volunteer is needed to help monitor students when they are not in the practice room.

An additional Sign Up List has been created to allow you to select certain days when you would be willing to Volunteer. FIRST, however, Sign Up for this Opportunity so we can guarantee you are cleared to volunteer. Then, access the link below to choose your dates to volunteer.

http://www.signupgenius.com/go/20f054caead2fa6f85-band

Start Date: 09/07/2016

End Date: 05/24/2017

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#### **STEM Event:**

## 2016 NASA Kennedy Space Center Community Day

NASA is hosting its annual NASA Kennedy Space Center Community Day at the Kennedy Space Center Visitor Complex on **Sept. 17, 2016,** with **free admission** from **2-6 p.m. EDT**.

The event, targeted for K-12 students and their families, will focus on science, technology, engineering and mathematics, or STEM, with the theme "Express to Mars." Educational activities and demonstrations will highlight the future of America's space program. Community Day will give visitors the opportunity to talk with real-life astronauts and engage in awesome experiments, cool demonstrations, and fun hands-on activities.

For more information, visit

https://twitter.com/NASA KETI

and

https://www.facebook.com/nasaketi.



#### Welcome to Orlando Science Elementary School!

Please join us for a fun welcoming picnic for new students and their families.

When: Saturday, September 24th

Where: At Orlando Science Elementary School Campus

Time: 11:00am-1:00pm

We are going to have OSES Connect, Accelerated Reader and Study Island information presentation from 12:30pm to 1:00pm.

Lunch will be provided.

Please RSVP for this event:

Click: OSES Welcome Picnic

\*There is no charge to attend

\*Children must be accompanied by an adult



ORLANDO SCIENCE ELEMENTARY CHARTER SCHOOL is happy to celebrate Hispanic Heritage Month. This year, every classroom has selected a Hispanic country. Teachers, students, and parents will be preparing a beautiful exhibit of each country's culture.

Teachers are kindly asking parents to volunteer to help with decoration and food for the night of the big celebration.

#### Hispanic Heritage Night

Come and enjoy music, art, and food! Tour around the classrooms at your own leisure and discover the cultures behind Hispanic countries.

When: September 29th, 2016 What time: 6:00 to 7:30 pm Where: Orlando Science Elementary School VOLUME 2, ISSUE 5 PAGE 13



# Turn in those Box Tops! Earn Money for our School and... a Party for your Class!

#### How does it work?

Cut out the Box Tops from products that you buy.

Turn in your Box Tops to your Teacher or put them in the Collection Box at the front desk. The Box Tops can be on a collection sheet or in an envelope or baggie.

Make sure to label your donation with your teacher's name so that your class gets credit for your donation.

The class with the most Box Tops at the end of each semester will earn a party courtesy of the OSES PVO!

# Pizza Day!

## Pizza Day is back!

When: Every Tuesday

Options: 1 Slice: \$2

Combo #1: 1 Slice and 1 Drink - \$3

Combo #2: 2 Slices and 1 Drink - \$5

Payment: All Pizza money will be collected by your student's classroom teacher on the Monday before Pizza Day.

CASH ONLY will be accepted. Pizza Day money is separate from regular lunch money and cannot be transferred. Please send exact payment with your student in a labeled envelope for their teacher.

\*\*Pizza money turned in after Monday at 2:00 PM will not be accepted.\*\*

Pizzas are ordered from Papa John's. All slices of pizza are cheese only.



# Lunch Menu: September

#### CHARTER HOT School Menu

eptember MENU Lunch Fresh Fr	uit, Red/Orange Vegetable, Dark G	reen vegetable, Legume		
Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereal Cups, bars,	Assorted Yogurt with	Bagel with Cream Cheese (2	Assorted Cereal Cups, bars, and	Assorted Pop-tarts with
and Bowls offer with toast (2	Cinnamon Granola Pack (2	Grain)	Bowls offer with toast (2 Grain)	Cheese Stick (1 pack for EL
Grain)	grain,)	100% Orange Juice ½ cup		and MS).
	100% Apple Juice (% cup	fruit)	100 % Apple Juice (% cup fruit)	Assorted Pop-tarts(2pack
100% Orange Juice (% cup	fruit)	Banana (% cup fruit)	Oranges (½ cup fruit)	HS)
fruit)	Diced Pear Cups (% Cup	Choice of Milk	Choice of Milk	(2 Grain)
Applesauce Cup ( % cup	fruit)			Assorted Juice (% cup fruit)
fruit)	Choice of Milk			Whole Assorted Apples (%
Choice of Milk				cup fruit)
				Choice of Milk
5	6	7	8	9
	Soft Tacos offered	BBQ Rib Sandwich	Homemade Cheese Pizza	Chicken Parmigiana Sub
	with 1/2 cup Cilantro Rice	E 0224L	E 0131L	E 0070L
HOLIDAY NO SCHOOL	E 0184L & D 0019	Deli Roasted Potato(1/2 c	Homemade Pepperoni Pizza	Broccoli (1/2 c green)
	Cuban Black Beans (1/2 c	Starch)	E 0132L	B 0020
	legumes) B 0013	B 0048 Steamed Carrots (1/2	Fresh Green Beans (1/2 C Other) B 0019	Sweet Potato Chunks (1/2c red) B 0037
	Corn (1/2 c Starchy)	red/Orange)	Seasoned Cauliflower (1/2 c other)	Pears (ss) ( ½ c fruit)
	B 0034	B 0008	B 0015	- cara (as) ( see many
	Orange Wedges ( % c. fruit)	Strawberry cups (% c fruit)	Banana (1/2 c fruit)	F 0029
	F 0020	F 0027	F 0022	
	Choice of Milk		Choice of Milk	Choice of Milk
		Choice of Milk		
12	13	14	15	16
Breaded Chicken Leg Basket	Chicken and Cheese Quesadilla	Popcorn Chicken Bowl	Taco Salad offer with Corn Tortilla	Chicken Florentine pasta
(complete meal) E 0194L	offer 1/4c Cilantro Lime Rice	Offer 1 dinner roll if served together it's a complete meal	Chips (Complete Meal)	With Garlic bread slice
Cole Slaw (1/2c other)	E 0229L & D 0018 Steamed Carrots (1/2	E 0111L	E 0199L Mixed Fruit (ss) ( ½ fruit)	E 0227L Italian Blend Vegetable (3/4 c
B 0050	red/Orange)	Corn (1/2 c Starchy)	F 0031	other)
Apple Juice (3/4 cup)	B 0048	B 0034	Choice of Milk	B 0002
F 0013				
1.0013	Cuban Black Bean 35 legumes	Banana (% c fruit)		Pineapple Tidbits (C) (1/2 Cup)
Choice of Milk	B 0031	Frozen Strawberry Cups (1/2 c fruit)		Pineapple Tidbits (C) (1/2 Cup) F 0034
	B 0031 Peaches (ss) (1/2 c Fruit)	Frozen Strawberry Cups (1/2 c fruit) F 0027		
	8 0031 Peaches (ss) (1/2 c Fruit) F 0025	Frozen Strawberry Cups (1/2 c fruit)		F 0034
	B 0031 Peaches (ss) (1/2 c Fruit)	Frozen Strawberry Cups (1/2 c fruit) F 0027		F 0034
Choice of Milk	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk	Frozen Strawberry Cups (1,72 c truk) F 0027 Choice of Milk	22	F 0034 Choice of Milk
Choice of Milk	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk	Frozen Strawberry Cups (1,72 c truk) F 0027 Choice of Milk	22 Homemade Cheese Pizza	F 0034 Choice of Milk
Choice of Milk	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk	Frozen Strawberry Cups (1,0 c truk) F 0027 Choice of Milk  21 Macaroni and Cheese with	22  Homemade Cheese Pizza Homemade Pepperoni Pizza	F 0034 Choice of Milk
Choice of Milk  19  Breaded Chicken Leg Basket	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20 Soft Tacos with % cup Cilantro	Frozen Strawberry Cups (1,72 c truk) F 0027 Choice of Milk	Homemade Cheese Pizza	F 0034 Choice of Milk  23 Baked Ziti with Meatballs and
Choice of Milk  19  Breaded Chicken Leg Basket (complete meal)	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20 Soft Tacos with % cup Cilantro Rice	Frozen Strawberry Cups (1,0 c truk) F 0027 Choice of Milk  21 Macaroni and Cheese with Chicken Nuggets	Homemade Cheese Pizza Homemade Pepperoni Pizza	F 0034 Choice of Milk  23 Baked Ziti with Meatballs and Garlic bread Slice
Choice of Milk  19  Breaded Chicken Leg Basket (complete meal) E 0195L Cole Slaw (1/2c other) B 0050	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20 Soft Tacos with % cup Cilantro Rice E 0184L & D 0018 Cuban Black Beans (% legumes) B 0031	Frozen Strawberry Cups (1,2 c thuk) F 0027 Choice of Milk  21 Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011	F 0034  Choice of Milk  23  Baked Ziti with Meatballs and Garlic bread Slice E 0049L/D 0010 Fresh Green Beans (1/2c Other) B 0019
Choice of Milk  19  Breaded Chicken Leg Basket (complete meal) E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup)	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20 Soft Tacos with % cup Cilantro Rice E 0184L & D 0018 Cuban Black Beans (% legumes) B 0031 Corn (% starchy)	Frozen Strawberry Cups (1/2 c truk) F 0027 Choice of Milk  21 Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup	E 0034 Choice of Milk  Z3 Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c other)
Choice of Milk  19  Breaded Chicken Leg Backet (complete meal) E 0195L Cole Slaw (1/2c other) B 0050	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20 Soft Tacos with % cup Cilantro Rice E 0184L & D 0018 Cuban Black Beans (% legumes) B 0031 Com (% starchy) B 0034	Frozen Strawberry Cups (1/2 ctruk) F 0027 Choice of Milk  21 Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2 c Red)	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red)	E 0034 Choice of Milk  Z3 Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2+coher) B 0001
Choice of Milk  19  Breaded Chicken Leg Basket [complete mest]	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20 Soft Tacos with % cup Cilantro Rice E 0184L & D 0018 Cuban Black Beans (% legumes) B 0031 Corn (% starchy)	Frozen Strawberry Cups (1,7 c thuk) F 0027 Choice of Milk  21  Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005	E 0034 Choice of Milk  Z3 Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c other)
Choice of Milk  19  Breaded Chicken Leg Basket (complete meal) E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup)	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20 Soft Tacos with % cup Cilantro Rice E 0184L & D 0018 Cuban Black Beans (% legumes) B 0031 Com (% starchy) B 0034 Orange Wedges (% C Fruit)	Frozen Strawberry Cups (1,2 c thut) F 0027 Choice of Milk  21  Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (% cup fruit)	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red)	F 0034 Choice of Milk  Z3  Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2 c other) B 0001 Peaches (ss) (% c fruit) F 0025
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Choice of Milk  19  Breaded Chicken Leg Basket (complete mest)	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20 Soft Tacos with % cup Cilantro Rice E 0184L & D 0018 Cuban Black Beans (% legumes) B 0031 Com (% starchy) B 0034 Orange Wedges (% C Fruit) F 0020 Choice of Milk  27 Soft Tacos offered	Frozen Strawberry Cups (1,7 c thuk) F 0027 Choice of Milk  21  Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (% cup fruit) F 0029 Choice of Milk  28  BBQ Rib Sandwich	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (% c fruit) F 0022 Choice of Milk  29 Homemade Cheese Pizza	E 0034 Choice of Milk  Z3 Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c other) B 0001 Peaches (ss) (% c fruit) F 0025 Choice of Milk  30 Chicken Parmigiana Sub
Choice of Milk  Breaded Chicken Leg Basket (complete mes) E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup) F0014 Choice of Milk  26 Hamburger/Cheeseburger E 0094L / E 0090L	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20 Soft Tacos with % cup Cilantro Rice E 0184L & D 0018 Cuban Black Beans (% legumes) B 0031 Com (% starchy) B 0034 Orange Wedges (% C Fruit) F 0020 Choice of Milk  27 Soft Tacos offered with % cup Cilantro Rice	Frozen Strawberry Cups (1,2 c thut) F 0027 Choice of Milk  21  Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (% cup fruit) F 0029 Choice of Milk  28  BBQ Rib Sandwich E 0224L	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (% c fruit) F 0022 Choice of Milk  29 Homemade Cheese Pizza E 0131L	F 0034 Choice of Milk  Z3 Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c Other) B 0001 Peaches (ss) (% c fruit) F 0025 Choice of Milk  30 Chicken Parmigiana Sub E 0070L
Choice of Milk  Breaded Chicken Leg Basket (complete mes) E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup) F0014 Choice of Milk  26  Hamburger/Cheeseburger E 0094L / E 0090L Shoe String Fries (1/2 c starch)	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20 Soft Tacos with % cup Cilantro Rice E 0184L & D 0018 Cuban Black Beans (% legumes) B 0031 Com (% starchy) B 0034 Orange Wedges (% C Fruit) F 0020 Choice of Milk  27 Soft Tacos offered with % cup Cilantro Rice E 0184L & D 0019	Frozen Strawberry Cups (1,2 c trul) F 0027 Choice of Milk  21  Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (½ cup fruit) F 0029 Choice of Milk  28  BBQ Rib Sandwich E 0224L Deli Roasted Potato(1/2 c	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (% c fruit) F 0022 Choice of Milk  29 Homemade Cheese Pizza E 0131L Homemade Pepperoni Pizza	F 0034  Choice of Milk  Z3  Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010  Fresh Green Beans (1/2c Other) B 0019  Italian Blend Vegetables (1/2+0164) B 0001 Peaches (ss) (% c fruit) F 0025 Choice of Milk  30  Chicken Parmigiana Sub E 0070L Broccoli (1/2 c green)
Choice of Milk  Breaded Chicken Leg Basket (complete meal)	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20 Soft Tacos with % cup Cilantro Rice E 0184L & D 0018 Cuban Black Beans (% legumes) B 0031 Corn (% starchy) B 0034 Orange Wedges (% C Fruit) F 0020 Choice of Milk  27 Soft Tacos offered with % cup Cilantro Rice E 0184L & D 0019 Cuban Black Beans (1/2 c	Frozen Strawberry Cups (1,2 c trul) F 0027 Choice of Milk  21  Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (½ cup fruit) F 0029 Choice of Milk  28  BBQ Rib Sandwich E 0224L Deli Roasted Potato(1/2 c Starch)	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (% c fruit) F 0022 Choice of Milk  29 Homemade Cheese Pizza E 0131L Homemade Pepperoni Pizza E 0132L	F 0034 Choice of Milk  Z3  Baked Ziti with Meatballs and Garlic bread Slice E 00491 / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c other) B 0001 Peaches [ss] (% c fruit) F 0025 Choice of Milk  30  Chicken Parmigiana Sub E 0070L Broccoli (1/2 c green) B 0020
Choice of Milk  Breaded Chicken Leg Basket (complete mes) E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup) F0014 Choice of Milk  26 Hamburger/Cheeseburger E 0094L / E 0090L Shoe String Fries (1/2 c starch)	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20 Soft Tacos with % cup Cilantro Rice E 0184L & D 0018 Cuban Black Beans (% legumes) B 0031 Com (% starchy) B 0034 Orange Wedges (% C Fruit) F 0020 Choice of Milk  27 Soft Tacos offered with % cup Cilantro Rice E 0184L & D 0019	Frozen Strawberry Cups (1,2 c thuk) F 0027 Choice of Milk  21  Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (% cup fruit) F 0029 Choice of Milk  28  BBQ Rib Sandwich E 0224L Deti Roasted Potato(1/2 c Starch) B 0048	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (% c fruit) F 0022 Choice of Milk  29 Homemade Cheese Pizza E 0131L Homemade Pepperoni Pizza	F 0034 Choice of Milk  Z3  Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c other) B 0001 Peaches (ss) (% c fruit) F 0025 Choice of Milk  30  Chicken Parmigiana Sub E 0070L Broccoli (1/2 c green) B 0020
Choice of Milk  Breaded Chicken Leg Basket (complete mest) E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup) F0014 Choice of Milk  26  Hamburger/Cheeseburger E 0094L / E 0090L Shoe String Fries (1/2 c starch) B 0044 Cole Slaw (1/2c other) B 0050	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20  Soft Tacos with % cup Citantro Rice E 0184L & D 0018 Cuban Black Beans (% legumes) B 0031 Com (% starchy) B 0034 Orange Wedges (% C Fruit) F 0020 Choice of Milk  27  Soft Tacos offered with % cup Cilantro Rice E 0184L & D 0019 Cuban Black Beans (1/2 c legumes) B 0013	Frozen Strawberry Cups (1,7 c thut) F 0027 Choice of Milk  21  Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (% cup fruit) F 0029 Choice of Milk  28  BBQ Rib Sandwich E 0224L Deli Roasted Potato(1/2 c Starch) B 0048 Steamed Carrots (1/2	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banans (% c fruit) F 0022 Choice of Milk  29  Homemade Cheese Pizza E 0131L Homemade Pepperoni Pizza E 0132L Fresh Green Beans (1/2 C Other) B 0019	E 0034 Choice of Milk  Choice of Milk  Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c other) B 0001 Peaches (ss) (% c fruit) F 0025 Choice of Milk  30 Chicken Parmigiana Sub E 0070L Broccoli (1/2 c green) B 0020 Sweet Potato Chunks (1/2c red) B 0037
Choice of Milk  Breaded Chicken Leg Basket (complete meal) E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup) F0014 Choice of Milk  26 Hamburger/Cheeseburger E 0094L / E 0090L Shoe String Fries (1/2 c starch) B 0044 Cole Slaw (1/2c other)	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20 Soft Tacos with % cup Cilantro Rice E 0184L & D 0018 Cuban Black Beans (% legumes) B 0031 Com (% starchy) B 0034 Orange Wedges (% C Fruit) F 0020 Choice of Milk  27 Soft Tacos offered with % cup Cilantro Rice E 0184L & D 0019 Cuban Black Beans (1/2 c legumes)	Frozen Strawberry Cups (1,2 c thuk) F 0027 Choice of Milk  21  Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (% cup fruit) F 0029 Choice of Milk  28  BBQ Rib Sandwich E 0224L Deti Roasted Potato(1/2 c Starch) B 0048	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (% c fruit) F 0022 Choice of Milk  29  Homemade Cheese Pizza E 0131L Homemade Pepperoni Pizza E 0132L Fresh Green Beans (1/2 C Other)	F 0034 Choice of Milk  Z3  Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c other) B 0001 Peaches (ss) (% c fruit) F 0025 Choice of Milk  30  Chicken Parmigiana Sub E 0070L Broccoli (1/2 c green) B 0020 Sweet Potato Chunks (1/2c red)
Choice of Milk  Breaded Chicken Leg Basket (complete mes) E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup) F0014 Choice of Milk  26 Hamburger/Cheeseburger E 0094L / E 0090L Shoe String Fries (1/2 c starch) B 0044 Cole Slaw (1/2c other) B 0050 Cool Rips (1/2 cup fruit)	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20  Soft Tacos with % cup Cilantro Rice E 0184L & D 0018 Cuban Black Beans (% legumes) B 0031 Corn (% starchy) B 0034 Orange Wedges (% C Fruit) F 0020 Choice of Milk  27  Soft Tacos offered with % cup Cilantro Rice E 0184L & D 0019 Cuban Black Beans (1/2 c legumes) B 0013 Corn (1/2 c Starchy) B 0034 Orange Wedges (% c. fruit)	Frozen Strawberry Cups (1,7 c thut) F 0027 Choice of Milk  21  Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (% cup fruit) F 0029 Choice of Milk  28  BBQ Rib Sandwich E 0224L Deli Roasted Potato(1/2 c Starch) B 0048 Steamed Carrots (1/2 red/Orange)	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (% c fruit) F 0022 Choice of Milk  29  Homemade Cheese Pizza E 0131L Homemade Pepperoni Pizza E 0132L Fresh Green Beans (1/2 C Other) B 0019 Seasoned Cauliflower (1/2 c other) B 0015 Banana (1/2 c fruit)	E 0034 Choice of Milk  Choice of Milk  Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c other) B 0001 Peaches (ss) (% c fruit) F 0025 Choice of Milk  30 Chicken Parmigiana Sub E 0070L Broccoli (1/2 c green) B 0020 Sweet Potato Chunks (1/2c red) B 0037
Choice of Milk  Breaded Chicken Leg Basket (complete mes) E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup) F0014 Choice of Milk  26 Hamburger/Cheeseburger E 0094L / E 0090L Shoe String Fries (1/2 c starch) B 0044 Cole Slaw (1/2c other) B 0050 Cool Rips (1/2 cup fruit)	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20 Soft Tacos with % cup Cilantro Rice E 0184L & D 0018 Cuban Black Beans (% legumes) B 0031 Com (% starchy) B 0034 Orange Wedges (% C Fruit) F 0020 Choice of Milk  27 Soft Tacos offered with % cup Cilantro Rice E 0184L & D 0019 Cuban Black Beans (1/2 c legumes) B 0013 Com (1/2 c Starchy) B 0034 Orange Wedges (% c. fruit) F 0020	Frozen Strawberry Cups (1,2 c thut) F 0027 Choice of Milk  21  Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (% cup fruit) F 0029 Choice of Milk  28  BBQ Rib Sandwich E 0224L Deli Roasted Potato(1/2 c Starch) B 0048 Steamed Carrots (1/2 red/Orange) B 0008	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (% c fruit) F 0022 Choice of Milk  29  Homemade Cheese Pizza E 0131L Homemade Pepperoni Pizza E 0132L Fresh Green Beans (1/2 C Other) B 0019 Seasoned Cauliflower (1/2 c other) B 0015 Banana (1/2 c fruit) F 0022	E 0034 Choice of Milk  Choice of Milk  Baked Ziti with Meatballs and Garlic bread Slice E 00491, / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2 c Other) B 0001 Peaches (ss) (% c fruit) F 0025 Choice of Milk  30 Chicken Parmigiana Sub E 0070L Broccoli (1/2 c green) B 0020 Sweet Potato Chunks (1/2c red) B 0037 Pears (ss) (% c fruit) F 0029
Choice of Milk  Breaded Chicken Leg Basket (complete mes) E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup) F0014 Choice of Milk  26  Hamburger/Cheeseburger E 0094L / E 0090L Shoe String Fries [1/2 c starch) B 0044 Cole Slaw (1/2c other) B 0050 Cool Rips (1/2 cup fruit) F 0035/ F 0036/ F 0037	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20  Soft Tacos with % cup Cilantro Rice E 0184L & D 0018 Cuban Black Beans (% legumes) B 0031 Corn (% starchy) B 0034 Orange Wedges (% C Fruit) F 0020 Choice of Milk  27  Soft Tacos offered with % cup Cilantro Rice E 0184L & D 0019 Cuban Black Beans (1/2 c legumes) B 0013 Corn (1/2 c Starchy) B 0034 Orange Wedges (% c. fruit)	Frozen Strawberry Cups (1,2 c truit) F 0027 Choice of Milk  21  Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (% cup fruit) F 0029 Choice of Milk  28  BBQ Rib Sandwich E 0224L Deli Roasted Potato(1/2 c Starch) B 0048 Steamed Carrots (1/2 red/Orange) B 0008 Strawberry cups (% c fruit)	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (% c fruit) F 0022 Choice of Milk  29  Homemade Cheese Pizza E 0131L Homemade Pepperoni Pizza E 0132L Fresh Green Beans (1/2 C Other) B 0019 Seasoned Cauliflower (1/2 c other) B 0015 Banana (1/2 c fruit)	E 0034 Choice of Milk  Choice of Milk  Baked Ziti with Meatballs and Garic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2c Other) B 0001 Peaches (ss) (1/2 c fruit) F 0025 Choice of Milk  30 Chicken Parmigiana Sub E 0070L Broccoli (1/2 c green) B 0020 Sweet Potato Chunks (1/2c red) B 0037 Pears (ss) (1/2 c fruit)
Choice of Milk  Breaded Chicken Leg Basket (complete mes) E 0195L Cole Slaw (1/2c other) B 0050 Orange Juice (3/4 cup) F0014 Choice of Milk  26  Hamburger/Cheeseburger E 0094L / E 0090L Shoe String Fries [1/2 c starch) B 0044 Cole Slaw (1/2c other) B 0050 Cool Rips (1/2 cup fruit) F 0035/ F 0036/ F 0037	B 0031 Peaches (ss) (1/2 c Fruit) F 0025 Choice of Milk  20 Soft Tacos with % cup Cilantro Rice E 0184L & D 0018 Cuban Black Beans (% legumes) B 0031 Com (% starchy) B 0034 Orange Wedges (% C Fruit) F 0020 Choice of Milk  27 Soft Tacos offered with % cup Cilantro Rice E 0184L & D 0019 Cuban Black Beans (1/2 c legumes) B 0013 Com (1/2 c Starchy) B 0034 Orange Wedges (% c. fruit) F 0020	Frozen Strawberry Cups (1,2 c truit) F 0027 Choice of Milk  21  Macaroni and Cheese with Chicken Nuggets E 0043L Broccoli (1/2 c Green) B 0020 Sweet Potato Crinkle Fries (1/2c Red) B 0043 Pears(ss) (% cup fruit) F 0029 Choice of Milk  28  BBQ Rib Sandwich E 0224L Deli Roasted Potato(1/2 c Starch) B 0048 Steamed Carrots (1/2 red/Orange) B 0008 Strawberry cups (% c fruit)	Homemade Cheese Pizza Homemade Pepperoni Pizza E 0131L / E 0132L Peas & Carrots (1/2 c other) B 0011 Carrot Dippers with Ranch (1/2 cup Red) B 0005 Banana (% c fruit) F 0022 Choice of Milk  29  Homemade Cheese Pizza E 0131L Homemade Pepperoni Pizza E 0132L Fresh Green Beans (1/2 C Other) B 0019 Seasoned Cauliflower (1/2 c other) B 0015 Banana (1/2 c fruit) F 0022	E 0034 Choice of Milk  Choice of Milk  Baked Ziti with Meatballs and Garlic bread Slice E 0049L / D 0010 Fresh Green Beans (1/2c Other) B 0019 Italian Blend Vegetables (1/2 c Other) B 0001 Peaches (ss) (% c fruit) F 0025 Choice of Milk  30 Chicken Parmigiana Sub E 0070L Broccoli (1/2 c green) B 0020 Sweet Potato Chunks (1/2c red) B 0037 Pears (ss) (% c fruit) F 0029